

**Developmental Disability Committee of the Arlington County Community Services Board
Meeting on Wednesday, September 7, 2016 at 6:30 p.m.
DHS Sequoia Building I, 2100 Washington Boulevard, Room B, Arlington VA 22204**

The meeting was called to order and facilitated by CSB member and committee chair, Carol Skelly.

Public Comment Period:

- Peg O'Brien – Difficulty getting (community-based) dental services since the closing of the Northern Virginia Training Center (NVTC)

Introductions –CSB Committee members: Carol Skelly, Moira Saucedo, Nancy Tishman, Casey Youman, Alex Soroko, Barbara Jones, and Donna Budway; Attendees: Ginny Kelly Conroy, Peg O'Brien, and Lucia Claster; staff representatives of service providers: Sarah Caldwell (MVLE), Meredith Biggs (Core Behavioral Consulting), Brenda Richardson (ServiceSource), Andrea Blackman (ServiceSource), Enrique Guzman (Linden Resources), Anne Rule (Community Residences), and Grace Mitchell (Community Residences); Lucy Beadnell representing the Arc of Northern Virginia; and County staff members: April Rosenthal (Therapeutic Parks and Recreation), Steve Garcia and Jennifer Acheson McKinney (DHS/DDS Bureau).

Approval of June Minutes – The June 29, 2016 DD Committee minutes were approved as presented.

The Arc of Northern Virginia – Ms. Lucy Beadnell distributed and reviewed her hand-out entitled, "The Arc of Northern Virginia's September 2016 Legislative Update" (Attached). The following were included in the highlights:

- Consultant report on CVTC due in September 2016
- Individual Family Supports Program – Bob Villa with DBHDS will be releasing a memo soon about upcoming availability of funding for FY17

Therapeutic Recreation Office – April Rosenthal of the Arlington Department of Parks and Recreation, Therapeutic Recreation program provided a report on summer and fall programs and services as follows:

- The summer camp season was a success and has officially ended
- Registration is now open for adapted classes for the fall
- "Family Fun Night" kick-off event is scheduled for October 22nd
- October 22nd teaming up with colleagues in Parks and Rec" for Zombie Run

Refer to the Therapeutic Recreation Office CSB September 2016 handout (attached) for additional information.

Employment Matrix

Reviewed "Employment Matrix" prepared by DHS/DDS Bureau staff with following highlights:

- Of 204 individuals currently receiving Active Support Coordination, about half choose to not work.
- Of those previously served by Sheltered Employment; roughly 20 transitioned to group supported employment
- Majority of individuals served receive day support services

The October meeting will present on "out of the box" employment and day programming.

- Donna Goldbranson (SPARC)
- An individual receiving individual or group supported employment
- Representative of the Oakton Café (operated by ServiceSource)
- Updates from Cameron's Coffee and Chocolates and Wildflour Bakery

Staff Updates:

S. Garcia presented staff updates in La Voyce's absence:

- DD Waiver transitioned with Sept 1st effective date
- DDS Bureau is fully staff with the addition of a new Program Manager, Catherine Ford, Habilitation/Employment Contract Manager, Elizabeth Cannon, and new Support Coordinator, Allyson Taylor
- ArlingtonWeaves, Etc. continues to look at new referrals, space is available for additional placements

Vendor Reports

Community Residences – It was reported that Anne Rule will be transitioning from CR this month.

New Business – No new business reported

The next regular DD Committee is scheduled for Tuesday, October 4, 2016 at 6:30 pm at 2100 Washington Blvd., Conference Room B, Arlington, VA

The Arc of Northern Virginia's September 2016 Legislative Update

General Assembly

- Will be getting updates on the Redesign and Waiver spending this year
- Consultant report on CVTC due by December
- The Arc of Northern Virginia has held several summer meetings with legislators and we're happy to host more if anyone is interested in making an impact

Department of Behavioral Health and Developmental Services

- Redesign application is being approved by CMS and redesign should begin September 1, 2016
 - New rates will take effect
 - New services are available in theory
 - Regulations need to be written, providers need to be licensed and trained
 - CSB manages single point of entry and combined waiting list
 - People should have a priority level if they're on the waiting list and a VIDES if they're Priority 1
- IFSP being revised, but no new launch date yet
 - State council working on online application and other implementation pieces. Will start in earnest in October 2016.

