



The Arlington Community Services Board
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Anne Marie Hermann
ACCSB Chair

November 14, 2016
Sequoia I
2100 Washington Blvd., Auditorium
Arlington, Virginia
7:00 pm - Full Board Meeting

Anita Friedman Interim
Executive Director

DRAFT

Present: Wayne Bert, Judy Deane, Anne Hermann, Jay Ternent, Carol Skelly, Linda Kelleher, Asha Patton-Smith, Jarrod Nagurka, Cherie Takemoto, Jenette O'Keefe

Excused: Joanne Del Torro, Shauna Alonge, Brian Berke, Frank Haltiwanger, Atima Omara, Leslie Gosling

Staff: Anita Friedman, Kelly Mauller, Oliver Russell, Sandy Clark

The regularly scheduled Arlington County Community Services Board (CSB) meeting was preceded by the CSB's Annual Legislative Delegation Forum. The legislators in attendance were Senator Adam Ebbin (30th Senate District); Delegate Patrick Hope (47th House District), Delegate Richard Sullivan (48th House District) and Delegate Mark Levine (45th House District). The purpose of the Forum was to discuss the needs of the Arlington CSB and to promote open dialogue with the members of the General Assembly representing Arlington. State budget issues and priorities related to mental health, developmental disabilities and substance abuse were discussed, specifically:

- Additional psychiatric hospital beds in the State Hospitals
 - Ms. Deane presented.
- Adequate affordable housing with additional support services
 - Ms. Kelleher presented.
- Medicaid Expansion
 - Mr. Nagurka presented.
- Developmental Disabilities Services
 - Ms. Skelly presented.
- Substance Abuse Services
 - Ms. O'Keefe presented.

Questions and Answers:

Psychiatric Beds

- Delegate Levine asked if there are any security concerns with moving an individual from a psychiatric bed in the jail to a psychiatric bed in the hospital. Ms. Deane responded that Northern Virginia only accepts a small number of individuals that have been found to be not guilty by reason of insanity and that, to her knowledge, this has not been a concern. Mr. Russell will research if there have been any safety concerns.
- Delegate Levine stated that it would be beneficial for the CSB to provide statistical data showing that funds would be saved by utilizing a psychiatric hospital bed as opposed to utilizing a psychiatric jail bed. Mr. Russell responded that he can provide statistics on how utilizing a psychiatric hospital bed would be more cost effective.
- Delegate Hope stated that the Deeds Commission has been exploring, on a higher level in terms of investigation, changes in the mental health jail diversion process. He added that there is legislation being developed to implement a screening tool for mentally ill individuals detained in the jail. He continued by stating that following the initial screening an individual would then be assessed and provided services.
- Delegate Sullivan asked how the new psychiatric bed registry process is progressing. Ms. Deane responded that the process is cumbersome. Mr. Russell will research the barriers in the process.
- Senator Ebbin asked if there is a concern about hospital security or individuals eloping. Ms. Deane and Mr. Russell responded that they do not believe there is a concern. Mr. Russell stated that he will research whether or not this has been an issue.

Affordable Housing

- Delegate Sullivan asked where individuals on the housing waiting list physically reside. Ms. Kelleher responded that some individuals may be in temporary and/or transitional housing.
- Senator Ebbin asked if the start-up funding for new homes is being utilized to purchase or outfit the new homes. Ms. Skelly responded that the funds will be utilized to purchase start-up homes.

Medicaid Expansion

- Delegate Hope stated that the presidential election could be beneficial for Medicaid expansion in Virginia.

Developmental Disabilities: Dental Services, Waiver Redesign and Employment

- Delegate Hope asked if sedation for dental treatment through the pilot dental program was covered at the Northern Virginia Training Center prior to closing. Ms. Skelly responded that sedation was covered for individuals while the Training Center was open but the service is no longer being covered since the residents were transferred to alternate residences.
- Senator Ebbin asked if there is a sense of the cost of providing sedation in the training center versus what is not being spent now. Ms. Skelly responded that she does not know but that the Regional DD Directors are working with the State to obtain those metrics. She will bring the question before the Regional Directors.

