

Arlington County Community Services Board
Executive Committee Meeting
Sequoia Plaza 3
2120 Washington Blvd.
Room 423

July 13, 2015

Present: James Mack, Anne Hermann, Judy Deane, Shauna Alonge, Wayne Bert, Barbara Jones

Absent: Carol Skelly, Asha Patton-Smith

Staff: Beth Tschopp, Farah Shakour, Kelly Mauller

The July 13, 2015 Arlington County Community Services Board (ACCSB) Executive Committee meeting was convened by the ACCSB Executive Committee Chair James Mack at 6:00 p.m. The meeting was held at the Sequoia III Building, 2120 Washington Boulevard, Room 423, Arlington, Virginia 22204.

Approval of the DRAFT June 8, 2015 Executive Committee Minutes

Chair Mack called for a motion to approve the June 8, 2015 ACCSB Executive Committee meeting minutes. Ms. Jones motioned to approve the minutes, Ms. Deane seconded the motion, and the minutes were approved with two corrections.

General Assembly Recommendations for FY 16

Chair Mack opened a discussion about the CSB's FY 16 Preliminary State Budget Recommendations to the Virginia General Assembly for submission to the County Board. The members agreed at the June 8, 2015 CSB Executive Committee meeting to align the Arlington County CSB FY16 Recommendations with the Virginia Association of Community Services Board's (VACSB) FY16 Recommendations. Mr. Mack turned the floor over to Ms. Tschopp.

Ms. Tschopp provided an overview of the VASCB 2016-2018 Preliminary Biennium Budget Priorities and the Northern Virginia Region II Preliminary Budget Priorities as they relate to community support and treatment funding for high risk populations (*Refer to Handouts*).

The VACSB FY16 Preliminary State Budget Priorities are as follows:

- Workforce Development
- Medical Detox
- Medication Assisted Treatment
- Tele-psychiatry
- Respite Care in Individual Family Service Plans (IFSP)
- Additional Waiver Slots
- Forensic Reintegration for youths and adults
- Peer Supports
- Increased Reimbursement Rates for Services
- Intensive Outpatient Services
- Family Wellness
- Opiate/Prescription Drug Abuse Reduction

- Suicide Prevention
- PART C Caboose (Early Intervention Program for individuals ranging in age from birth to 3 years)
- Geriatric Mobile Teams

The Northern Virginia Region II Preliminary State Budget Priorities are as follows:

- Funding to expand existing capacity for the purchase of community-based services and treatment to address youth and adults who are high risk due to the degree and acuity of their behavioral health challenges. Additionally, funding to purchase Medication Assisted Treatment (MAT) for those with opioid addictions who could benefit from treatment but who do not have Medicaid or other insurance.
- Funding for supportive housing vouchers and other housing supplements. This will provide an opportunity for persons with SMI who have not been able to access and/or maintain affordable housing to do so. These individuals may be homeless, may not be receiving services from the CSBs because of the absence of treatment readiness, or may not have an income that can sustain housing.
- Expansion for Peer Recovery Support Services (PRSS). This program is designed and delivered by people who have experienced both substance use disorder and recovery. PRSS serves Individuals who are in or who seek recovery from substance use disorders or co-occurring SUD and mental illness. Services include: Peer Mentoring, Resource Brokering, Recovery Community Building, and Recovery groups. Recovery coaches are assigned to each CSB, are able to provide outreach to community locations, and are easily accessible by individuals who need their services.

This is an expansion request for an existing program and therefore no startup funds are needed.

- Work force Development/Crisis Response to expand capacity and ensure best practices and care.

Work Plan: Funding is needed to add qualified emergency services staff, to aid in recruitment and retention, and to provide needed training and supervision.

The members reviewed the Arlington County CSB Preliminary State Budget Priorities to determine which priorities to align with the Region II and VACSB priorities.

