

**Arlington County Community Services Board**  
**Executive Committee Meeting**  
**Sequoia Plaza 3**  
**2120 Washington Blvd.**  
**Room 115**

**October 13, 2015**

**Present:** Barbara Jones, James Mack, Brian Berke, Erica Jackson, Carol Skelly, Judy Deane, Jay Ternent

**Excused:** Wayne Bert, Jarrod Nagurka, Shauna Alonge, Keith Whyte, David Gardner, Linda Kelleher, Atima Omara, Leslie Gosling, Joanne Del Torro, Asha Patton-Smith

**Staff:** Beth Tschopp, Kelly Mauller, Sharon Lawrence, Leslie Weisman

**Other Attendees:** Jean Post, Regional Projects Director, Fairfax County CSB; Anne Hermann, Mental Health Committee; a member of the community

The October 13, 2015 Arlington County Community Services Board (ACCSB) Executive Committee meeting was convened by the ACCSB Executive Committee Chair James Mack at 6:00 p.m. The meeting was held at the Sequoia III Building, 2120 Washington Boulevard, Room 115, Arlington, Virginia 22204.

A Special Session of the CSB Full Board was held at the beginning of the Executive Committee meeting to discuss the Virginia Hospital Center Purchase of the Edison Complex.

**Virginia Hospital Center Purchase of the Edison Complex**

Mr. Mack opened a discussion about the proposed action plan for Virginia Hospital Center (VHC) to purchase the 1800 N. Edison Street complex.

Mr. Mack introduced Sharon Lawrence, Child and Family Services Division (CFSD) Bureau Chief; Jean Post, Regional Projects Director, Fairfax County and Leslie Weisman, Client Services Entry (CSE) Bureau Chief, who presented about various aspects of local CSB interactions with VHC.

Ms. Lawrence stated that CFSD is currently holding quarterly meetings with Dominion Hospital to discuss the needs of the clients that Arlington County serves. She noted that some of the concerns that have been discussed include increasing referrals, increasing communication, the discharge process for children and the availability of psychiatric beds. She stated that, as a result of the meetings, communication between Dominion Hospital and DHS staff has increased. Ms. Lawrence reported that Dominion Hospital has been conducting more staff training and has been including CFSD staff in the trainings in an effort to continue to improve communications.

Ms. Deane asked if any discussions have taken place regarding a possible closure of Dominion Hospital or if Dominion Hospital will be relocating from Arlington County to Prince William County. Ms. Lawrence responded that she is not aware of any discussions about a possible closure or relocation of Dominion Hospital.

The members discussed the current challenges with Dominion Hospital's processes.

Ms. Post stated that Regional Projects oversees many costly programs. She noted that one of the programs that Regional Projects oversees is all of the data related to Temporary Detention Orders (TDO) that are processed throughout the region. Ms. Post distributed statistical data showing the number of “in area” and “out of area” TDO hospitalizations for Dominion Hospital for FY15 and FY16 for young adults, adults and older adults. She noted the number of “out of area” TDOs for FY16 in comparison with the number of “out of area” TDOs for this same time of year in FY15:

Out of Area TDO	FY15	FY16
Young Adults	3	0
Adults	43	3
Older Adults	6	1

In Area TDO	FY15	FY16
Young Adults	5	0
Adults	338	58
Older Adults	8	1

The members discussed the issues surrounding TDO psychiatric bed availability in Arlington in relationship to sending TDOs out of the area.

Mr. Mack asked what “out of area” represents. Ms. Post responded that “out of area” represents “outside of Region II”.

Leslie Weisman, Client Services Entry Bureau Chief provided an overview about how Emergency Services utilizes VHC and Arlington’s CSB current crisis spectrum of services. The current crisis spectrum of services includes:

- The Crisis Intervention Center (CIC) now has 24/7 security provided by the Arlington County Police Department (ACPD) and New Horizon Security Services.
- CIC staffing is currently 123 hours per week (73% of the week) and will be at 24/7 hours by mid-November 2015.
- CIC has 5 calming rooms all equipped with video monitoring.
- Emergency Services now has a fully operational secondary office adjacent to VHC Emergency Department.

Ms. Weisman provided an overview of Emergency Services FY15 statistical data.

- Conducted 2, 314 face to face assessments
- Conducted 162 assessments of children and adolescents
- Processed 7 Temporary Detention Orders (TDO) of children and adolescents
- Processed 160 involuntary hospitalizations
- Processed a total of 396 Temporary Detention Orders; 279 of which resulted in commitments and 237 resulting in processing at VHC.
- Processed 31 out of area TDOs

Ms. Weisman stated that there are several concerns that should be examined relating to the possible expansion of mental health services at VHC. They are as follows:

- VHC currently has 18 psychiatric beds and 17 addictions bed but is licensed for 40 total beds.