- Delegate Hope asked when the new dental treatment pilot will end. Ms. Skelly responded that she does not know. Mr. Russell will find out when the pilot will end.

Substance Abuse

- Delegate Sullivan asked if statistical data is available on the increase of opioid use in Northern Virginia. Ms. Friedman responded that DHS receives statistical data on the number of over doses from EMS.
- Senator Ebbin asked if Narcan has been successful in saving a higher number of individual's lives after over dosing. Ms. Friedman responded that Narcan has been highly successful and that she receives a report on the number of lives saved.

Delegate Hope asked if the CSBs budget priorities are in line with the VACSB budget priorities. Mr. Russell responded that the priorities are in line with the VACSB and referred the legislators to the informational summary included in the packet that they received prior to the meeting.

Public Comment(s)

There were no public comments.

CSB Staff Recognition Award

The Health and Housing Fair Coordinators were nominated to receive the November 14, 2016 staff recognition award. The recipients are as follows:

- LeDell Miller, BHD Substance Abuse Outpatient Services
- Alexandria Robinson, BHD Pharmacy Tech
- Jean Terrill - BHD Peer Specialist
- Cheryl Fuentes - CFS Management Analyst
- Martha Andom - Public Health Educator
- Michelle Fletcher - Public Health Nurse
- Victoria Ongodia - EID Management Analyst
- Constance Freeman - EID Human Services Specialist

Chair Hermann introduced Octavia Madison, Supervisor, Substance Abuse Outpatient Services. Ms. Madison spoke about LeDell Miller, Substance Abuse Case Manager, who organized the DHS role at the Arlington County Fair. Ms. Madison commended Mr. Miller and his team on their efforts. She thanked them for all of their hard work.

Ms. Friedman commended Mr. Miller for organizing a group across all DHS programs.

Chair Hermann presented the award certificates and thanked the group.

Mr. Miller thanked Ms. Madison for nominating the group. He stated that there was a great turn-out for the event and that the entire group came together in a great way. He added that different approaches reach different people.

Presentation: EDGE Program and First STEP (Specialized Treatment and Engagement Program)

Chair Hermann introduced Sandy Clarke, Mental Health Supervisor Team, Robin Joseph, Mental Health Therapist Team A, and Jessica Sleep, Mental Health Therapist Team A.

Robin Joseph, EDGE Program Coordinator, Mental Health Services, presented about the EDGE Program.

Ms. Joseph stated that the EDGE Program was developed to prepare young adults to live independently by providing them with opportunities to learn life skills through guided workshops and community activities. She added that, to meet the eligibility criteria, an individual must be an existing Behavioral Healthcare Division young adult (18-24 years old).

Ms. Joseph stated that the EDGE Program was created in November of 2012 and that, since then, 82 young adults have joined the program over 300 workshops have been provided throughout the years teaching a variety of life skills. Ms. Joseph provided a breakdown of the EDGE Program membership:

- 2012: 39 young adult participants - 16 male/23 female
- 2013: 57 young adult participants - 26 male/31 female
- 2014: 44 young adult participants - 26 male/18 female
- 2015: 59 young adult participants - 28 male/31 female

Ms. Joseph stated there are 3 phases in the EDGE Program; Learn, Practice and Teach.

Phase 1: Learn

In phase 1 participants learn basic independent living skills by attending informative on-site workshops and utilizing hands on activities.

Phase 2: Practice

In phase 2 participants begin practicing what they have learned during the on-site workshops at various locations throughout the community.

Phase 3: Teach

In phase 3 participants are encouraged to teach their peers how to become successful members of the community. Members who have graduated and/or scored advanced on their Independent Living Skills (ILS) Assessment, are eligible to apply to be a Peer Workshop Facilitator.

