



The Arlington Community Services Board
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James Mack
ACCSB Chair

Beth Tschopp
Executive Director

July 22, 2015
DHS Stambaugh Building Auditorium
2100 Washington Blvd.
Arlington, Virginia
7:00 pm - Full Board Meeting

Present: Barbara Jones, James Mack, Asha Patton-Smith, Jarrod Nagurka, Leslie Gosling, Atima Omara, Brian Berke, Shauna Alonge, Keith Whyte, Erica Jackson, Wayne Bert, Joanne Del Torro, David Gardner, Carol Skelly

Excused: Lee Long, Judy Deane, Linda Kelleher, Jay Ternent

Staff: Beth Tschopp, Kelly Mauller, Heather Stowe, Sharon Lawrence

Public Comment(s)

There were no public comments

Chair Mack welcomed new CSB members Atima Omara and Leslie Gosling. Ms. Omara and Ms. Gosling were appointed to the CSB Full Board by the County Board on June 16, 2015. Mr. Mack announced that Deputy Sheriff Captain, Jay Ternent was also appointed to the CSB Full Board by the County Board on June 16, 2015. Captain Ternent was unable to attend tonight's meeting.

Approval of the June 17, 2015 ACCSB Meeting Minutes

Chair Mack called for a motion to approve the June 17, 2015 ACCSB Full Board meeting minutes. Ms. Jones motioned to approve the minutes, Mr. Bert seconded the motion, and the minutes were approved with two corrections.

Staff Recognition

Farah Shakour, Management Analyst, was nominated to receive the July 22, 2015 staff recognition award. Ms. Shakour was nominated by the CSB full board members. Ms. Shakour also acts as staff liaison to the CSB. Mr. Mack spoke about Ms. Shakour's dedicated and exemplary service to the CSB. Several other members spoke highly of Ms. Shakour. Ms. Mauller, CSB staff liaison and Behavioral Healthcare Division Administrative Assistant, stated that Ms. Shakour inspires those around her to be successful. Ms. Shakour was Ms. Mauller's direct supervisor over the past three years. Ms. Shakour thanked the CSB for recognizing her work and stated that the CSB has inspired her work.

Presentation: Child and Family Services Division

Heather Stowe, Child and Family Services, Division (CFSD) Chief presented an overview of the CFSD Bureau. Ms. Stowe introduced Sharon Lawrence. Ms. Lawrence recently accepted the position of Child and Family Services Bureau Chief.

Ms. Stowe stated that the vision of CFSD is to have a community of healthy, safe and economically secure children, adults and families and that the CFSD mission is to partner with children and families to build strengths, develop potential and become self-sufficient.

Ms. Stowe stated that the only criteria for admission to services is that the individual must be a resident of Arlington County. She noted that CFSD services are especially designed for youth with Serious Emotional Disturbances (SED). Individuals with SED have mental health problems that severely disrupt daily life and functioning at home, school or in the community; including alcohol or other drug abuse. Ms. Stowe continued, stating that CFSD services are also targeted for children who are at risk of developing serious problems because they have experienced trauma or have been affected by the substance use or other impairment of a parent or family member.

Ms. Stowe provided an overview of the services provided by CFSD. These services include:

- Virginia Independent Clinical Assessment Programs (VICAP) - VICAP is an independent clinical assessment that is completed by an assessor through the local Community Services Boards and the Behavioral Health Authority (BHA).
- Coordination of psychiatric hospital admissions and discharges
- Providing clinically appropriate, least restrictive services
- Providing clinical consultation to other units/departments
- Linking older youth to adult services
- Community outreach
- Court Diversion
- Contracted home-based and family support services including:
 - Assessment
 - Consultation, information and referrals
 - Behavioral Intervention Services (BIS)
 - Psychological evaluation
 - Case management
 - Case management for transition to young adulthood
 - Psychiatry
 - Substance use prevention and mental health promotion
 - Therapy/counseling

Ms. Stowe stated that the first step in the process to receive services is to call the CFSD intake line at 703-228-5160 to schedule an appointment. She noted that anyone can call for information but that a parent or guardian must call to schedule an intake. Ms. Stowe stated that once an intake appointment has been scheduled individuals meet with a Customer Account and Intake Specialist. The individual is then assigned a Clinician and an assessment is provided regarding the criteria for a serious emotional disorder.

Ms. Stowe provided an overview of the achievements of CFSD. The achievements are as follows:

- Maintained consistency from year to year in the rate of youth remaining in their homes and community without requiring out of home placement (hospitalization, residential care, etc.) despite the intensive level of needs
- Increased revenue through Medicaid billing expansion and Central Service Association (CSA) billing
- Received a Department of Behavioral Health and Developmental Disabilities (DBHDD) grant for Children's Crisis Regional Response for Health Planning Region II (HPR II) with Arlington as the lead agency (crisis stabilization services)
- Increased collaboration with Arlington Partnership and Ready Coalition to address shared community based goals

- Received third year grant funding for the Strengthening Families Program, an evidence based prevention program
- Partnered with HPR II in the Regional Suicide Prevention grant

Ms. Stowe announced several upcoming CFSD programs. The programs are as follows:

- Arlington Partnership for Children, Youth and Families (APCYF) – The mission of APCYF is to improve the health, wellbeing, and safety of children, youth and families in Arlington through researching young people’s needs, advocating for improved policies and programs to meet those needs and engaging all members of our community as part of the solution
- Strengthening Families Program (to include elementary school students) – Strengthening Families helps set goals for the future, prevents early experimentation with drugs and alcohol, and improves communication at home
- Botvin Life Skills group for middle school students – Botvin Life Skills Training is an evidence based prevention program
- Suicide prevention workshops for community members
- Vendor education to reduce the sale of tobacco products to youth
- Collaboration with neighboring jurisdictions in the Regional Suicide Prevention Grant work – the purpose of the grant is to facilitate a comprehensive public health approach to prevent suicide in institutions of higher education

Ms. Jones asked if CFSD receives calls from parents of autistic children with behavioral difficulties. Ms. Stowe responded that CFSD receives calls of this nature.

