



The Arlington Community Services Board

1725 N. George Mason Drive
Arlington, VA 22205
(703) 228-4871 FAX: (703) 228-5234



James Mack
ACCSB Chair

Beth E. Tschopp
Executive Director

September 23, 2015
Sequoia Plaza III Building
2120 Washington Blvd., Room 112
Arlington, Virginia
7:00 pm - Full Board Meeting

Present: Barbara Jones, James Mack, Jarrod Nagurka, Leslie Gosling, Brian Berke, Shauna Alonge, Keith Whyte, Erica Jackson, Wayne Bert, Joanne Del Torro, David Gardner, Carol Skelly, Judy Deane, Linda Kelleher, Jay Ternent

Excused: Asha Patton-Smith, Lee Long, Atima Omara

Staff: Beth Tschopp, Kelly Mauller, Sharon Lawrence, Joanna Barnes, Rudbel Alfaro, John Palmieri

Public Comment(s)

There were no public comments.

Intellectual Disability Group Homes Update

Joanna Wise-Barnes, Developmental Disability Services (DDS) Bureau Chief provided an update about the two new group homes for individuals with an Intellectual Disability (ID) that are being developed in Arlington. Ms. Barnes stated that the service providers for the group homes are Good Neighborhood Homes and Community Residences. She noted that the Community Residences group home is located on Lincoln Street and the Good Neighborhood Homes group home will be located on 22nd Street South. Ms. Barnes stated that the group homes are slated to open by November 30, 2015. Ms. Barnes concluded the group home update, noting that additional funding will be provided by the State.

Chair Mack thanked Ms. Barnes for the ID Group Home update.

Approval of the July 22, 2015 ACCSB Meeting Minutes

Chair Mack called for a motion to approve the July 22, 2015 ACCSB Full Board meeting minutes. Ms. Jones motioned to approve the minutes, Mr. Whyte seconded the motion, and the minutes were approved with one correction.

Staff Recognition

Miguel Carpio-Castanon, Human Services Specialist, Behavioral Healthcare Division, Client Services Entry, Treatment on Wheels (TOW) Program was nominated to receive the September 23rd staff recognition award. Mr. Carpio-Castanon was nominated by America Caro, Substance Abuse Services, TOW Supervisor. Ms. Caro commended Mr. Carpio-Castanon for his work with homeless individuals in the community and stated that he often conducts random tours of the airport to engage the homeless into services. She noted that on

one occasion Mr. Carpio-Castanon spent an entire day assisting one individual to ensure that the person would have a positive level of comfort when introduced to services.

Preliminary FY16 Fee Schedule Recommendations

Chair Mack introduced Rudbel Alfaro, Behavioral Healthcare Division Administrative Officer. Mr. Alfaro stated that the CSB is required by County policy to review the client fee schedule annually. He noted that the CSB full board agreed to a recommendation to the County Board in FY13 to increase the minimum client fee from \$4.00 to \$5.00 for FY14. He further noted that in FY14 the full board agreed that the minimum fee should remain flat. Mr. Alfaro provided the factors that are utilized in determining whether the fee should change.

- Average client income
- Size of the household
- Number of individuals in the household that are receiving services
- Ability of clients to pay
- Average bill for services
- Collections
- Minimum fee of other CSBs and service providers in northern Virginia

Mr. Alfaro opened the floor for suggestions of additional factors to include in determining whether the fee should increase or remain the same. He noted that a minimum fee of \$5.00 is mandated by the Department of Behavioral Health and Developmental Services (DBHDS).

Ms. Alonge asked what fees other the local jurisdictions are charging. Mr. Alfaro responded that other local jurisdictions are charging fees ranging on average from \$5.00 - \$15.00.

Mr. Gardner asked how much the fee would increase if it were to be raised. Mr. Alfaro responded that if an increase in the fee were to be considered, it could potentially be increased by one or two dollars.

Ms. Deane asked what percentage of clients pay a fee and what percentage of clients receive waivers. Mr. Alfaro responded that he will research the percentages and get back to the members with the number.

Mr. Whyte asked if there is any indication, at this time, that the state will raise the minimum fee. Mr. Alfaro responded that there is no indication, at this time, that the state will raise the minimum fee.

Ms. Deane asked if health insurance fees cover the fees for individuals who are unable to pay due to financial hardship. Ms. Tschopp responded yes.

