

Arlington Community Services Board (CSB) – Children and Youth Committee November 2, 2015 Minutes

Committee Present: Shauna Alonge (Co-chair), Asha Patton-Smith (Co-chair), Betsy Greer, Marguerite Tomasek, Frank Haltiwanger, Janine Finnell, Joanne Del Toro

Child and Family Services Division (CFSD) Staff: Sharon Lawrence (Behavioral Health Bureau Chief)

Call to order: The meeting was called to order at 6:40pm

Minutes review/approval

The October minutes will be revised to reflect additions requested by Committee members.

Minutes approved, subject to the addition of the following:

- Suicide Prevention Flyer was reviewed and changes suggested by Committee members
- Spanish speaking staff for BIS was discussed as a possible budget priority for 2016
- High Fidelity Wrap Around Services staff was discussed as a possible budget priority for 2016

Monthly Statistics and Trends

The monthly statistics and data were reviewed by the Committee.

- The Committee members expressed concern regarding discrepancies in total census data appearing in the Division's 2016 Program Review document and the monthly statistics. There appears to be a discrepancy of 100 consumers, with the Program Review showing a yearly unduplicated census of around 325-350 consumers and the monthly statistics indicating an unduplicated census of no more than 250 consumers. Ms. Lawrence indicated that a 242 monthly average may actually be too high, in that it might include BIS consumers, making the gap even larger with the Program Review numbers. Ms. Lawrence agreed to look into the matter and report back to the Committee. She indicated that DHS is working to resolve issues regarding data collection and that she is working closely with the data team to identify the issues and ways to resolve them.
- The Committee reviewed the census numbers of CR2, showing that the number of Arlington youth served was 9 out of a total of 67. The Committee asked to be provided information on whether the 9 Arlington clients were previously CSB clients, or new clients to the CSB. The members then reviewed the zip codes of residence for the 9 Arlingtonians, finding a mix of zip codes in south and north Arlington.

Committee and DHS Outreach Efforts for October

- DHS presented on the APS Mental Health Fair where there were about 25 individuals in attendance
- DHS presented at the SEPTA meeting where there were about 20 individuals in attendance
- Mental Health First Aid (MHFA) for Parks and Recreation Staff working with youth and teens & Extended day staff (after school care)
- MHFA was scheduled for JDRC Staff (Probation Officers) but was cancelled due to low enrollment
- DHS provided information on Quarterly meetings with Dominion Hospital. Recently, the third meeting was held. The Committee inquired about discharge planning with Dominion as it relates to communication with

parents, schools and DHS. The Committee inquired if DHS is providing flyers to Dominion staff on services provided. DHS provides flyers at every meeting, information is exchanged and discussion is strong regarding increased communication. The Committee suggested that DHS develop a "script" for Dominion staff to use in communicating with parents regarding discharge planning that included APS and/or DHS involvement. The information should include information on "504" services, according to Ms. Greer and Mr. Haltwanger (short term school accommodations following hospitalizations). Dominion staff have been invited by DHS to attend Suicide Prevention training. The Committee recognized that 4 teen suicides occurred in Prince William County over a single weekend recently.

CSB October Annual Retreat

- Dr. Asha Patton-Smith provided information on the CSB Retreat and a recap of Beth Tschopp's presentation regarding redesign of services, including enhancements to integrated care. Dr. Patton-Smith also discussed the Board member's efforts at Board development and self-assessment.

Draft 2016 Committee Work Plan

- The Committee reviewed the draft 2016 Workplan. Ms. Alonge will revise the plan accordingly and send it out to the Committee members.

Standalone Case Management Services for Children and Youth

Ms. Greer asked about reinstating standalone case management services for children and youth. Ms. Greer provided some background regarding the services, indicating that some time ago the services were dropped. Ms. Lawrence indicated that she would look into the history and possibility of the Department providing the services again.

Department Self- Study

The Committee asked for a copy of the recent Self Study report.

Detention Center Discussion Topics

The Committee will be visiting the Youth Detention Center on December 7th.

The Committee asked that Ms. Lawrence transmit the following questions to Mr. Conklin in advance of the meeting:

- **Total number of youth served, number of Arlington youth served, average length of stay, number confined in isolation and length of time, number of Arlington youth with a MH or SA diagnosis, MH and SA services offered to Arlingtonians (type and amount), nature of transition plans and follow up after Arlington youth leave the Center**

New Business Suicide Flyer.

The Committee expressed concern that the flyer had not been finalized or sent out. Ms. Lawrence indicated that Kim Durand expected to send out the flyer later in the week after additional comments had been received. Ms. Del Toro

suggested that the flyers be sent to the local PTAs for distribution. Members asked if DHS knew how APS intended to distribute the flyer, and Ms. Lawrence indicated that the flyer would go to Jeff Carpenter at APS, but that specifics were not known at this time.

Old Business

Status of Implementation of Mary Thornton Associate's Consultant's 2011 Report. Ms. Lawrence indicated that she and Ms. Kelly were in the process of reviewing the report and would get back to the Committee.

Announcements

- Ms. Bonita Parker is no longer with Arlington County.

Next Meeting: December 7, 2015, 6:30 p.m., Northern Virginia Juvenile Detention Center
200 S. Whiting St. Alexandria, VA 22304