Arc Events

- Housing workgroups launched in late April- toolkits coming soon to <https://thearcfnova.org/programs/transition/housing-toolkit>
- Legal Authority Webinar on September 14th at 1 PM- <http://tinyurl.com/gqfb56s>
- Waiver Webinar on September 21st at 2 PM- <http://tinyurl.com/h7vmz48>
- Life Planning Tools on October 5, 2016 from 8:30-1:15- <http://tinyurl.com/zjy8chx>

Arlington County Department of Parks and Recreation

Therapeutic Recreation (TR) Office

Community Service Board (CSB) – September 7, 2016



How to Contact TR

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Therapeutic Recreation

Adapted Classes

TR Programmer: Katie Salyers

Fall Enjoy Arlington Online Registration is now open. <http://parks.arlingtonva.us/>

- Openings in all our classes! Classes Begin September 12th

The following classes are at risk of being **CANCELLED** if they do not meet their minimums! Please register soon to ensure we will not have to cancel.

- Parent/Tot Gymnastics - 2 spaces open to meet minimum, 7 spaces total
- Music Therapy - 4 spaces open to meet minimum, 8 spaces total
- *Arts & Crafts for Beginners (5:30) - 4 spaces open to meet minimum, 8 spaces total (Begins 9/13)

The following classes will run and we still have openings! Register soon to ensure you have the opportunity to participate!

- JCC Social Skills Classes (Lets all Play and Friends classes)
- *Arts & Crafts Advanced - 1 space open
- Dance Aerobics- 2 spaces open (Begins 9/12)
- *Fun & Fitness: October - 6 spaces open
- *Fun & Fitness: November - 7 spaces open
- *Fun & Fitness: December -- 5 spaces open

Family Fun Night Update

TR Programmer: Katie Salyers

This program will be offered on Friday, October 21st. This kickoff will also incorporate a participant feedback session to help shape the future of Family Fun Night.

Social Clubs

TR Programmer: Cindy Leiva

Each social club offers 2-3 activities per month ranging from social gatherings to community trips, volunteer experiences, performances and more. Please contact the TR Office at TRinfo@arlingtonva.us or 703-228-4740 to schedule an intake interview. Annual Membership Fee: \$45. Trip Fees are additional.

- Teens Going Places (ages 12-17)
- Young Adults Going Places (ages 18-29)
- Adults Going Places (ages 30+)

County-Wide Events

TR Programmer: Katie Salyers

On Saturday, October 22 from 11am-2pm we will be teaming up with our colleagues in other units to offer an all ages Zombie Fun Run and After Party at Bon Air Park. Come out to participate in a spooky fun run full of obstacles and optional extra spooky zombie zones! Waves will start every 15 minutes. Don't want to run, no problem! Join us at the after party to create your own zombie, face painting, moon bounces, and more!
<https://parks.arlingtonva.us/events/dpr-zombie-fun-run/>

Inclusion Supports for Enjoy Arlington Classes

TR Programmer: Cat Trovato and Robyn Mitchell

Modification requests can be made in advance to enable us to plan for the best type of support or assistance. Based on requests, demonstrated need and available resources, we provide various inclusion support for participants with disabilities enrolled in a general recreation programs offered in the Enjoy Arlington Catalogue. We can also offer consulting support for contracted programs offered in the Enjoy Arlington catalogue. However, we do not have access to rosters when contractors do their own registrations. Please make sure to let us know once you have signed up and what modifications you are requesting.

FY 16 Performance Measure Data related to employment: Preliminary information. Data has not been fully analyzed

2.3 Annual integrated community-based employment conversation.

Historically, Community Service Board clientele have predominately been unemployed. In FY 2015 Virginia DBHDS adopted employment as a first choice discussion for individuals of employment age (18- 67).