Introduction of New BHD Medical Director

Chair Mack introduced Dr. John Palmieri, Medical Director of Psychiatric Services. Dr. Palmieri provided an overview of his credentials noting that he was a social worker prior to attending medical school. Dr. Palmieri provided an overview of the current initiatives within the Psychiatric Services Bureau (*Refer to Handout*):

The initiatives are as follows:

- Primary Care Integration – The clinic is funded by a Substance Abuse and Mental Health Services Administration (SAMHSA) grant through September of 2016. BHD currently has two Primary Care Physicians on site two days per week.

- Zero Suicide - The Zero Suicide initiative is supported through the Suicide Prevention Resource Center. The initiative utilizes a systematic approach to suicide prevention, addressing leadership, community engagement, identification, treatment, staff training and organizational infrastructure.
- Nursing and Wellness Interventions - The proposed process for this initiative includes assessment coordination, health monitoring, individualized interventions, credentialing and billing for nursing services and implementing the In-SHAPE program.
- Team Coordination and Care Planning - This initiative will standardize the process for interdisciplinary review of cases at point of entry and team care planning.
- Practice Guidelines, Performance Monitoring - There is currently a high degree of variability in physician practice. The Practice Guidelines and Performance Monitoring will add an incentive component to contract physician compensation to link compensation to specific benchmarks. The initiative will ensure adherence to federal and state quality metrics.
- Fiscal Responsibility/Accountability - This initiative will be accomplished by measuring and documenting service capture and maximize revenue through billed services and complexity justification.
- Enhancing Engagement and Access to Care - This initiative will assist in developing more flexible models of care (walk-in clinic pilot, community outreach, etc.) and expand the potential for telepsychiatry.
- Identification and Management of Co-occurring Substance Use Disorder (SUD) - This initiative will provide consistent assessment among nursing and prescribers of substance use and will utilize the use of prescription monitoring programs and drug screens as needed to identify high risk individuals.

Ms. Deane asked if the pilot walk in clinic is for both clients and non-clients. Dr. Palmieri responded that the pilot walk-in clinic is not for new clients but for existing clients that are already involved in care but have had challenges staying within their service model.

Ms. Deane asked if the Zero Suicide initiative is targeted mainly at clients or the community as a whole. Dr. Palmieri responded that the Zero Suicide initiative is targeted at the entire community.

Mr. Mack asked how the Zero Suicide initiative relates to the public schools in Arlington. Dr. Palmieri responded that the Child and Family Services Division (CFSD) is currently engaged in several suicide prevention activities with the public schools that relate to the Zero Suicide initiative.

Chair Mack thanked Dr. Palmieri for speaking with the members.

Discussion: CSB Annual Retreat

Chair Mack announced that the CSB Annual Retreat will be held Saturday October 17, 2015 at the Sequoia III Building from 9:00 a.m. to 2:00 p.m. on the 1st Floor in room 115.

The members agreed to the following topics of discussion for this year's retreat.

- CSB Board Development and Self-Assessment
- Service Redesign

The members discussed who they would like to invite as the lunchtime speaker. Ms. Deane stated that she contacted Doris Fuller, Chief of Research and Public Affairs with the Treatment Advocacy Center to speak about a different perspective of the Health Insurance Portability and Accountability Act (HIPPA). Ms. Fuller recommended that Frankie Berger, Director of Advocacy with the Treatment Advocacy Center, speak at the retreat.

Discussion: CSB Self-Assessment

Chair Mack opened a discussion about Non-Profit Board Self-Assessment. Mr. Mack turned the floor over to Ms. Tschopp.

Ms. Tschopp provided an overview about Non-Profit Board Self-Assessment. A board self-assessment provides an opportunity for the board to look at itself and ask "How are we doing?" The Non-Profit Board Self-Assessment Tool is designed to help non-profit organizations assess their board's performance and identify priorities for board activities going forward. The output of the assessment is intended to focus discussion among board members around the governance activities that will result in the greatest benefit for the organization. The members discussed how they can best utilize the assessment tool to enhance their advocacy. Ms. Tschopp asked the members to provide feedback about the assessment tool and will provide a revised copy of the assessment for the members to review. The members should complete the revised assessment tool prior to the retreat.