- Providing assessment, evaluation and linkages to service from the Emergency Department would best be provided by a VHC Clinician due to competing demands on Emergency Services Clinicians.
- The addition of 5-10 psychiatric beds at VHC may assist in the ability to accept more TDO and post-commitment Arlington clients.

Ms. Deane stated that she would prepare a breakdown of the CSB's concerns and proposed options regarding the plan for VHC to purchase the Edison Complex.

### **Approval of the DRAFT September 14, 2015 Executive Committee Minutes**

Chair Mack called for a motion to approve the September 14, 2015 ACCSB Executive Committee meeting minutes. Ms. Jones motioned to approve the minutes, Ms. Skelly seconded the motion, and the minutes were approved with two corrections.

### **CSB Annual Retreat**

Chair Mack announced that the CSB Annual Retreat will be held Saturday October 17, 2015 at the Sequoia III Building on the 1<sup>st</sup> Floor in room 115.

The members agreed to the following topics of discussion for this year's retreat.

- CSB Board Development and Self-Assessment - A board self-assessment provides an opportunity for the board to look at itself and ask "How are we doing?" The Non-Profit Board Self-Assessment Tool is designed to help non-profit organizations assess their board's performance and identify priorities for board activities going forward. The output of the assessment is intended to focus discussion among board members around the governance activities that will result in the greatest benefit for the organization. Ms. Tschopp asked the members to provide feedback about the assessment tool and provided a revised copy via email of the assessment for the members to review. The members should complete the revised assessment tool prior to the retreat.
- Service Redesign - Ms. Tschopp provided a brief overview of service integration and coordinated care.
- Lunchtime speaker: Frankie Berger, Treatment Advocacy Center Representative - a different interpretation of the Health Insurance Portability and Accountability Act (HIPPA)

### **CSB Annual Legislative Delegation Forum**

Chair Mack announced that the Legislative Delegation Forum will be held for one hour prior to the November 18, 2015 CSB Full Board meeting from 6:00 to 7:00 at the Sequoia Plaza III Building located at 2120 Washington Boulevard in the room 112.

The committee agreed to present about the following topics:

- Medicaid waiver redesign initiative, services for non-Medicaid waiver eligible individuals and funding for new Medicaid waivers
- Reintegration services for high-risk youth and adults
- Enhanced crisis response through workforce development
- Expanded medical detoxification and access to medication assisted treatment
- Peer recovery support services

Ms. Mauller will invite the Arlington County Legislators to the Forum.

### **Brief Updates/Information**

- The members reviewed and proposed changes to the draft FY15 CSB Annual Report. Ms. Mauller will incorporate the suggested changes. The CSB FY15 Annual Report will be brought before the CSB full board members for approval at the October 21<sup>st</sup> full board meeting.
- At the September 23<sup>rd</sup> CSB full board meeting Chair Mack called for a motion to approve discontinuing the statistical Mary Marshall Assisted Living Residence (MMALR) monthly report to be replaced by a verbal report that will be provided a minimum of two times a year or as needed from a member of the MMALR Advisory Committee. The members approved the motion. Mr. Mack asked the members when they would like to receive the next report. The members responded that they would like to have a report at the October 21<sup>st</sup> CSB full board meeting.
- Chair Mack announced that Arlington County will be holding a Legislative Forum on Aging on November 6<sup>th</sup> from 9:45 a.m. to 11:30 a.m. at the Fairlington Community Center located at 3304 S. Stafford Street in Arlington. He noted that several representatives from the Senate and House will be in attendance. To RSVP call 703-228-1700 or email [arlaaa@arlingtonva.us](mailto:arlaaa@arlingtonva.us).

### **Upcoming Items for CSB Full Board Meeting on October 21, 2015**

- ✓ Staff Recognition: Abid Husain, Mental Health Therapist, PACT Team, was nominated to receive the September 23<sup>rd</sup> CSB Staff Recognition Award.
- ✓ A Group Home Report will be provided if necessary.
- ✓ A Monthly Financial Report will be provided if necessary.
- ✓ Chair Mack will ask the full board members if they would like an update from any of the CSB Ad Hoc Initiative Committees.
- ✓ Ms. Tschopp will provide an update about the number of individuals on the Extraordinary Barriers List (EBL).

The Arlington County Community Services Board Executive Committee meeting was adjourned by Chair Mack at 8:15 p.m.

Respectfully submitted by Kelly Mauller.