Ms. Jackson asked if school personnel are able to schedule an appointment for a child. Ms. Stowe responded that school personnel are able to call in a concern about a child but are required to have a parent present in order to schedule an appointment for a child.

Ms. Jones asked what procedure is in place when a child calls CFSD. Ms. Stowe responded that CFSD would ask the child to speak to a parent. She noted that if the child states that they are calling about their parent then Child Protective Services will be contacted.

Mr. Nagurka asked if a parents chooses to utilize CFSD Services instead of the going through the Juvenile Justice System do they then not continue through the court process. Ms. Stowe responded that the parents have a choice to either utilize Children in Need of Services (CHINS) through the Juvenile Justice System or utilize CFSD Services.

Ms. Alonge asked Ms. Stowe to provide a brief update about a new Juvenile Court initiative that Arlington is working on in collaboration with Georgetown. Ms. Stowe stated that Georgetown has a Technical Assistance Center for Juvenile Assistance and Juvenile Reform. She stated that Georgetown offers a program once a year to several states to review processes and assist with how assessments are performed. She noted that, even though Arlington is not a state, Georgetown allowed Arlington to apply for the program and the application was accepted. Ms. Stowe stated that one of the biggest advantages of the program is that there are representatives from Arlington County, the Juvenile Court System, the Public School System and Judges in the Judicial System.

Ms. Stowe concluded her presentation by distributing stress balls to the members. “Got Stress, Get DHS” is printed on the stress balls.

Chair Mack thanked Ms. Stowe for her presentation about CFSD services.

Approval: CSB FY 16 General Assembly Recommendations

Chair Mack brought the CSB's FY 16 Preliminary State Budget Recommendations to the Virginia General Assembly for submission to the County Board before the members for review and approval. The members reviewed and approved their CSB FY16 State Budget Recommendations.

The CSB FY16 State Budget Recommendations include:

- Increased waiver slots: for individuals with an Intellectual and/or Development Disability (ID/DD)
- Supportive Housing Vouchers: for individuals with Serious Mental Illness (SMI)
- Reintegration of Forensic Population: for youths and adults

Discussion: CSB Annual Retreat, October 17, 2015

Chair Mack announced that the CSB Annual Retreat will be held Saturday October 17, 2015 at the Sequoia III Building, 4th Floor, Room 424. The members discussed who they would like to invite as the lunchtime speaker and suggested several topics for discussion.

The members suggested the following topics for discussion at the Annual Retreat:

- CSB board development
- AdHoc Committee development
- Increased community outreach
- Health Insurance Portability and Accountability Act (HIPPA) – Lunchtime speaker - presentation by Jan Longman, Program Manager, Compliance Department, Treatment Advocacy Center representative

Ms. Tschopp will create and email a survey monkey of the topics to the members.

Review: Interagency Agreements

Ms. Tschopp provided a brief overview of the Interagency Agreements. According to the CSB By-Laws:

- Article VIII.1. County Manager
In order to perform its functions, the Board shall enter into a memorandum of agreement with the Arlington County Manager. This memorandum shall specify the selection procedure for and the operational role of the Executive Director, who shall report to the Board and the Deputy Director of DHS, as well as provide for legal counsel to the Board.
- Article VIII.2 Other
In order to perform its functions, the Board shall review and implement joint working agreements with the Arlington Public Schools, the Sheriff of Arlington County as well as other Arlington County and other governmental entities.

ACCSB Executive Director's Report

- ✓ Ms. Tschopp announced that the VACSB is holding its annual Public Policy Conference from October 7th to October 9th, 2015 in Charlottesville, Virginia at the Charlottesville Doubletree Hotel. The conference features Virginia and National public policy issues through panels and presentations. Ms. Tschopp reported that she, Ms. Deane and Mr. Nagurka will attend the conference.
- ✓ Ms. Tschopp reported out about the Extraordinary Barriers List (EBL). She stated that 6 individuals in Arlington are currently on the EBL.

ACCSB Chair's Report

- ✓ A Chair report was not provided.

Informational Items

Ms. Skelly announced that the contracts for the development of two Group Homes for individuals with an Intellectual Disability (ID) were signed last week. She stated that the County selected Community Residences, Inc. and Good Neighbor Homes as the service providers. Funding for the Group Homes will be provided by the State.

Mr. Nagurka reported that Delegate Patrick Hope and Delegate Rip Sullivan are developing a Resolution to thank departed CSB members Anne Hermann and Scott Brannon for their advocacy.

Adjournment

The Arlington County Community Services Full Board meeting was adjourned by Chair Mack at 9:00 p.m.

Respectfully submitted by Kelly Mauller