



The Arlington Community Services Board
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**Judy Deane, Acting
ACCSB Chair**

October 18, 2017
Sequoia III
2120 Washington Blvd., Room 112
Arlington, Virginia
7:00 pm - Full Board Meeting

Deborah Warren
**DHS Deputy Director/
CSB Executive Director**

Present: Anne Hermann, Cherie Takemoto, Judy Deane, Jenette O'Keefe, Adele McClure, Frank Haltiwanger, Joanne Del Toro, Carol Skelly, Laura DeMaria, Jay Ternent, Dori Mitchell, Leslie Gosling, Atima Omara

Excused: Linda Kelleher, Asha Patton-Smith, Shauna Alonge

Staff: Kelly Mauller, Oliver Russell, Deborah Warren

Public Comment(s)

A member of the community receiving services from the Arlington CSB was in attendance and spoke positively of staff.

CSB Staff Recognition Award

Tanisha Trice, Certified Peer Recovery Specialist, Emergency Services, was nominated to receive the October 18, 2017 CSB Staff Recognition Award. Ms. Trice was nominated by Leslie Weisman, Client Services Entry Bureau Chief, who spoke about Ms. Trice. Ms. Weisman stated that Ms. Trice was recently trained to provide an 80-hour Peer Recovery Specialist training to peers throughout the region. Ms. Weisman noted that Ms. Trice is the first peer in the Behavioral Healthcare Division to provide the training. Ms. Trice was selected out of 51 applicants from all of the northern regional CSBs to receive the training. The training Ms. Trice provided was held in August with 12 peer participants. Ms. Trice's training materials included a PowerPoint presentation, group exercises, role playing and guest speakers. Ms. Weisman recited a few positive quotes from the participants of Ms. Trice's training presentation.

Ms. Trice thanked Ms. Weisman and the CSB members for recognizing her efforts.

Chair Hermann noted that the CSB is very supportive of peers and presented Ms. Trice with a certificate of appreciation and a pin.

Introduction

A representative serving on the State Board for the Department of Behavioral Health and Developmental Services (DBHDS) attended the meeting as a guest. She stated that, as a part of her role, DBHDS would like the members of the State Board to act as liaison between the regional communities and the State Board in Richmond. She added that the State Board members have been asked to conduct site visits at the state hospitals and visit CSBs and other non-profit organizations.

Ms. Warren offered to provide a tour of the DHS facilities at a later date.

Approval of the September 20, 2017 ACCSB Meeting Minutes

Acting Chair Deane called for a motion to approve the September 20, 2017 ACCSB Full Board meeting minutes. Ms. Deane motioned to approve the minutes, Ms. Takemoto seconded the motion, and the minutes were approved with no changes.

Debrief: Annual Retreat

Chair Hermann stated that she appreciates that so many members were able to attend the retreat. Chair Hermann thanked staff Ms. Warren, Mr. Russell and Ms. Mauller for their assistance with the retreat. County Manager, Mr. Schwartz, attended as the lunch time speaker and presented about the County budget priority process.

The committee presented about the following topics to Mr. Schwartz.

- Gaps in services for individuals with Autism – Mr. Haltiwanger and Ms. Skelly
- Procurement – Chair Hermann
- Intensive Outpatient Program (IOP) Treatment program for individuals with substance use issues – Ms. O’Keefe
- Increase training for staff on co-occurring disorders – Ms. O’Keefe
- Need for additional peers – Ms. O’Keefe
- Increasing the number of psychiatric beds at Virginia Hospital Center (VHC) as part of the VHC expansion – Ms. Deane

Acting Chair Deane asked the members for feedback about the retreat. The members discussed Mr. Schwartz’s budget commentary. The members presented both positive and negative feedback.

Ms. Warren stated that the County is reviewing service efficiencies utilizing resources currently in place. She stated that reallocating positions from an area with lesser needs to an area with greater needs could be a part of a solution to accommodate gaps in service.

The members also talked about how to address gaps in services for individuals with autism. In response to a question by the CSB, Mr. Schwartz stated that the County would not have year-end funding for a study by a consultant.

Ms. McClure offered to contact private resources for possible funding and asked if any of the members would be able to assist her in creating a proposal.

Refine FY18 CSB Legislative Priorities

Deborah Warren, DHS Deputy Director/CSB Executive Director, stated that the Department of Behavioral Health and Developmental Services (DBHDS) and the Virginia Association of Community Services Board (VACSB) are focusing on legislation for Same Day Access and Primary Care Screening.

Ms. Warren stated that she met with County Attorney and CSB Liaison Patricia Carroll to discuss past CSB budgetary requests that were not approved by the County Board. Ms. Warren added that she and Ms. Carroll also discussed the shortage of private beds at VHC, the success of Permanent Supportive Housing (PSH), Medicaid, STEP VA and other program areas that need more support.

