

**Arlington County Community Services Board**  
**Executive Committee Meeting**  
**Sequoia Plaza 3**  
**2120 Washington Blvd.**  
**Room 112**

July 10, 2017

**Present:** Judy Deane, Shauna Alonge, Wayne Bert, Jenette O’Keefe

**Via Telephone:** Anne Hermann

**Absent:** Carol Skelly, Asha Patton-Smith, Joanne Del Torro

**Staff:** Oliver Russell, Anita Friedman, Kelly Mauller, Deborah Warren

The July 10, 2017 Arlington County Community Services Board (ACCSB) Executive Committee meeting was convened by ACCSB Acting Executive Committee Chair Judy Deane at 6:00 p.m. The meeting was held at the Sequoia III Building, 2120 Washington Boulevard, Room 112, Arlington, Virginia 22204.

**Presentation: Substance Abuse and Mental Health Services Integration**

Dr. John Palmieri, BHC Division Chief, provided an overview of the most recent initiative to integrate Substance Abuse and Mental Health Services (Refer to Handout and attached to minutes).

Dr. Palmieri provided background information about the decision to integrate Mental Health and Substance Abuse Services. He stated that there were challenges in the previous structure of the division in that many clients have co-occurring disorders making it difficult to determine the primary disorder which can result in inconsistent treatment in how an individual receives services. Dr. Palmieri stated that BHD is now moving from a program based approach to a client based approach. He added that individuals will receive services based upon their disorder(s) and not as defined by the program in which they are assigned to.

Dr. Palmieri stated that, nationally, more organizations are shifting to an integrated approach in providing services. He added that BHD opted to look at level of care and service intensity and organize outpatient services within one bureau. Dr. Palmieri stated that the integration of services will be implemented as of September 1<sup>st</sup> of this year.

- Ms. O’Keefe asked if the outpatient teams under mental health services such as Team A, Team B and Team C will still be differentiated. Dr. Palmieri responded that the organization of the individual teams remains a work in progress.
- Ms. Alonge asked how outpatient services are being defined. Dr. Palmieri responded that, for the most part, individual therapy and group based therapy will follow more of an outpatient treatment model. He added that having all residential services in one area allows for better management of residential contracts and increased accountability of the vendors.

Ms. Friedman stated that it is important for residential contractors to implement integrated services in order to be more responsive to co-occurring needs.

Ms. Warren added that services will wrap around the individual.

- Ms. O’Keefe asked if the integration of mental health and substance abuse services is aligned with the structure throughout Region II. Mr. Russell responded that each region has different challenges and that the changes are a more appropriate fit for services based on Arlington clients’ needs. Dr. Palmieri added that the changes are aligned with changes around the State.
- Ms. Deane asked how the integration of services will impact Same Day Access. Mr. Russell responded that it will take several months to know how Same Day Access will impact other bureaus and services. Ms. Friedman added that BHD is collaborating with the State’s consulting firm, MTM, to streamline the transition to Same Day Access.
- There was a discussion among the members about how the restructure will affect the roles of the mental health and substance abuse committees.

### **Approval of the June 12, 2017 Executive Committee Minutes**

Acting Chair Deane called for a motion to approve the June 12, 2017 ACCSB Executive Committee meeting minutes. Ms. O’Keefe motioned to approve the minutes, Ms. Alonge seconded the motion, and the minutes were approved as amended.

### **Regional Update on State Budget**

Mr. Russell, Assistant BHC Division Chief & Ms. Warren, DHS Deputy Director/CSB Executive Director, reported that they are scheduled to meet with the Regional CSB Executive Directors on July 11<sup>th</sup> to discuss the State’s budget priorities.

Ms. Warren added that the Department of Behavioral Health and Developmental Services (DBHDS) and the Virginia Association of Community Services Board (VACSB) are focusing on funding to support legislation for Same Day Access and Primary Care Screening. She added that these two pieces of legislation will be mandated by the State effective July 1, 2019.

Mr. Russell and Ms. Warren will provide an update about the Regional CSB meeting at the July 19<sup>th</sup> CSB full board meeting.

Ms. Friedman noted that BHD has implemented a collaborative documentation pilot where the client and clinician review and enter encounter information into the Electronic Health Record (EHR) together. BHD is in the process of implementing a new EHR system which should stream line the process.

Mr. Russell stated that the Just in Time practice is a practice that will reduce no-shows for psychiatric appointments. With the Just in Time practice, an individual will receive a phone call and have an appointment scheduled within a week’s time versus scheduling an appointment for 90 days in the future that is more easily forgotten by the individual. A webinar about the practice has been scheduled for support staff and the psychiatrists.

