

ARLINGTON COUNTY COMMUNITY SERVICES BOARD
Mental Health Committee

9/28/16

Approved 10/26/16

Committee Members Present: Wayne Bert (Co-chair), Judy Deane (Co-chair), John Blount, Tom Quinn, Anne Hermann, Scott Brannon, Jarrod Nagurka, Debra Byrd, Leslie Gosling,; Cathy Lewis, Dori Mitchell, John Mitchell, Judy Lynn

Committee Members Absent: Lee Long, Richard Smith, Betsy Greer, Brian Berke, Sue Lowry, Dayna Belfiore, Sam Howlett

Presenter: Rebecca Wright

Staff: Alan Orenstein

Call to Order: Ms. Deane called the order at 4:00 pm

Approval of Minutes: The Committee approved the 5/23/16 minutes pending review

Visit to Clarendon House: Dr. Orenstein escorted the members present to the Clarendon House program location on the second floor. Rebecca Wright, Program Manager, provided a walking tour and presentation of the Clarendon House space and programming. Clarendon House is composed of a rehabilitation day program and a case management team and a co-located psychiatrist and nurse. Last year 128 seriously mentally ill adults were served in the day program and 99 in case management. Clients are referred primarily from the MH Bureau outpatient Teams and some continue to be provided their case management and psychiatric services by their referring Team. Committee members were shown the day program schedule which is composed primarily of psychoeducational classes targeting a wide range of everyday skills. The facility includes a large dining area, kitchen, snack bar area, library, group rooms, computer room and gym. Action: Dr. Orenstein will e-mail to Committee members the Clarendon House Performance Management Plan that provides information about program services, utilization, and outcomes.

Mental Health Director's Report:

- **Budget priorities:** Dr. Orenstein distributed updated proposals describing resource needs prepared by program staff. These were consistent with the preliminary proposals discussed in May but were updated into a newly adopted format and provided some details not previously available. Dr. Orenstein reviewed each proposal answered questions. The proposals were:
 1. 2 MH Therapists for Senior Adult Mental Health to serve CSB clients at Mary Marshal Assisted Living Facility
 2. 1 FTE MH Therapist for emergency Services
 3. 1 MH Therapist for the Jail Diversion/Forensic Program
 4. 1 MH Therapist for the Community Support Teams
 5. 1 MH Therapist for the young adult services
 6. Expansion of MH residential services by 5-10 beds at \$17,000/bed
 7. Increase operating time 4-5 hours weekly at the Recovery Center at approximate cost of \$22,000

Ms. Lewis also raised the issue of additional funding for staff for Clarendon House to maintain social club activities. Ms. Deane said that CSB members were also considering proposing an additional position for a

Family/Client Advocate for the BHD, so that people would know who to contact if they were having trouble getting services or were not happy with the services that were being offered

The questions remaining were:

- What efficiencies or benefits were to be achieved with the addition of staff to serve at Mary Marshall CSB clients (e.g., the assumption of case management from and case load reduction of current programs) and were staff to be stationed at Mary Marshall?
- How the additional staff added to Emergency Services in previous years was used and what specific gaps remain?

Action: Dr. Orenstein will obtain answers to these questions.

Ms. Deane noted that the CSB Executive Committee will need these priorities in November, so the Mental Health Committee needs to consider the proposals at its next meeting in late October. Dr. Orenstein suggested, that in preparation for the next meeting, members might consider their priorities, so that they can reach a consensus at the meeting.

- **Committee Schedule:** Dr. Orenstein re-distributed information about what programs had been reviewed last year and the year before, and he requested that members decide what the agenda will be for the next meeting in October at least. After a brief discussion, the Committee consensus was that a visit be arranged to the Recovery Center and that the Committee adjourn to the Sequoia meeting room to complete Committee business. If a Recovery Center visit was not possible, a presentation by the SAMH program will be arranged. Action: Dr. Orenstein will make the arrangement for the next meeting and inform the membership.

Chair's Report and Announcements: Ms. Deane noted that the annual recovery event was being held at 6:30 pm this evening at the Busboys and Poets Restaurant. On October 8 there will be a tour of affordable housing; she will send information for e-mail distribution. On 10/29 there will be the CSB Retreat. Ms. Deane reported also that Anne Hermann was appointed the new CSB Chair. Ms. Deane briefly described Ms. Friedman's decision, approved by the CSB, that there should be a separation of the Executive Director and the BHD Division Chief positions by expanding the role of the new DHS Deputy Director, who will oversee the BHD, Aging and Disability Services, and Children's Services, and concurrently be the Executive Director of the CSB.

Finally, she noted that since the Virginia Hospital Center is attempting to acquire the Edison Complex location, this provides an opportunity to advocate for improvements in the Hospital's psychiatric services. The CSB was briefed by Adrian Stanton, VHC Vice President, at their last meeting, but were not left with the impression that VHC is giving priority to improvements in mental health treatment. CSB members have been advocating with County Board members and are planning to host a forum in November where consumers and family members can discuss their experience with the mental health services offered by VHC.

Adjournment: The meeting adjourned at 6:15 pm.