

ARLINGTON COUNTY COMMUNITY SERVICES BOARD

Mental Health Committee

4/26/17

Approved 5/24/17

Committee Members Present: Wayne Bert (Co-chair), Dori Mitchell, John Mitchell, Betsy Greer, John Blount, Anne Hermann, Scott Brannon, Sam Howlett, Debra Byrd

Committee Members Absent Judy Deane (Co-chair), Tom Quinn, Lee Long, Sue Lowry, Tamara Theiler, Dayna Belfiore, Leslie Gosling, Cathy Lewis, Steve Gallagher, Adi Radhakrishnan

Staff Present: Alan Orenstein, Harry Ayling, Alice Straker

Call to order: The Chair called the meeting to order at 6:05 pm.

Approval of Minutes: The Committee approved the 3/27/17 minutes without correction.

Senior Adult Presentation: Mr. Ayling described the Senior Adult MH Program (SAMH) as an outpatient program serving SMI seniors 60 and older with 8 full and part time staff including 3.75 FTE case managers. They will be getting an additional .5 FTE which will allow them to receive transfer referrals for the 21 BHD clients residing at Mary Marshall. The current caseload is 184. The goals of the program are to maximize independence and minimize disability. Mr. Ayling noted that services tend to be field based and include mainly case management and therapy. The program emphasizes evidence- based therapies (CBT, DBT, MI, reminiscence therapy,) and is trauma informed.

Mr. Ayling is also project officer for the Mary Marshal Assisted Living Facility which now has 50 residents. He works with the SMI applicants who are 55 years and older and qualify for this level of care. He described the referral and admission process. He responded to several questions from the Committee related to the atmosphere and staffing at the facility.

Ms. Straker described the RAFT program, which is administered by Arlington but is a regional program. RAFT goals are to outplace appropriate clients from psychiatric hospitals to nursing homes or ALFs and to continue to provide the behavioral health services to these clients. All funding is from the state or federal. There are 4 positions including case managers and a psychiatric nurse. There is an oversight Committee composed of regional CSB representatives. RAFT now serves 45 clients and about 14 are Arlingtonians.

Mental Health Director's Report: Dr. Orenstein provided the following updates:

- The DRS agreement was signed and he forwarded all the interagency agreements recommended by the Committee to Ollie Russel for ultimate signature by the DHS Director.
- There is a planned visit by SAMHSA's Community Support Branch staff to see and hear about several MH programs: Emergency Services, Forensic Services, Clarendon House, Young Adult services, Employment Services, Recovery and Trauma Informed Care initiatives, and the Neighborhood Health Clinic.
- We will be seeking additional funding for 12 PSH slots offered to us by the state and have notified the State liaison requesting guidance about next steps.
- Dr. Orenstein described the budget prioritization process for FY19: the production of the Program Review updates, review of remaining priorities from last year, and the solicitation of preliminary priorities form managers for the May meeting; obtaining feedback to the preliminary priorities

form DHS management; and the completion of the detailed justification format for selected Committee priorities by the October meeting.

While the final FY18 budget has not yet been announced, Ms. Hermann believes there were no MH priorities accepted. Betsy Greer made the point that budget priorities are independently determined by the Committee. Ms. Hermann noted that since the advocacy last year didn't begin until December, it was late and the hope was to start earlier. Ms. Greer also noted her priorities, since she would not be at the next meeting: a psychiatrist for SAMH and a position for the Clarendon House Social Club. Action: Dr. Orenstein will update the Program Summary and solicit preliminary priorities in preparation for the for the May meeting.

Chairs' Report: Mr. Bert asked Ms. Herman for an update on the VHC advocacy. She noted that while the Health Systems Agency of Northern Virginia (HSANV) approved a certificate of need for 44 medical-surgical beds, it did not accept the 100 requested. Also, she felt the advocacy by the Arlington MH Alliance made a lot of headway in educating the HSA regarding psychiatric bed needs and that a lot of pressure was put on the VHC. Ms. Greer promoted continued advocacy. She also noted the need for local hospital beds for children and adolescents.

Mr. Bert noted that a meeting was held with the police regarding client transport. Since the state is developing a model, further action will await their publication.

Announcements: Ms. Greer noted that the next Clarendon House annual spring dinner is 6/7/17 at 6 pm. The next PACT/Clarendon House/group home picnic is 6/14/17 at the Barcroft Park 11:30am to 1:30 pm. The MH Committee members are invited to these events.

Adjournment: The meeting adjourned at 7:50 pm.