

**Arlington County Community Services Board**  
**Executive Committee Meeting**  
**Sequoia Plaza 3**  
**2120 Washington Blvd.**  
**Room 115**

**September 14, 2015**

**Present:** James Mack, Judy Deane, Shauna Alonge, Wayne Bert, Barbara Jones, Carol Skelly

**Absent:** Asha Patton-Smith

**Staff:** Beth Tschopp, Kelly Mauller

The September 14, 2015 Arlington County Community Services Board (ACCSB) Executive Committee meeting was convened by the ACCSB Executive Committee Chair James Mack at 6:00 p.m. The meeting was held at the Sequoia III Building, 2120 Washington Boulevard, Room 115, Arlington, Virginia 22204.

**Approval of the DRAFT July 13, 2015 Executive Committee Minutes**

Chair Mack called for a motion to approve the July 13, 2015 ACCSB Executive Committee meeting minutes. Ms. Alonge motioned to approve the minutes, Ms. Skelly seconded the motion, and the minutes were approved with no corrections.

**ID Group Homes Update**

Joanna Wise-Barnes, Developmental Disability Services (DDS) Bureau Chief, provided an update about the two new group homes for individuals with an Intellectual Disability (ID) that are being developed in Arlington. Ms. Barnes stated that the service providers for the group homes are Good Neighbor Homes and Community Residences. She noted that the Community Residences group home is located on Lincoln Street and the Good Neighbor Homes group home will be located on 22<sup>nd</sup> Street South. Ms. Barnes stated that the group homes are slated to open by November 30, 2015. Ms. Barnes concluded the group home update, noting that additional funding will be provided by the State.

Ms. Skelly asked how many square feet of living space each group home will have. Ms. Barnes responded that the Community Residences group home will have 2,500 square feet of living space and that the Good Neighborhood Homes group home will have 3,200 square feet of living space.

Ms. Skelly asked if the group homes will only provide residency for individuals who will be transitioning from the Northern Virginia Training Center into the community. Ms. Barnes responded that the group homes will accept individuals coming from the Northern Virginia Training Center first and then will consider individuals in other local jurisdictions because the funding is provided by the State.

Chair Mack thanked Ms. Barnes for the ID Group Home update.

### **CSB Annual Retreat**

Chair Mack announced that the CSB Annual Retreat will be held Saturday October 17, 2015 at the Sequoia III Building on the 1<sup>st</sup> Floor in room 115. Chair Mack turned the floor over to Ms. Tschopp.

Ms. Tschopp provided an overview of service integration and coordinated care and the launch of IDDT (Integrated Dual Disorder Treatment and Recovery). The IDDT model is an evidence-based practice endorsed by the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA). IDDT is designed for individuals who have been diagnosed with a severe mental illness and a co-occurring substance use disorder. Ms. Tschopp also noted two other DHS initiatives; Service Redesign and Trauma Informed Care and Zero Suicide.

Ms. Tschopp provided an overview about Non-Profit Board Self-Assessment. A board self-assessment provides an opportunity for the board to look at itself and ask "How are we doing?" (refer to handouts). Ms. Tschopp directed the members to the McKinsey & Company document titled Non-Profit Board Self-Assessment Tool. The Non-Profit Board Self-Assessment Tool is designed to help non-profit organizations assess their board's performance and identify priorities for board activities going forward. The output of the assessment is intended to focus discussion among board members around the governance activities that will result in the greatest benefit for the organization. Ms. Mauller will email the questionnaire assessment to the full board members prior to the September 23<sup>rd</sup> meeting.

The members agreed to the following topics of discussion for this year's retreat.

- CSB Board Development and Self-Assessment
- Service Redesign

The members discussed who they would like to invite as the lunchtime speaker. Ms. Deane stated that she will contact a representative of the Treatment Advocacy Center to present a more open and different interpretation of the Health Insurance Portability and Accountability Act (HIPPA).

### **CSB Annual Legislative Delegation Forum**

Chair Mack announced that the Legislative Delegation Forum will be held for one hour prior to the November 18, 2015 CSB Full Board meeting from 6:00 to 7:00 at the Sequoia Plaza III Building located at 2120 Washington Boulevard in the room 112. It was noted that Delegate Krupicka has retired from the General Assembly. Mr. Mark Levine was elected to fill Mr. Krupicka's seat during the Democratic Primary Election held on June 9<sup>th</sup>.

Ms. Mauller will invite the Arlington County Legislators to the Forum.

### **CSB Support of Affordable Housing Study Master Plan**

Chair Mack announced that he will attend a Public Forum on the Arlington County Affordable Housing Master Plan on September 19<sup>th</sup> in the County Board Office.

### **Brief Updates/Information**

- Ms. Deane reported that she attended a public meeting at Virginia Hospital Center (VHC) on September 9<sup>th</sup>. The meeting was held to discuss the proposed action plan for VHC to purchase the 1800 N. Edison Street complex. Ms. Deane suggested to the members that the CSB develop an action plan to present to the County Board in an attempt to have language established for inclusion in the County's Letter of Intent to VHC regarding the possibility of VHC to move the hospital's psychiatric ward to an above ground space. The draft Letter of Intent will be published on September 17<sup>th</sup> and approved by the County Board on September 24<sup>th</sup>. Mr. Mack stated that

he will attempt to contact Ms. Hynes via telephone prior to the recessed county board meeting on September 24<sup>th</sup>. The members also agreed to send a letter to Ms. Hynes.

- The members reviewed and proposed changes to the draft FY15 CSB Annual Report. Ms. Mauller will incorporate the suggested changes.
- Ms. Tschopp stated that the Committee Program Reviews will be included in the CSB September 23, 2015 Full Board packets. The Program Reviews provide descriptions of CSB programs, including purpose, staffing and budget.
- Chair Mack announced that the 2015 Consumer Art Show will be held on September 18<sup>th</sup> from 11:00 a.m. to 2:00 p.m. at 2120 Washington Boulevard in rooms 112 and 113.
- Chair Mack announced that a National Recovery Month event will be held on September 30<sup>th</sup> from 6:30 p.m. to 8:00 p.m. at Bus Boys and Poets located at 4251 Campbell Avenue in Arlington. The event is being sponsored by Arlington County's Behavioral Healthcare Division and Arlington County's Peer Recovery Center, Arlington Peers Helping Peers in Recovery.

#### **Upcoming Items for CSB Full Board Meeting on September 23, 2015**

- ✓ Miguel Carpio-Castanon, Human Services Specialist, Behavioral Healthcare Division, Client Services Entry, Treatment on Wheels (TOW) Program was nominated to receive the September 23<sup>rd</sup> CSB Staff Recognition Award.
- ✓ Beth Tschopp, BHD Division Chief and CSB Executive Director will present about Service Redesign.
- ✓ Rudbel Alfaro, BHD Administrative Officer, will provide a brief review of the CSB client fee schedule. The CSB is required by County policy to review the client fee schedule annually.
- ✓ Rudbel Alfaro, BHD Administrative Officer, will provide an update about the hiring of peers.
- ✓ A Group Home Report will be provided if necessary.
- ✓ A Monthly Financial Report will be provided if necessary.
- ✓ Chair Mack will ask the full board members if they would like an update from any of the CSB Ad Hoc Initiative Committees.
- ✓ Ms. Deane will report out about the Mary Marshall Assisted Living Residence (MMALR).
- ✓ Ms. Tschopp will provide an update about the number of individuals on the Extraordinary Barriers List (EBL).

The Arlington County Community Services Board Executive Committee meeting was adjourned by Chair Mack at 8:05 p.m.

Respectfully submitted by Kelly Mauller.