

**ARLINGTON COUNTY COMMUNITY SERVICES BOARD**  
**Mental Health Committee**  
**At Mary Marshal Assisted Living Residence**  
3-23-16  
Approved 5/2/16

**Committee Members Present:** Wayne Bert (Co-chair), Judy Deane (Co-chair), Debra Byrd, Leslie Gosling, John Blount, Betsy Greer, Tom Quinn, Anne Hermann, Brian Berke, Sue Lowry, Cathy Lewis, Marguerite Tomasek

**Committee Members Absent:** Caroline Bragdon, Lee Long, Richard Smith, Sam Howlett, Jarrod Nagurka Dayna Belfiore, Scott Brannon, Joseph Briglia

**Observers:** Alice Straker

**Presenters:** Kay Halverson, Director, Mary Marshall Assisted Living Residence (MMALR)

**Staff:** Alan Orenstein

**Tour/Presentation:** Prior to the formal meeting, the Committee was provided a tour by the Executive Director, Kay Halverson. She explained that after an extended planning process, the residence was renovated and established by Volunteers of America (VOA) in a contract partnership with the County. VOA was subsequently awarded the contract to provide the residential services. The County sold the building but not the land to VOA, and VOA pays rent to the County. The Residence targets people aged 55 and over requiring assisted living and with a mental illness or intellectual disability. About 80% of the residents are diagnosed with a mental illness. The facility has 52 beds in single occupancy rooms. All referrals come from the County's behavioral health services through a referral and admission-screening process. The facility is supported by County funds, some additional grants and client payments via Medicaid or auxiliary grants. Ms. Halverson described the services during the tour, including assistance with ADLs; nursing; medication administration and health care monitoring; social services; recreational and leisure activities; nutrition services with meals and snacks; computer access; and transportation assistance. The staff relate to the County case managers, who provide or arrange ongoing behavioral health services.

**Call to Order:** Ms. Deane called the meeting to order at 4:05 pm at the MMALR.

**Approval of Minutes:** The Committee approved the 2/24/16 minutes.

**Mental Health Director's Report:**

Dr. Orenstein explained that the CSB is mandated to establish MOUs with key area agencies. The Agencies relevant to the MH Committee are the Area Agency on the Aging, the Department of Aging and Rehabilitation Services and the courts. Last year the agreements with the Aging and DARS agencies were for two years and we were not able to obtain a signed MOU with the courts. Nothing has changed this year. Therefore, he is asking only for consensus on continuation of the existing interagency agreements. After a very brief discussion, the Chair reflected the Committee's consensus to continue the existing agreements. ACTION: Dr. Orenstein will inform the Division Chief of the Committee consensus to continue existing agreements.

Dr. Orenstein noted for the record that the member orientation survey was completed and the results were available in a written summary.

Dr. Orenstein reported on a visit by the State Homeless Projects Coordinator, Kristin Yavorsky, who is overseeing the PSH grant we were recently awarded. She wanted to meet the staff involved. Generally,

the visit went quite well, allowing us to get answers to a number of detail questions about State monitoring and reporting. She noted that of the 100 housing slots awarded by the contract/grant, Tidewater was awarded 20, Arlington was awarded 30 and the remainder of Region II (through Pathways) was awarded 50.

Finally, Dr. Orenstein noted that the next meeting is on 5/2/16, and it is a joint meeting with the Child Committee. He will distribute a reminder indicating the time and place.

#### **Chair's Report:**

Jail letter: Dr. Orenstein presented Joe Bullock's report of the 3/1/16 jail meeting with representatives from the jail, DHS and the vendor. All agreed on the problem and would continue to monitor and seek a solution. There followed a discussion of the letter drafted by Ms. Greer. Mr. Bert proposed an amendment which was agreed to. It was decided that Betsy would amend and redistribute the letter for comment by the Committee. ACTION: Ms. Greer will add Mr. Bert's amendment and send the draft to Dr. Orenstein to send to the Committee members for comment.

Employment Subcommittee: Mr. Bert summarized the proposal he has been working on to be presented to the CSB Board tonight. In addition to generally assisting in finding employment opportunities, he mentioned that the Committee could involve: relations with the Chamber of Commerce, the DHS Employment Center, and Federal and Arlington County employment representatives; assistance with funds for employment-related cloths, transportation and equipment; and employer recognition. He invited interested MH Committee members to participate. There was general agreement to the proposal by Committee members. ACTION: Mr. Bert will present the Employment Subcommittee proposal to the CSB Board.

Budget: Ms. Deane summarized the CSB budget priorities. These were \$320,000 for 4 peer specialists in Emergency Services, SA, Clarendon House and Young Adult services. Peers in Emergency Services, SA and Clarendon House are now supported by one time funds. She also noted that the CSB Board was seeking continued financial support for primary care and a health navigator through excess County funds. There are plans to advocate at the County Board this week. Ms. Deane also noted she is planning to talk to Ms. Tschopp about meeting with staff to identify funding needs or do so through Dr. Orenstein. Ms. Greer noted the need to include other CSB committee recommendations in the priority setting process. Ms. Deane also mentioned the start of a "communication meeting" including CSB Committee officers and key DHS staff.

Member Orientation: Ms. Deane noted the completion of the orientation survey and distributed a summary of findings. There followed some discussion of what respondents thought about the need for an orientation, the preferred method, and the most important content. Generally, respondents indicated there was a need for an orientation process; there were a variety views about the best method (formal orientation, mentoring, written material or a "hybrid"). There were a number of content areas about which there was agreement (e.g., CSB and MH Committee responsibilities, programs and services provided, and the budget and advocacy process). Dr. Orenstein volunteered to draft a curriculum outline and several members volunteered to provide feedback (Ms. Lewis, Mr. Bert, and Ms. Hermann). It was tentatively agreed that the Committee would consider a formal orientation meeting in September. ACTION: Dr. Orenstein will draft a curriculum with feedback and suggestions from identified Committee members.

**Announcements:** None

**Adjournment:** The meeting adjourned at 6:00 pm.