

ARLINGTON COMMUNITY SERVICES BOARD

SUBSTANCE ABUSE COMMITTEE MINUTES

December 15, 2014

Members Present: Jim Mack, Shaun Buckner, Pattie Aaron

Members Absent: Keith Whyte, Craig Dabney, Wes Sanchez, Jenette O'Keefe, Charlie Baughman, Lonnie Ford

BHD Staff: Joe Bullock, Nancie Connolly, Beth Tschopp

I. PHOENIX PROGRAM SITE VISIT- Mr. George Knoerlein, Director of Clinical Operations, welcomed committee members and thanked everyone for visiting his program. Mr. Knoerlein provided the committee with an overview of the treatment philosophy for Phoenix to include: residential, outpatient and opioid dependence. Phoenix is a nonprofit treatment provider offering individualized, holistic drug and alcohol addiction treatment services to teens, adults, and families, as well as unique programming for mothers with young children. Phoenix House is residential component of treatment for men with moderate to severe drug and alcohol addiction. The program offers variable lengths of stay based totally on the severity of addiction in combination with available resources to cover treatment costs.

For Arlington CSB clients, the large majority will receive the full 12 week treatment although some can stay longer if the need is indicated. Mr. Knoerlein stated that the Phoenix program is nationally-accredited and helps clients break the cycle of drug and alcohol addiction. The treatment equips them with the tools they need to re-enter the community as responsible citizens in sustained recovery – using a cognitive behavioral, 12-step and medication assistance approach to care. Mr. Knoerlein completed the visit by introducing the committee to staff members as well as a tour of the facility. Lastly, the committee was able to meet several Arlington CSB consumers in the program and interact with them regarding their experiences in the treatment program.

See more at: <http://www.phoenixhouse.org/locations/virginia/phoenix-program>

NOTE: The next SA Committee meeting will be held on **January 26, 2015 at 10:00 am** and will be a site visit meeting at the Alexandria CSB Methadone treatment Program.