Neighborhood Health, BHD’s primary care provider, recently applied for a grant from the Arlington Health Foundation to expand the number of days they will provide services within BHD. The grant application was accepted but an effective date has not yet been determined.

### **Annual Retreat Agenda**

Acting Chair Deane opened a conversation about the CSB annual retreat. The Committee agreed to hold the retreat on Saturday October 14th. The Committee had a preliminary discussion about topics for the retreat including the following:

- Reorganization of committees
- Needs assessment for Autism services
- CSB Board strategic planning
- Prioritization of CSB Board goals
- Review change initiatives in other DHS areas
- Board roles and responsibilities
- Training
- A speaker

### **Community Outreach**

Acting CSB Chair Deane opened a discussion about outreach to the community at the Arlington County Fair on August 16<sup>th</sup> – 20<sup>th</sup>. The Committee agreed that, after last years' experience, not to attend the fair this year.

### **Reporting Measures**

Mr. Russell provided a summary of group home incidents for the month of June. He reported that there was 1 suicide attempt and a total of 5 medication errors.

Ms. O'Keefe asked if there is an update about the unexplained death that was reported at last month's full board meeting. Mr. Russell responded that the death certificate is still pending.

Ms. Alonge requested that data from the ICRT be included in the report.

### **Brief Updates/Information**

- ✓ Ms. Mauller, BHC Division Administrative Assistant provided an update about the CSB FY17 Annual Report Update. Ms. Mauller stated that she has received numerous topics from staff for inclusion in the annual report. Ms. Mauller is working to expand the information included in the report to cover a broader spectrum of services.
- ✓ Acting Chair Deane announced that the County Board Office will recognize the anniversary of the American's with Disabilities Act (ADA) with a proclamation reading at the July 18<sup>th</sup> recessed County Board meeting.
- ✓ Acting Chair Deane provided a brief update about the initiative to serve young adults with autism. She stated that a small group of interested CSB board members has been established to begin identifying gaps in autism services and the population to be served. Ms. Deane, Ms. Skelly, Ms. Takemoto, Ms. Del Toro and Mr. Haltiwanger are a part of the group.

Dr. Palmieri stated that it would be beneficial to include Developmental Disabilities Bureau Chief, La Voyce Reid, and Child and Family Services Bureau Chief, Sharon Lawrence, in the discussion as the initiative to serve young adults with autism is not only a BHD issue but a CSB wide issue. Ms. Warren stated that she will organize the meeting for later in the summer.

- ✓ Acting Chair Deane provided an update on the Virginia Hospital Center (VHC) expansion.
  - A meeting will be scheduled between the Arlington Mental Health Alliance and the VHC architect to discuss a proposed design for the psychiatric ward.
  - Statistical data is still being collected on the number of psychiatric beds that are needed and the utilization of psychiatric beds.
  - Look in to whether statistical data is needed about the number of substance abuse beds that are needed.
  - Develop a proposal to change the VHC schedule for renovations for the psychiatric unit to be moved to a higher floor.
  - The Arlington Mental Health Alliance (AMHA) has requested that VHC propose a solution for contributing to support the shortage of in-patient services for children.
  
- ✓ Mr. Russell provided an update about the ICRT home. He announced that Gateway will be hosting a BBQ the week of July 17<sup>th</sup> at their Annandale location. He added that the new house that they are opening will be located in Loudoun County. BHD has reached out to the region to see if Arlington residents can be prioritized to stay in the Annandale location, since that is closer to family supports.
  
- ✓ Ms. Hermann reported that Laura DeMaria will be appointed to the CSB full board at the July recessed County Board meeting. She added that Ms. DeMaria is also interested in becoming a member of the Community Development Citizen's Advisory Committee (CDCAC).

**Upcoming Items for CSB Full Board Meeting on July 19, 2017**

- ✓ Kevin Richardson, Outpatient Clinical Services Bureau, Team C, was nominated to receive the July 19, 2017 CSB Staff Recognition Award.
  
- ✓ Mr. Russell will provide an update on the integration of mental health and substance abuse services within BHD.
  
- ✓ Mr. Russell will provide an update on the Substance Abuse Services Appraisal.
  
- ✓ Mr. Russell and Ms. Warren will provide a Regional update on the State Budget.
  
- ✓ Chair Hermann will report out on the CSB response to County Board Chair, Jay Fisette, on the FY18 State Budget Priorities.
  
- ✓ Chair Hermann will ask for updates from any CSB Ad Hoc Initiative Committee.

**Adjournment**

The Arlington County Community Services Board Executive Committee meeting was adjourned by Chair Hermann at 8:30 p.m.

Respectfully submitted by Kelly Mauller.



