



## The Arlington Community Services Board

1725 N. George Mason Drive  
Arlington, VA 22205  
(703) 228-4871 FAX: (703) 228-5234



**James Mack**  
ACCSB Chair

**Beth E. Tschopp**  
Executive Director

October 21, 2015  
Sequoia Plaza III Building  
2120 Washington Blvd., Room 112  
Arlington, Virginia  
7:00 pm - Full Board Meeting

**Present:** James Mack, Jarrod Nagurka, Shauna Alonge, Erica Jackson, Joanne Del Torro, David Gardner, Carol Skelly, Judy Deane, Linda Kelleher, Jay Ternent, Asha Patton-Smith, Atima Omara

**Excused:** Wayne Bert, Brian Berke, Barbara Jones, Leslie Gosling, Keith Whyte

**Staff:** Beth Tschopp, Kelly Mauller

### **Public Comment(s)**

Betsy Greer and Naomi Verdugo, Children and Youth Committee members, presented concerns surrounding Mental Health and Substance Abuse services for children and adolescents.

- Better coordination between the Department of Human Services (DHS) and Arlington County Public Schools
- Reassessment of the Child and Family Division as a result of the consultation with Mary Thornton Associates
- Include improved services for children and adolescents in the Virginia Hospital Center (VHC) negotiations to purchase the Edison Complex
- Consider selecting a new Child and Family Services Division Bureau Chief and a new DHS Deputy Director with a background in children's Mental Health and Substance Abuse services
- Serve more children even if they do not meet the threshold of Serious Mental Illness (SMI) and expand the scope of "at risk" for SMI to serve additional consumers
- Improved focus on service gaps and improvements
- Expand outreach so that more referrals are made to DHS and Child and Youth, as there appears to be a decrease in census that cannot readily be explained

### **Approval of the September 23, 2015 ACCSB Meeting Minutes**

Chair Mack called for a motion to approve the September 23, 2015 ACCSB Full Board meeting minutes. Ms. Jackson motioned to approve the minutes, Ms. Skelly seconded the motion, and the minutes were approved with several corrections.

### **Staff Recognition**

Abid Husain, Mental Health Therapist, Program of Assertive Community Treatment (PACT) was nominated to receive the October 21<sup>st</sup> staff recognition award. PACT services promote independent living in the community for persons with the most severe and persistent mental illness. A multidisciplinary team provides services 24 hours per day, 7 days per week. All services are geared toward increasing tenure in the community, stabilizing psychiatric symptoms and improving the quality of life for identified high need, high-

risk consumers. Mr. Husain was nominated by Sonia Shuhart, PACT Team, Mental Health Therapist. Mark Doering, PACT Team Assistant Supervisor, spoke about Mr. Husain on behalf of Ms. Shuhart. Mr. Doering commended Mr. Husain for his dedication to the residents of Arlington County. Mr. Husain stated that he is happy to be a member of the PACT Team and that he enjoys working with the entire team and the residents in the community.

### **Briefing: Virginia Hospital Center (VHC)**

Chair Mack opened a discussion about the proposed action plan for VHC to purchase the 1800 N. Edison Street complex. As a result of discussions amongst the CSB members, the following improvements were proposed (*Refer to Handout*):

1. Move the mental health ward from its current underground location to an above ground facility and incorporate best practices in its physical plant.
2. Cut down on current bed shortages by expanding the unit to the 40 beds permitted by license.
3. Provide a separate suite of rooms attached to the Emergency Room, sufficient to serve patients of all ages who manifest primarily psychiatric symptoms. Here, these patients should be assessed, treated, provided respite, and, where possible, diverted from hospitalization.
4. Ensure that community needs for mental health treatment are taken into account throughout the planning and execution of the expansion by:
  - a. Appointing a CSB member to the commission that reviews the site planning documents
  - b. Ensuring that a CSB staff member participates in the staff planning process
  - c. Providing family input by bringing CSB and/or NAMI members involved into the VHC planning process for the new psychiatric ward and emergency facility

The members discussed the proposed improvements. The members agreed that they should draft a letter to the County Board and then meet with the County Board members to discuss the proposed improvements.

Mr. Gardner asked who has decisive control over the VHC decision. The members responded that the County Board has decisive control.