The CSB FY16 Preliminary State Budget Recommendations include:

- Increased waiver slots: for individuals with an Intellectual and/or Development Disability (ID/DD)
- Supportive Housing Vouchers: for individuals with Serious Mental Illness (SMI)
- Reintegration of Forensic Population: for youths and adults
- Peer Supports: for individuals with Mental Health Disorders
- Crisis Response: enhance crisis response through workforce development
- PART C Caboose (Early Intervention Program): for children ranging in age from birth to 3 years
- Geriatric Mobile Team: for older adults in the community

Upcoming VACSB Conferences

Ms. Tschopp announced that the VACSB is holding its annual Public Policy Conference from October 7th to October 9th, 2015 in Charlottesville, Virginia at the Charlottesville Doubletree Hotel. The conference features Virginia and National public policy issues through panels and presentations. Ms. Tschopp reported that she, Ms. Deane and Mr. Nagurka will attend the conference.

Brief Updates/Information

- Ms. Tschopp stated that Ms. Mauller is in the process of collecting information from staff to include in the CSB FY15 Annual Report. The committee discussed the annual report and suggested informational items to include. The deadline for submitting information to Ms. Mauller is July 24th.

The members suggested the following topics for inclusion in the FY15 Annual Report:

- Arlington County Drug Court
 - Participation and collaboration with Community Partners
 - DHS Consolidation to Sequoia Complex
 - Crisis Intervention Team (CIT)
 - Mental Health First Aide training
 - Zero Suicide initiative
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- Ms. Tschopp stated that the Committee Program Reviews will be included in the CSB July 22, 2015 Full Board packets. The Program Reviews provide descriptions of CSB programs, including purpose, staffing and budget.
 - Ms. Tschopp recommended to the committee that the current fee schedule remain at \$5.00 in FY16. She noted that a sliding scale is being developed to include all CSB Programs. The committee will discuss the fee schedule at the September 14, 2015 CSB Executive Committee meeting. The CSB is required by County policy to review the client fee schedule annually.
 - Chair Mack announced that Ms. Shakour has resigned her position as Management Specialist with the Behavioral Healthcare Division (BHD) to accept a position in the County Manager's Office.
 - Chair Mack announced that three individuals recently graduated from the Arlington County Drug Court Program. Arlington's Drug Court Program enhances public safety by providing a cost effective, integrated system of treatment and judicial supervision. The program requires participant accountability with the goal of reducing recidivism and its effects on the community.

Upcoming Items for CSB Full Board Meeting on July 22, 2015

- ✓ Farah Shakour, Management Specialist, Behavioral Healthcare Division, was nominated to receive the July 22, 2015 CSB Staff Recognition Award
- ✓ Heather Stowe, Child and Family Services Division (CFSD) Chief, will present about the services provided by CFSD.
- ✓ The CSB FY16 General Assembly Recommendations will be brought before the members for review and approval at the July 22, 2015 CSB Full Board meeting.

- ✓ Chair Mack announced that the CSB Annual Retreat will be held Saturday October 17, 2015 at the Sequoia III Building, 4th Floor, room 424. The committee discussed who they would like to invite as the lunchtime speaker and suggested several topics for discussion.

The members suggested the following topics for discussion at the Annual Retreat:

- Closure of the Training Center
 - Increased CSB full board member involvement
 - AdHoc Committee development
 - Increased community outreach
 - Health Insurance Portability and Accountability Act (HIPPA)
 - Integration and reorganization of CSB services – Consider Dr. John Palmieri, Behavioral Healthcare Division Medical Director, as lunchtime speaker
 - Future direction of CSB full board
 - Pay for performance
- ✓ A Group Home Report will be provided if necessary.
 - ✓ A Monthly Financial Report will be provided if necessary.
 - ✓ Chair Mack will ask the full board members if they would like an update from any of the CSB Ad Hoc Initiative Committees.
 - ✓ Ms. Deane will report out about the Mary Marshall Assisted Living Residence (MMALR).
 - ✓ Ms. Tschopp will provide an update about the number of individuals on the Extraordinary Barriers List (EBL).

The Arlington County Community Services Board Executive Committee meeting was adjourned by Chair Mack at 8:00 p.m.

Respectfully submitted by Kelly Mauller.