Ms. Warren stated that she also met with Tim Aiken, Government Affairs Liaison for Arlington County. She added that Mr. Aiken is responsible for tracking all federal legislation and grant opportunities that might support the County. Ms. Warren stated that Mr. Aiken provided her with a grid showing all of the federal

funding that impacts services in terms of grant opportunities. She noted that Mr. Aiken suggested providing tours of CSB programs for Arlington's legislators.

November Legislative Delegation Forum

Acting Chair Deane stated that the Legislative Delegation Forum is scheduled for November 8, 2017, during the first hour of the CSB Executive Committee meeting from 6:00 to 7:00 at the Sequoia Plaza I Building located at 2100 Washington Boulevard in the lower level auditorium.

The Legislative Delegation Forum is a meeting to discuss legislative and budget priorities with the Virginia General Assembly members representing Arlington.

The committee discussed talking points for presentation to the legislators.

- Increasing the number of psychiatric beds at Virginia Hospital Center (VHC) as part of the VHC expansion – Ms. Deane
- Support for non-budgetary items
- The potential closure of group supported employment – Ms. Skelly
- Reserve Slot Waiver – enables an individual with a higher need of support to move from one waiver to another without a category gap – Ms. Skelly
- Gaps in service for individuals with autism – Mr. Haltiwanger
- Response to opioid crisis in Arlington – Ms. O'Keefe
- Substance Abuse Evaluation Action Plan – Ms. O'Keefe or Ms. Alonge

Acting Chair Deane stated that the CSB will present support of the VACSB state budget priorities for funding for same day access and primary care screening and will not present any local budget requests.

The members agreed to submit talking points to Ms. Mauller by November 3rd.

VACSB Public Policy Conference Update

Mr. Russell, Assistant Behavioral Healthcare Division Chief, provided an update about the CCC+ session he attended at the VACSB conference. He stated that the State is working toward a financial realignment with particular focus on how much funding is currently allocated to hospitals and how much funding could be going into community services. He added that, during the session, CCC+ operational and administrative challenges were discussed as well as value based care versus values based on fee for service.

Ms. Warren stated that she attended a closed session for Executive Directors about fiscal realignment. She added that each region will present about best practices from admission to discharge services at the November 30th Executive Directors Summit.

Ms. Mitchell also attended the conference and attended a session about practical action items for CSB Boards. She stated that she spoke with Dr. John Palmier, Behavioral Healthcare Division Chief, about improving how services are communicated to the community. Ms. Mitchell provided several action items for the CSB to consider.

- Advertise in The Citizen publication. Ms. Mauller stated that she spoke with Kurt Larrick, DHS Communications Manager, who stated that Dr. Palmieri can submit a series of 4 to 5 brief paragraphs about different CSB initiatives to The Citizen for publication.
- View *Zero Tolerance* video about suicide
- Submit articles to the newspapers any time that it is appropriate (staff changes, peer awards, etc.)
- Distribute CSB business cards with service phone numbers and suicide prevention numbers
- Invite politicians to more events

- Encourage subcommittee members to attend other committees (cross training)
- Read the book *Born to Make a Difference; Reinventing Your Board*
- Wear name tags, same color t-shirts, pins, etc. to events to identify as a CSB member

Informational Items

- ✓ Ms. Deane followed up on a previous discussion about a member of the CSB acting as liaison to refugees and undocumented immigrants who are seeking resources for substance use and mental health issues. She stated that there are several groups in Northern Virginia that trade information about and also sponsor refugees and immigrants. She added that notices that are distributed within the community about services and resources do not include resources for individuals with substance use or mental health issues. Ms. Deane stated that she would be willing to act as liaison and asked if any of the members would be willing.

The following members expressed an interest in acting as a liaison:

- Ms. Gosling volunteered stating that she is an English as a Second Language (ESL) Teacher for adults
 - Ms. Skelly volunteered for Developmental Disability Services
 - Ms. O’Keefe volunteered for Substance Use Services
 - Staff liaison to be determined – Ms. Warren will consider which staff person(s) may be appropriate
- ✓ Ms. Mauller distributed the CSB FY17 Annual Report for final review and approval. The members approved the report. The annual report will be distributed to County staff, the County Board members, Arlington’s legislators and the community at large.
 - ✓ An update about the Virginia Hospital Center expansion was not provided.
 - ✓ Chair Hermann announced that Secret Santa will soon begin collecting Secret Santa gift cards for the residents of the Mary Marshall Assisted Living Residence (MMALR). She stated that Target gift cards are preferred in denominations of up to \$25. Chair Hermann noted that cash and check donations are welcome. Checks should be made out to the Arlington County Treasurer. Ms. Mauller will provide the tax forms to the members.

Adjournment

The Arlington County Community Services Full Board meeting was adjourned by Chair Hermann at 9:00 p.m.

Respectfully submitted by Kelly Mauller