### **Debriefing: CSB Annual Retreat**

Chair Mack provided a brief overview of the CSB Annual Retreat that was held Saturday October 17, 2015 at the Sequoia III Building from 9:00 a.m. to 2:00 p.m. on the 1<sup>st</sup> Floor in room 115. He stated that the members discussed CSB Board Development and Self-Assessment and Service Redesign. The lunchtime speaker was Frankie Berger of Treatment Advocacy Center who presented a different interpretation of the Health Insurance Portability and Accountability Act (HIPAA). The members discussed the retreat.

### **Action Item: Approval of the CSB FY15 Annual Report**

Chair Mack brought the draft CSB FY15 Annual Report before the members for final review and approval (*Refer to Handout*). The members reviewed and approved the report.

### **Action Item: Approval of the CSB Calendar Year CSB Executive Committee and Full Board Meeting Schedule**

Chair Mack brought the proposed CSB 2016 meeting calendar before the members for review and approval (*Refer to Handout*). The members reviewed and approved the 2016 meeting schedule.

### **CSB Annual Legislative Delegation Forum, November 18, 2015**

Chair Mack announced that the Legislative Delegation Forum will be held for one hour prior to the November 18, 2015 CSB Full Board meeting from 6:00 to 7:00 at the Sequoia Plaza III Building located at 2120 Washington Boulevard in the room 112. Mr. Mack explained to the newer CSB members that the purpose of meeting with Arlington's Legislators is to present about the service and budgetary needs to serve our clients.

He stated that the CSB members will speak in line with the Health Planning Region (HPR) II's budget priorities.

- Medicaid waiver redesign initiative, services for non-Medicaid waiver eligible individuals and funding for new Medicaid waivers – Ms. Skelly will present
- Reintegration services for high-risk youth and adults – Ms. Patton-Smith and Ms. Del Torro will present
- Enhanced crisis response through workforce development – Mr. Nagurka and Mr. Bert will present
- Expanded medical detoxification and access to medication assisted treatment – Ms. Alonge will present
- Peer recovery support services – Ms. Jackson will present

### **ACCSB Executive Director's Report**

Due to time constraints, the Executive Director's report was not presented.

### **ACCSB Chair's Report**

Due to time constraints, the Chair's report was not presented.

### **Report Out on ACCSB Retreat Initiatives**

- Anne Hermann reported out about the Mary Marshall Assisted Living Residence (MMALR)
  - The members agreed to distribute holiday gift cards to the residents as in years past. Ms. Hermann will attend the November 18<sup>th</sup> CSB full board meeting to discuss the process.
  - Two speakers from the DHS Dental Clinic presented about services for residents at the Advisory Council Committee meeting in September. The DHS Dental Clinic only provides basic dental services.
  - Fenwick Foundation is continuing its dental pilot and has been providing basic services to the residents
  - Other dental resources include the Howard School of Dentistry and the Springfield Hygienist Clinic, both of which offer reduced service fees
- Ms. Hermann announced that Arlington County will be holding a Legislative Forum on Aging on November 6<sup>th</sup> from 9:45 a.m. to 11:30 a.m. at the Fairlington Community Center located at 3304 S. Stafford Street in Arlington. She noted that several representatives from the Senate and House will be in attendance. To RSVP call 703-228-1700 or email [arlaaa@arlingtonva.us](mailto:arlaaa@arlingtonva.us).
- Ms. Deane reported out about the Young Adult Committee meeting. She stated that a presentation about the RAISE Early Treatment Program and how the program can be implemented in Arlington has been scheduled for the Committee's October 22<sup>nd</sup> meeting. The meeting will be held at 2120 Washington Boulevard in room 113 from 3:00 p.m. to 4:00 p.m.
- Mr. Gardner reported out about the Community Development Citizen's Advisory Committee (CDCAC). He stated that each year in October CDCAC reviews and hears from approximately 25 applicants that compete for a pool of approximately 1.3 million dollars (*Refer to Handout*). He noted that each grant awarded is generally between \$10,000 - \$75,000 and is for use in the next year. Mr. Gardner asked the members to contact him if they have any strong feelings, with respect to any of the programs on the list.

### **Adjournment**

The Arlington County Community Services Full Board meeting was adjourned by Chair Mack at 9:15 p.m.

Respectfully submitted by Kelly Mauller