CSB Annual Legislative Delegation Forum

Chair Mack announced that the Legislative Delegation Forum will be held for one hour prior to the November 18, 2015 CSB Full Board meeting from 6:00 to 7:00 at the Sequoia Plaza III Building located at 2120 Washington Boulevard in the room 112. It was noted that Delegate Krupicka has retired from the General Assembly. Mr. Mark Levine was elected to fill Mr. Krupicka's seat during the Democratic Primary Election held on June 9th.

Ms. Mauller will invite the Arlington County Legislators to the Forum.

ACCSB Executive Director's Report

- Ms. Tschopp asked the members if they would like to continue to receive the Mary Marshall Assisted Living Residence Statistical Report. The members discussed the statistical report and whether a regularly scheduled verbal report should be provided. Chair Mack called for a motion to approve discontinuing the statistical monthly report to be replaced by a verbal report that will be provided a minimum of two times a year or as needed from a member of the MMALR Advisory Committee. Mr. White motioned to approve the decision and Mr. Gardner seconded the motion.
- Ms. Tschopp announced that Deborah Ferguson will resign her position as Commissioner for the Virginia Department of Behavioral Health and Developmental Services (DBHDS) as of October 20, 2015.

ACCSB Chair's Report

- Chair Mack reported that he attended a Public Forum on the Arlington County Affordable Housing Master Plan on September 19th in the County Board Office. Mr. Mack stated that the County Board passed the Affordable Housing Master Plan by a vote of 5 to 0.
- Mr. Mack stated that he and Ms. Deane met with Mary Hynes, CSB Liaison to the County Board, on September 22nd to discuss the proposed action plan for VHC to purchase the 1800 N. Edison Street complex. Ms. Deane reported that Ms. Hynes suggested that the CSB members become a part of the Planning Commission's Committee on the project. She noted that there will be a citizen's committee and a

staff committee. It was recommended that Ms. Tschopp or a designated staff member be a part of the staff committee. Ms. Deane stated that she and several other of the CSB members will be meeting with Senator Favola on September 28th to discuss VHC's letter of intent to purchase the Edison Complex. Senator Favola is one of Arlington County's legislators and an advocate for mental health programs and lobbyists for VHC.

Ms. Deane suggested to the members of the CSB Executive Committee at the September 14th meeting that the CSB develop an action plan to present to the County Board in an attempt to have language established for inclusion in the County's Letter of Intent to VHC regarding the possibility of moving the hospital's psychiatric ward to an above ground space. Mr. Mack had previously spoken with and written a letter to Ms. Hynes regarding the issue.

- Chair Mack announced that a National Recovery Month event will be held on September 30th from 6:30 p.m. to 8:00 p.m. at Bus Boys and Poets located at 4251 Campbell Avenue in Arlington. The event is being sponsored by Arlington County's Behavioral Healthcare Division and Arlington County's Peer Recovery Center, Arlington Peers Helping Peers in Recovery.

Report Out on ACCSB Retreat Initiatives

- Ms. Deane reported out about the Young Adult Committee meeting. She stated that several meetings have been held with the parents of young adults as well as with a national expert on the First Episode Psychosis Program. She noted that the next Young Adult Committee will be held, at a date to be determined, in November.
- Mr. Bert reported out about the Mental Health Criminal Justice Review Committee (MHCJRC) meeting. He stated that the committee is composed of BHD staff in the jail and other judicial entities in Arlington County. He noted that the committee is chaired by Leslie Weisman, Client Services Entry Bureau Chief, and is held the 3rd Wednesday of each month from 1:00 – 2:30.
 - Nearly 100% of the Deputy Sheriff's will receive Crisis Intervention Team (CIT) Training.
 - The number of psychiatric bed refusals from VHC for individuals under an Emergency Custody Order (ECO) has increased. Julie Coldren, CIT Coordinator, is addressing the matter.
 - Ms. Weisman and Captain Berke traveled to New York City to speak about Arlington's CIT Program to a non-profit organization that delivers a lot of the same services that Arlington County's CSB delivers,
 - BHD Staff are holding a Reentry Into the Community Workshop at a location to be determined
 - Arlington Street People's Assistance Network (ASPAN) is moving to a new building and holding a Grand Opening on October 1, 2015. ASPAN is a nonprofit group which seeks to meet the needs of local homeless people.

Adjournment

The Arlington County Community Services Full Board meeting was adjourned by Chair Mack at 9:20 p.m.

Respectfully submitted by Kelly Mauller