

**ARLINGTON COUNTY COMMUNITY SERVICES BOARD**  
**Mental Health Committee**  
**5/24/17**

Approved 6/28/17

**Committee Members Present:** Wayne Bert (Co-chair), Judy Deane (Co-chair), Dori Mitchell, John Mitchell, Anne Hermann, Scott Brannon, Sam Howlett, Adi Radhakrishnan, Dayna Belfiore, Leslie Gosling, Cathy Lewis, Steve Gallagher

**Committee Members Absent** Tom Quinn, Lee Long, Sue Lowry, Tamara Theiler, Betsy Greer, John Blount, Debra Byrd

**Staff Present:** Alan Orenstein

**Call to order:** The Chair called the meeting to order at 6:05 pm.

**Approval of Minutes:** The Committee approved the 4/26/17 minutes with corrections.

**Budget Priority Discussion.**

Dr. Orenstein distributed and reviewed a table of organization to highlight the adult MH programs within the scope of the Committee. He also distributed a detailed MH Program Summary indicating for each program the mission, expected utilization, staffing, costs and major outcomes. He noted that the budget figures needed to be updated to reflect FY18 funding.

Dr. Orenstein then distributed and reviewed the Committee's proposals from last year (for FY18) and indicated where local funding was allocated in response and where there was no success in being included in the County budget or locally funded. He then provided an overview of each of the preliminary FY19 budget priority proposals from the MH programs and Ms. Greer. These proposals were:

1. 0.5 Psychiatric Nurse for SAMH (ADSD) to service Mary Marshal clients following the program's absorption of an additional 21 MM residents. (Replaces FY18 request for 2 FTE case managers that are planned to be assigned internally)
2. 2 MH Therapists for increased Office-based Crisis Stabilization (1 FTE carried over from FY17)
3. Funding \$200,000 to ensure 24-hour security presence at Crisis Intervention Center (Emergency Services)
4. 1.0 position for Forensic Program Jail diversion team to implement bond diversion activities by assessing persons at and attending bond hearings. (carried over from FY18)
5. 1 MH Therapist for the Community Support Teams to provide assessments, case management and therapy to a caseload of SMI adults, in response to the increasing number of persons served and caseload sizes. (Carry over from FY16 and FY17)
6. 1 MH Therapist for the young adult services (First-STEP) to provide assessments, case management and therapy to a caseload of SMI young adults. (carried over from FY16 and FY17)
7. Funding to increase supported apartment by 6 beds (carried over from FY17 during which 4 of 10 were funded internally)
8. There were no proposals from the MH Jail Program, Psychiatric Services and RAFT
9. Other proposals: 1 FTE for the Clarendon House program to provide Saturday community socialization group every other week.

As the proposals were reviewed, there were questions and comments from the members. In particular, there were questions about the CSE proposals, clarifications from Ms. Belfiore regarding the bond hearing proposal and from Dr. Orenstein regarding the MH Bureau proposals. There was also extensive discussion of the proposal for an additional position for the permanent position at Clarendon House for the social club. Ultimately, the Committee decided that these questions should be answered and that further discussion at the June meeting was warranted.

Action: Dr. Orenstein will: update the Program Summary cost data; seek clarification from Ms. Weismann regarding the CSE proposal priorities and the coverage demand for Crisis Stabilization; obtain clarification from Ms. Wright regarding plans for the Saturday Socialization activity; determine the status of planning for autism spectrum disorders and the possible MH Committee role; and confirm the wait list for INSHAPE activities from Dr. Palmieri.

**Mental Health Director's Report:**

Schedule next year: Dr. Orenstein distributed an updated meeting schedule for next year (beginning September) prompting a discussion of the agenda items, particularly in September and the first few months if possible. He noted those programs not presented or visited this past year (PACT, MH outpatient teams, employment services, ACCESS, CFS Committee). Ms. Deane noted it might be timely to hear about Same Day Access; Ms. Mitchell suggested a visit to ACCESS, and Mr. Howlett stressed the value of hearing from some excellent case managers. Ms. Deane expressed interest in hearing about training programs and needs and how training is organized. The committee consensus was to schedule a presentation about the MH outpatient teams with perhaps a panel of case managers in September. This would be clarified at the next meeting.

September Orientation: Dr. Orenstein sought thoughts about the organization of an orientation in September, particularly in response to the apparent discussion by the CSB Board that this would be valuable for all Board and Committee members. Ms. Deane confirmed this discussion without specific recommendations. Dr. Orenstein volunteered to check with the other Committee liaisons to facilitate a recommendation about how to proceed. Action: Dr. Orenstein will check with the other committee liaisons for their view of the need and structure of a September orientation.

**Chairs' Report:** None

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**Announcements:** None

**Adjournment:** The meeting adjourned at 8:00 pm.