

Arlington County Community Services Board
Executive Committee Meeting
Sequoia Plaza 3
2120 Washington Blvd.
Room 115

December 7, 2015
DRAFT

Present: James Mack, Carol Skelly, Asha Patton-Smith, Wayne Bert, Judy Deane

Excused: Shauna Alonge, Barbara Jones

Staff: Beth Tschopp, Kelly Mauller, Leslie Weisman

The December 7, 2015 Arlington County Community Services Board (ACCSB) Executive Committee meeting was convened by the ACCSB Executive Committee Chair James Mack at 6:00 p.m. The meeting was held at the Sequoia III Building, 2120 Washington Boulevard, Room 115, Arlington, Virginia 22204.

Discussion: expansion of VHC Inpatient Program to Include Children and Adolescents

Chair Mack introduced Dr. John Palmieri, Psychiatric Services Medical Director. Dr. Palmieri stated that statistical data would need to be collected to demonstrate the necessity of establishing a separate ward for children with Mental Health issues and Developmental Disabilities at Virginia Hospital Center (VHC). Dr. Palmieri discussed several methods to obtain the data.

Ms. Patton-Smith stated that Dominion Hospital recently received permission to add 16 additional flex beds for a total of 116. She added that 100 of the 116 beds at Dominion Hospital are for adults, children and adolescents and individuals with an eating disorder.

The members concluded that there is not enough local data available to demonstrate the necessity of establishing a separate ward for children with Mental Health issues and Developmental Disabilities at VHC.

Dr. Palmieri asked the members if there is any specific data that they would like him to research. Dr. Palmieri stated that he will research statistical data on occupancy rates at Dominion Hospital and VHC and any national statistics that may be available on the need and use of child and adolescent psychiatric beds.

Approval of the DRAFT November 9, 2015 Executive Committee Minutes

Chair Mack called for a motion to approve the November 9, 2015 ACCSB Executive Committee meeting minutes. Mr. Bert motioned to approve the minutes, Ms. Patton-Smith seconded the motion, and the minutes were approved with no corrections.

Discussion: Process for Developing Recommendations to the County Board for Appointments to the CSB

Chair Mack provided an overview of the current process for members of the community to apply to the County Board to become a CSB Full Board member.

- Interested persons should contact the County Board Office at 703-228-3130 or apply on-line at <http://www.arlingtonva.us/>
- The County Board reviews the candidate's application and then forwards the applicants name and information to the CSB Chair
- The CSB Chair and the CSB Executive Director meet with the potential candidate
- The CSB Chair and the CSB Executive Director contact the County Board Office with their recommendation of approval or disapproval of the potential candidate

Chair Mack opened a discussion about developing a more formal recommendation and recruiting process to become a member of the CSB. He noted that the CSB cannot appoint members on their own authority. The CSB can only recommend candidates to the County Board. The members made the following suggestions:

- Bring the candidate before the entire Executive Committee for an interview
- Develop a more strategic process for recruiting new members
- Present expectations to potential members
- Create and schedule quarterly Ad hoc meetings (Recruitment Development Committee) to discuss potential candidates prior to current member term expiration dates
- Explain the commitment involved in being a member

The members discussed gaps in expertise on the board. Mr. Mack stated that board development will be an agenda item for discussion at the December 16th CSB Full Board meeting.

Discussion: Mental Health Docket Coordinator Position

Chair Mack opened a discussion about Matt Foley's request for the CSB's support and assistance to advocate for funding for a Mental Health Docket Coordinator Position. He noted that Mr. Foley stated that a Coordinator position is needed to manage case-loads, and that statistical data needs to be collected to determine the number of individuals that would be served. He added that Arlington County submitted a grant proposal to the Department of Behavioral Health and Developmental Services (DBHDS) for funding to implement a Mental Health Docket Program but that the proposal was denied. Grant funding would be utilized to assist an individual to obtain housing and other necessary services.

The members discussed which Arlington County program should be responsible for submitting a proposal for a Mental Health Docket Coordinator position to the County Board. The CSB would endorse the proposal.

CSB FY17 Draft Local Budget Priorities

Ms. Tschopp provided an overview of the draft CSB FY17 Proposed Local Budget Recommendations to the County Board.

The CSB draft recommendations for the FY17 Arlington County Budget are as follows:

- Primary/Behavioral Healthcare Initiative with Neighborhood Health - Fund contracted service for Physicians and Nurse Practitioners to continue seeing clients in Arlington County facilities. The cost for service would be approximately \$100,000 per year.

In 2011 Arlington received a \$1.6 million dollar grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) to pilot a primary/behavioral healthcare partnership with Alexandria's Neighborhood Health Clinic. The overall goal of the demonstration grants were to introduce primary care into the provision of behavioral healthcare in order to reduce mortality and contain costs. The pilot has been successful in connecting Arlington County residents with appropriate primary care; for some the only primary care they receive. The Mental Health Centers of Excellence Act, passed by Congress in 2014, requires that all providers of behavioral healthcare that wish to receive federal funds provide or contract primary healthcare services by 2017. Collaborating with Neighborhood Health, Arlington County CSB has been able to improve efficiencies and health outcomes for over 300 citizens. SAMHSA's four year grant period ends in September 2016 but there are sustainability issues.

- Behavioral Healthcare Division - Fund 2 FTE IDDT Care Managers to assist in the transition of Seriously Mentally Ill individuals into integrated care: Primary/Behavioral, Economic Independence and Dual-Diagnosis Treatment (Serious Mental Illness and Substance Abuse). The cost is to be determined.

Arlington County CSB currently serves approximately 1,600 unique clients at any given time. Recent evidence based assessments reveal nearly 1,260 of these consumers can be dually diagnosed with both a Substance Use/Dependence Disorder as well as a Serious Mental Illness. Under current practice structure, the Behavioral Healthcare Division of the CSB is serving only 650 of these consumers as dually diagnosed in Arlington County.

These consumers are very high utilizers of all social and community services and are at increased risk for self-harm and victimization. Virtually all of these consumers have multiple physical and behavioral health conditions, disabilities and co-morbid medical conditions. Research shows that 5% of consumers utilize nearly 95% of healthcare dollars. Each additional chronic condition is associated with an increase of \$8,400 per year.

Brief Updates/Information

Anne Hermann reported out about the Mary Marshall Assisted Living Residence (MMALR).

- ✓ The MMALR Advisory Council Committee contributed to the Secret Santa gift cards for the residents.
- ✓ The Advisory Council Committee sponsored a tour for the two newly elected County Board members; Katie Cristol and Christian Dorsey. Mr. Nagurka and Mr. Mack attended the tour on behalf of the CSB.

Ms. Cristol and Mr. Dorsey asked why the residents do not utilize the local free clinic for services and what percentage of the funding for services is provided with local funds.

Upcoming Items for CSB Full Board Meeting on December 16, 2015

- ✓ Leah Davidson, Arlington County Public School Health, will present about the Infant Education (PIE) Program.
- ✓ Aubrey Graham, Mental Health Therapist, Mental Health Jail Services, was nominated to receive the November 16, 2015 staff recognition award.
- ✓ A Monthly Financial Report will be provided if necessary.
- ✓ A Group Home Report will be provided if necessary.
- ✓ An Extraordinary Barriers List (EBL) Report will be provided if necessary.
- ✓ Chair Mack will ask the members if they would like an update from any of the CSB Ad Hoc Initiative Committees.

The Arlington County Community Services Board Executive Committee meeting was adjourned by Chair Mack at 8:15 p.m.

Respectfully submitted by Kelly Mauller.