

**Arlington Community Services Board (CSB)-**

**Joint Meeting with Adult Mental Health**

**Children and Youth Committee**

**May 2, 2016- Department of Human Services, 2100 Washington Boulevard, Room D - LL**

**Child and Youth Committee Present:** Asha Patton Smith, Linda Staheli, Earl Conklin, Betsy Greer, Erica Jackson, Marguerite Tomasek, Naomi Verdugo

**Adult Committee Present:** Dayna Belfiore, Tom Quinn, Wayne Bent, Scott Brannon, Anne Hermann, Judy Deane, Cathy Lewis,

**Child and Family Services Division (CFSD) Staff:** Sharon Lawrence, Violetta Battle, Kacey Sistare

**Adult Mental Health (BHD) Staff:** Alan Orenstein, Sandy Clark, Jessica Sleep

**Called to Order:** The meeting was called to order (time not documented). Meeting scheduled for 6:00pm

**Minutes review/approval:** Minutes from March and April will be reviewed during the June individual meeting.

**Overview of Children's Behavioral Health and the Youth Transition Case Management Role/Services:**

- Kacey Sistare, a Therapist and Case Manager with Children's Behavioral Health is responsible for helping to transitioning youth ages 17 to 17 ½ to Adult Mental Health. Kacey reports to Violetta Battle.
- She partners with Jessica Sleep, the Youth Transition Coordinator with Adult Mental Health to ensure the transition is successful for youth who agree to go this route.
- Kacey works closely with the schools in providing consultation when there is consent for her to speak with youth at the school. It was questioned how much emphasis is placed spending time with families to do this work. Kacey explained that because it is called Child and Family Services Division, we recognize that it is the family unit that can benefit from services not just the individual child.
- The major referral sources are the Court, schools, pediatricians, and parents. It was explained that although anyone can contact DHS for information, only a parent/guardians can request services. In viewing the transition from Children's Behavioral Health, Kacey reported that some youth either decline services with Adult Mental Health, attend college, choose a private provider or are discharged successfully not needing any further treatment.
- Q: Do children with an IEP (Interlude) have their own services? Youth with an IEP do not necessarily have a mental illness and vice versa. Marguerite Tomasek expressed concern about those who have an IEP and do not have an appropriate transition plan.
- Earl Conklin provided an overview of the criminal justice process regarding jurisdiction, consents, and the interstate compact.
- Question regarding service ranking compared to other states: There are no stats/rankings that we have at this time, however, Kacey reports that Arlington is up to par with treatment and service provision. Earl Conklin stated that Arlington is way ahead of others.

**Overview of Adult Mental Health/Youth Transition Services:**

- Adult Mental Health currently has a FT clinician, FT Skills Builder, and a FT Coordinator. Jessica Sleep is the FT Coordinator and she reports to Sandy Clark.
- A description of the EDGE Program was provided. EDGE is for young adults not employed, helps with ADLs, socialization, and budgeting. Workshops are providing throughout the month.
- Jessica reported on a presentation by Lisa Dickson held last year on the RAISE program. There were two recommendations: to develop a Peer support position and The Coordinator Position. The peer position will be filled after January 2017.
- Jessica prior to her promotion, worked closely with Kacey on helping youth transition to Adult Services. The collaboration plan is underway to increase the services for youth, young adults and families.
- Adult services plan to go into the home when needed to increase/improve access to services.

- The plan of action is expand services to youth ages 16-17. Entry age for Adult services will remain 18 years. There will be workshops and supports in place where the youth can participate while still receiving services from Children's Behavioral Health.
- There will be new promotional material (brochure) and plans to reach out to Kaiser Permanente, Children's Hospital, and other providers/partnerships. Earl Conklin invited Jessica Sleep to speak to juvenile probation officers.
- Development of the First STEP (Specialized Treatment and Engagement Program) which is taking the place of Adult Mental Health Youth Transition Services.
- There are plans next year to begin same day access.
- There is no waitlist currently for services, however the case loads are higher.
- Reasons for "dropping out" of services: Jurisdictional changes and jail. If it 4 months or less, the case remains open.
- There is a plan to have former clients return as mentors. Q: To be an EDGE client, is an intake necessary? Yes, you have to be a client in order to participate in the EDGE program. The client will be assigned to any one of the three teams.
- Implementation of REORDER Model (Recovery Oriented Decisions for Relative's Support) in the first 30 days of treatment to enhance family engagement and clarify treatment goals.

**More Information on the Joint Collaboration:**

- Kacey and Jessica will conduct orientation for youth and families transition to Adult Services (twice a quarter) and will continue to facilitate individual transition meetings with youth and families as needed.

**Next Meeting:** Monday, June 6, 2016, Department of Human Services, 2100 Washington Blvd, Lower Level, Room A