Ms. Deane asked if any of the participants are diagnosed with Autism. Ms. Clark responded that the program includes clients on the Autism Spectrum but that additional training is needed to improve the services provided to these individuals.

Ms. O'Keefe asked if substance abuse issues are discussed for health and wellness. Ms. Joseph responded that most of the individuals that she works with do not have substance abuse issues.

Jessica Sleep, Youth Transition Clinical Coordinator, Mental Health Services, presented about the First STEP Program. Ms. Sleep stated that the Specialized Treatment and Engagement Program (First STEP) is a coordinated, specialty care program that serves 18-29 year olds with Serious Mental Illness (SMI) (including first episode psychosis), to live independently in the community, reduce the frequency of hospitalizations, pursue employment and educational goals, and develop a social support system to enhance recovery.

Ms. Sleep stated that she attended a site visit to the Turning Point Program in Fairfax. She added that Fairfax has a working RAISE Program.

Ms. Sleep provided program data for the First Step Program:

- In FY15, 155 young adults were served by BHD staff
- From January 2015 to April 2016, 18 young adults found employment through Job Avenue

- From January 2015 to April 2016, 15 clients were supported in enrolling and attending college through Job Avenue

Ms. Sleep provided Permanent Supportive Housing (PSH) Program statistics. The below chart shows PSH placement and tenure from July 1, 2012 through June 30, 2014:

Move in Age	Number Housed	Number and percent sustained for 2 years	
18-14	14	13	93% (a)
25-29	5	4	80% (b)
30 and over	54	38	70%
Total	73	55	75%

(a) Includes 7 moved to another PSH apartment; 1 lease violation

(b) 1 abandoned apartment

Ms. Sleep stated that there has been an increased collaboration with the Child and Family Services Division (CFSD). She added that in May 2016, a CFSD case manager began attending the First STEP team meetings on a regular basis. She also stated that a central referral process to refer clients from CFSD has been implemented.

A member of the Mental Health Group Home Committee asked if outreach is performed for individuals who may be resistant to services. Ms. Sleep responded that increased engagement is a component of the FIRST Step Program.

A member of the Mental Health Group Home Committee asked if the discharge planners at Virginia Hospital Center (VHC) discuss DHS services directly with families and, if not, should that be part of the discharge planning process. Ms. Sleep responded that, ideally, it should be a part of the discharge planning process. She added that First STEP brochures have been distributed to Emergency Services Discharge Planning staff for use in the hospital and in the community.

Approval of the October 19, 2016 ACCSB Meeting Minutes

Chair Hermann called for a motion to approve the October 19, 2016 ACCSB Full Board meeting minutes. Mr. Nagurka motioned to approve the minutes, Ms. Kelleher seconded the motion, and the minutes were approved as amended.

Approval: Medicaid Rates and Approval Process

Mr. Russell, Assistant BHC Division Chief, presented a proposal to approve three new services to add to the Fee Schedule and to revise the CSB Billing and Collection Policy (311) (Included in Member Packet).

Mr. Russell is proposing to add the following services to the Fee Schedule:

- Injection Administration – Medicaid Rate per injection (max); \$5.00 per injection (min)
- Medication Assisted Treatment/Office Based Opioid Treatment – Medicaid Rate per session (max); \$5.00 per session (min)
- Substance Abuse Case Management – Medicaid Rate per month (max); \$5.00 per month (min)

Mr. Russell proposed the following revision to Policy 311, Section B.8. of the CSB Policies and Procedures:

- Revise to reflect periodic changes in rates and billable services, established by Medicaid and other third party payors, the Executive Director of the ACCSB has the authority to present amendments to the fee schedule adjusting rates, or adding billable services, directly to the Arlington County Board without prior ACCSB approval. Upon such change, the CSB Executive Director will notify the ACCSB.

Chair Hermann called for a motion to approve the proposal. Ms. Kelleher motioned to approve the proposal, Ms. Skelly seconded the motion.