94% of individuals had integrated employment conversations FY 2016

3.1 Employment Goal on PCP

Approximately 50% of the individuals receiving SC services are not interested in employment.

42% (77 of 183) of PCPs contain employment or employment readiness goals. The goal of 30% of PCPs containing employment or employment readiness goals was exceeded by 12%

- Critical to the data analysis is that 94 of 183(N) individuals are not-- interested in pursuing work.
- Of the remaining 89 individuals who want to work (28) or continue working (49), **86%** have employment or employment readiness goals.

Summary of Arlington CSB-DD Employment and Day Placements:

<u>Location of placement**</u>	<u>Type of placement-Center-Based</u>		<u>Type of placement-Community-Based:</u>		<u>Individual Competitive Employment</u>	<u>Total</u>
	<u>Day Support/ Habilitation</u>	<u>Sheltered Employment</u>	<u>Group Supported Employment</u>	<u>Individual Supported Employment</u>		
Arlington	80	N/A	19	7		106
Alexandria	34	N/A	3	3		40
Falls Church City	0	N/A	0	0		0
Fairfax:						
Springfield	21	N/A	2	2		4
Fairfax City	4		2	0		23
Falls Church	0		6	1		11
Annandale	1		0	3		3
Loudoun	0	N/A	0	0		1
Prince William	0	N/A	3	0		3
DC	0	N/A	1	0		1
Others	2	N/A	5	5		10
Total	142	N/A	41	21		204

**location where consumer spends the majority of his/her time.

Type of Residential Service	Level of Intensity	Level of Supervision	Staffing Ratio	Nonprofit Contractor	# of Residences in Arlington	# Served	# of Vacancies	Source of Funding	Services	Waiting List	Licensing Issues
In-Home/Drop-In Support	Supportive Services	Drop-in, as needed	1:1	Community (Lynn) Alternatives	1 in an apartment 1 in a SFT	2	Upon funding & staffing availability	Medicaid Waiver for services (100%) * One of the individuals in an apartment receives a Housing Grant, the other lives in a CLU- owned condo.	<ul style="list-style-type: none"> In-home supports are typically provided in a private residence and are supplemental to the primary care provided by the individual's parents or other caregivers. In-home supports are delivered on an individualized basis, typically for less than a continuous 24 hours, with a 1:1 staff-to-individual ratio. The allowable support activities include, but are not limited to the same activities received in the other residential service types. The specific skill building and support provided is detailed in an individual Support Plan 	2	Licensed by DBHDS
				Community Residences	1 in condo 2 in family home 3 in Navy/Military	6	Medicaid Waiver for services (100%) for those eligible for ID Waiver Services Local (100%) for those who are not eligible for ID Waiver Services				
				Resources for Independence of VA	4 in family home 1 in an apartment	5	Medicaid Waiver for services (100%) for those eligible for ID Waiver Services Local (100%) for those who are not eligible for ID Waiver Services				
TOTAL						22					
Respite	Intensive	24/7 Support	1:4	Hatwood Foundation Springfield, VA	Arlington has 1 bedroom in a Fairfax County 0 bedroom home	N/A	1	Local (100%) for services	Assistance & training w/ADLs	N/A	Licensed by DBHDS
Permanent Supportive Housing	N/A	N/A	N/A	N/A	10 in apartments in scattered sites	11	N/A	Individuals in Permanent Supportive Housing pay 30% of their monthly income towards their rent.	<ul style="list-style-type: none"> (3) receive in-home supports and are housed in the in-home units above (8) live in a FSIH apartments with their families (children) 	N/A	N/A
Mary Marshall	ALF	24/7	Staff adequate in KSAs to support residents living there at all times	N/A	N/A	8	N/A	Autism Grants, Section 8 HCVs, Private Pay	<ul style="list-style-type: none"> Community enrichment Behavioral support Monitoring health and physical conditions Medication, medical needs Safety supports to ensure health & safety Personnel: 100% trained & supervised Specialist: 1st, 2nd, 10/12/13, 14, 15 	0	Licensed by BSS

