

Substance Abuse Committee Meeting
Monday, May 22, 2017

Attendees: Shauna Alonge – Co-Chair, Jeanette O’Keefe – Co-Chair, Suzanne Somerville, Steve Pottmyer, Jim Mack, Tom Walker, Grant Furick, Len Fisher, Shawn Buckner, Penny Donovan

Absent: Keith Whyte, Lonnie Ford, Wes Sanchez, Adele McClure

The meeting was held at Independence House. It began at 7:05 p.m.

I. Introductions – The committee welcomed Grant Furick, a new member. We also introduced Penny Donovan who is the Program Manager over the Case Management and Residential Treatment team.

II. The committee took a tour of the new Independence House by Henry Jefferson, the manager. We saw the public space as well as the client’s rooms. The new building opened at the end of April. Henry explained the day to day scenario, staffing and treatment goals of the program. IH is meant to be a six month to one-year program that focuses on skills building such as household chores, budgeting and basic responsibility management. Residents are expected to work, participate in treatment and complete household chores. They are also expected to save 40% of their income to prepare for independent living. At present, IH can house 13 clients – 8 male and 5 female.

Penny and Henry discussed the plans for increasing utilization. They currently have 9 residents and are staffing two other cases for possible admission.

III. Chair Report – Jeanette and Shauna led a discussion of budget priorities and mission goals such as outreach and education. We will continue this discussion in next month’s planning meeting.

IV. Acting Bureau Chief update:

Suzanne talked about the Opiate Summit that happened on May 9. The Council of Governments hosted the summit. DC’s Mayor and both Virginia’s and Maryland’s governors spoke. It included a wide range of law enforcement and treatment programs. The epidemic is increasing in both size and lethality. Arlington is trying to develop a plan to manage this through the Stakeholder’s group.

Update on Program Evaluation: All structured interviews are completed, the data has been separated into categories and workgroups were formed to prioritize the suggestions. On June 8, there will be a Vision Meeting to review the data and develop a priority list. From this, the action plans will be developed. It is still on task to be completed (priorities set) by the end of June. From there, budget requests will be formulated and implementation plans will be set. Once this is done, the information will be shared with the CSB.

IV. Old Business – Monthly Statistics were reviewed.

V. New Business - Next meeting is slated for a discussion on Recovery Month planning as well as community outreach.

Meeting ended at 9:00 p.m.

Next meeting will be held on Monday, June 26, at 7:00 p.m. at Sequoia 3, Room 115

Monthly Statistics for Substance Abuse Services – April, 2017

Treatment Programs Overall	44
Demeter House	2
Phoenix House	5
Social Detox	9
Early Recovery	10
Methadone	17
OBOT	6
Outpatient Services	193
Housing Services Only	19
Drug Court	22
ACT Unit Overall	59
On Unit	38
In Pre-treatment	21
Jail MH Overall	118

Diagnoses:

Alcohol	209
Cannabis	91
Cocaine	75
Opiates	55
Hallucinogens	14
Hypnotics/Sedatives	10
Stimulants	5