FY17 Preliminary Local Budget Priorities

- ✓ Mr. Russell stated that the subcommittees have started the process of developing and reviewing their FY18 local budget recommendations.

Ms. Skelly reported that the Development Disabilities Committee has been discussing several recommendations.

- 2 2.2FTE case management positions
- Community based employment
- Guardianship

Ms. Friedman will speak with the County Attorney's Office about barriers to guardianship and report back to the Executive Committee.

Ms. O'Keefe reported that the Substance Abuse Committee is monitoring initiatives at the state level and will determine their recommendations once the survey assessment of substance abuse services is completed.

Report Out on ACCSB Retreat Initiatives

- ✓ Mr. Russell reported that, as a follow-up to the conversation about employment services, he met with Howard Feldstein, EID Employment Center, Jose Campos, Job Avenue Supervisor and Jeanne Booth, EID Assistant Division Chief to discuss a coordination of support in employment services. He noted that 50-55 individuals currently receiving services at the Employment Center are also receiving services in behavioral healthcare.

Mr. Bert stated that he will be meeting with Mr. Campos on November 17th.

- ✓ Ms. Skelly followed up on a previous discussion of Ms. Del Torro's presentation at the CSB retreat, in which CSB members stated that they wanted to aggregate the CSB's mission into fewer focus areas. She recommended the following:
 - Program monitoring and oversight
 - Advocacy for resources at the State and County levels
 - Serve as an advisory commission to the County Board for mental health, substance abuse, and developmental disabilities.
 - Forum for consumer and family feedback
 - Community education and outreach.

Informational Items

- ✓ Mr. Russell announced that the VACSB Legislative Conference will be held on January 17th and 18th, 2017 at the Hilton Richmond Downtown Hotel. The purpose of the conference is to provide knowledge and perspective on current budget, legislative and advocacy information relevant to community behavioral

health. Mr. Russell asked the members to email Ms. Mauller if they are interested in attending the conference.

- ✓ Chair Hermann opened a conversation about the Virginia Hospital Center Forum scheduled for November 28th from 6:00 – 8:00 at Sequoia I, 2100 Washington Boulevard, lower level auditorium. Ms. Hermann stated that she received an email from Adrian Stanton stating that VHC will not have a representative available to attend the forum. She added that his email stated that VHC is open to receiving written reports. The group agreed to go forward with the forum. County Board Member and CSB Liaison Christian Dorsey will be in attendance. The members discussed the format of the forum.

Ms. Hermann further stated that Mr. Stanton's email also says that the CSB will be invited to be a part of the formal process after that begins in early 2017 and encouraged the CSB to select representatives to become part of the community process.

In conclusion, Ms. Hermann stated that there are several action items that the CSB will need to complete:

- Write a letter to Mr. Stanton expressing the CSB's disappointment and to notify VHC that the CSB is planning to move forward with the forum.
 - Inform County Board Member, John Vihstadt, and CSB County Board Liaison, Christian Dorsey, that VHC will not be represented at the forum.
 - Meet with Mr. Dorsey.
 - Develop a plan to transmit information from the forum.
 - Plan of action for involvement with the Planning Commission.
 - Decide whether or not to have media coverage during the forum. Meet with Ms. Friedman to discuss media coverage.
- ✓ Chair Hermann announced that Secret Santa will soon begin collecting Secret Santa gift cards for the residents of the Mary Marshall Assisted Living Residence (MMALR). She stated that Target gift cards are preferred in denominations of up to \$25. Chair Hermann noted that cash and check donations are welcome. Checks should be made out to the Arlington County Treasurer. Ms. Mauller will provide the tax forms to the members.
 - ✓ Ms. Hermann reported that the Arlington County Legislative Public Hearing will be held on January 5th at 6:30 p.m. in County Board room 300, located in Courthouse Plaza, 2100 Clarendon Boulevard.

Adjournment

The Arlington County Community Services Full Board meeting was adjourned by Chair Hermann at 9:07 p.m.

Respectfully submitted by Kelly Mauller