

## ARLINGTON COUNTY COMMUNITY SERVICES BOARD

### Mental Health Committee

October 28, 2015

Approved:12/2/15

**Committee Members Present:** Judy Deane (Co-chair), Wayne Bert (Co-chair), Brian Berke , Joseph Briglia, Scott Brannon, Jarrod Nagurka, Debra Byrd, Tom Quinn, Dayna Belfiori, John Blount, Betsy Greer, Leslie Gosling

**Committee Members Absent,** Caroline Bragdon, Lee Long, Steven Gallagher, Richard Smith, Sam Howlett, Anne Hermann, Sue Lowry

**Observers:** Alice Straker

**Presenters:** Grace Guerrero, Kelly Nieman

**Staff:** Alan Orenstein

**Call to Order:** Mr. Bert called the meeting to order at 6:00 pm in Sequoia 3

**Approval of Minutes:** The Committee approved the 10/28/15 minutes with correction.

**Presentation:** Dr. Guerrero and Ms. Nieman presented an overview of the Sequential Intercepts for Change model used by the Forensic Services Jail Diversion Program, to serve seriously mentally ill adults who come into contact with the criminal justice system. There are 3 staff in the program, and in addition to jail diversion, the program provides CIT training to the County police. To date, 60 have been trained.

The key intercepts are: the point of law enforcement involvement; initial detention and court hearings; the court and jail; reentry from jail or prison; and at parole or probation as the person re-enters the community. At this point, linkages are made with needed community-based resources and behavioral health services.

Dr. Guerrero and Ms. Nieman also described the status of the MH Docket (or Court). There is a Criminal Justice Review Committee subcommittee for this project. There has so far been limited progress, primarily because of the absence of a supportive judge. Mr. Nagurka suggested selling the program by illustrating cost savings.

Mr. Quinn brought up reports of the upcoming eviction of about 60-80 homeless people who have been sleeping in the old terminal at National Airport. The eviction is because airport renovation plans. County homeless outreach staff are outreaching to them, to inform them of the eviction and help them identify their options.

#### **Mental Health Director's Report:**

Dr. Orenstein updated the Committee on a recent consultation by an expert in the development of RAISE (Recovery after Initial Schizophrenia Episode) programs, Dr. Lisa Dixon. The purpose was to assess the current young adult services provided. Dr. Orenstein noted the consultant's generally positive impressions and her recommendations, viz., the establishment of a clinical leader position and the enhancements of family support.

Dr. Orenstein also provided an update on the hiring of peers for emergency services, Clarendon House and Substance Abuse. These range from the conduct of interviews to staff selection. No peers have as yet been brought on board, but this is expected soon. He noted that Neighborhood Health (formerly ANHSI) is also in the process of hiring a peer navigator via a SAMHSA grant

Based on Committee discussion, Dr. Orenstein filled in the meeting agenda through 1/6/16, leaving 4 remaining dates. After a brief reminder of other topics of interest to the Committee, members decided to schedule a visit to the ACCESS residential crisis stabilization program 1/27/16 and to the new County shelter 2/24/15. Remaining open dates are 3/23 and 4/27 and remaining interests are: joint meetings with the SA and/or the Child Committees, and a presentation by the Intake program.

**Chair's Report:** Ms. Deane noted a 12/1/15 event related to World AIDS Day. She also provided an update on discussions about advocacy for improvements in the psychiatric services location at the VHC, including moving the wards above ground and instituting best practices.

**Adjournment:** The meeting adjourned at 8:05 pm.