



**:The Arlington Community Services Board**  
1725 N. George Mason Drive  
Arlington, VA 22205  
(703) 228-4871 FAX: (703) 228-5234



**James Mack**  
ACCSB Chair

**Anita Friedman**  
Interim Executive  
Director

October 15, 2014  
DHS Stambaugh Building Auditorium  
2100 Washington Blvd  
Arlington, Virginia  
7:00 pm - Full Board Meeting

**Present:** James Mack, Anne Hermann, Judith Deane, Barbara Jones, Wayne Bert, David Gardner, Shauna Alonge, Erica Jackson, Joanne Del Toro, David Kidwell, Carol Skelly

**Excused:** Keith Whyte, Linda Kelleher, Lee Long, Brian Berke, Scott Brannon, Ann Wroth

**Staff:** Anita Friedman, Farah Shakour, Kelly Mauller, Joanna Barnes

**Public Comment(s)**

There were no public comments.

**Approval of the September 17, 2014 ACCSB Meeting Minutes**

Chair Mack called for a motion to approve the September 17, 2014 ACCSB Full Board meeting minutes. Ms. Deane motioned to approve the minutes, Ms. Alonge seconded the motion, and the minutes were approved with no corrections.

**Staff Recognition**

Jose Silva, Behavioral Healthcare Division (BHD), Job Avenue Employment specialist, was nominated to receive the October 15, 2014 staff recognition award. Jose Campos, BHD, Job Avenue Supervisor, spoke about Mr. Silva. Mr. Campos stated that under Mr. Silva's leadership, Job Avenue has been able to expand its Supportive Employment and Supportive Education Programs. He noted that Mr. Silva adheres to evidence based practices to assist clients with developing a plan to accomplish their educational and employment goals and has developed a stable network with various schools and employers in the community.

Mr. Campos shared a few of the outcomes as a result of Mr. Silva's work:

- Increased the number of participants in The Supportive Education Program from 32 in FY12 to 58 in FY13 and 67 in FY14
- In FY14, 9 of the 67 participants in The Supportive Education Program now attend Northern Virginia (NOVA) college

Mr. Silva thanked the CSB for recognizing his efforts. He noted that he enjoys his work and is encouraged to see the potential in the client's interest to obtain a higher education and become gainfully employed. Chair Mack conferred the award.

## **Approval of CSB Preliminary FY16 Local Committee Budget Priorities**

Chair Mack directed the members to the draft CSB Preliminary FY16 Local Budget Priorities submitted by the standing committees (*Included in Member Packet*). Ms. Shakour presented an overview of recent revisions to the priorities. The committee discussed the priorities.

The CSB Preliminary FY16 local budget priorities are as follows:

### **Mental Health (MH) Committee**

- Psychiatric Services Provider - (\$122,027) population served: adults and older adults with mental illness
- Crisis Intervention Center (CIC) - (\$171,488) population served: adults with mental illness
- Crisis Intervention Team (CIT) Coordinator - (\$75,000) population served: adults with mental illness
- Mental Health Peer Supports - (\$228,000) population served: adults with mental illness
- Mental Health Therapists in the Jail (Substance Abuse Committee special support) - (\$85,744) population served: adults with substance abuse disorders

### **Substance Abuse (SA) Committee**

- Peer Recovery/Recovery Support Staff - (\$57,000) population served: adults with substance abuse disorders
- Arlington Jail Addictions, Corrections and Treatment (ACT) Unit Case Management - (\$85,744) population served: adults with substance abuse disorders
- Drug Court Substance Abuse Counselor - (\$85,744) population served: adults with substance abuse disorders

### **Child and Youth (CY) Committee**

- Bilingual Behavior Intervention Services (BIS) Provider - (\$85,000) population served: caregivers and teachers of children and youth with behavioral challenges
- Parent Support Specialist - (\$85,000) population served: caregivers and teachers of children and youth with behavioral challenges

### **Intellectual and Developmental Disabilities (IDD) Committee**

- No requests at this time

Chair Mack called for a motion to approve the CSB FY16 Preliminary Local Budget Priorities. Ms. Skelly motioned to approve the Local Budget Priorities, Ms. Del Torro seconded the motion. The members agreed to approve the priorities.

## **Action Item: Approval of the CSB FY 14 Annual Report**

Ms. Shakour brought the CSB FY14 Annual Report before the members for review and approval (*Refer to Handout*). Ms. Shakour presented an overview of the content in the report. The members discussed the report. Ms. Shakour will incorporate the changes discussed and email the annual report to the full board members with a 48 hour deadline for any further changes. The members agreed that if no changes are submitted within the 48 hour time period, the annual report will stand as approved.

## **Review and Discussion: CSB FY 14 Housing Tables**

Ms. Friedman presented a brief overview of the FY 14 Housing Tables (*Included in Member Packet*). Mr. Mack stated that there was a total of 338 CSB clients being served in all Arlington housing types, as of June 30, 2014.

The types of housing included in the tables for individuals with Mental Health (MH) issues include:

- Group Homes
- Transitional Housing

- Intensive Residential Housing
- Permanent Supportive Housing

The types of housing included in the tables for individuals with Intellectual Disabilities (ID) include:

- Intensive Care Facilities (ICF)
- Group Homes
- Supervised Apartments
- Permanent Supportive Housing - adults
- Permanent Supportive Housing - child (with family)
- Children under 18

The types of housing included in the tables for individuals with Substance Abuse (SA) issues include:

- Transitional Living Facilities
- Permanent Supportive Housing

The Mary Marshall Assisted Living Residence (MMALR) provides supportive housing services for individuals with Mental Health (MH) issues and Intellectual and Developmental Disabilities (IDD).

### **Review: CSB Annual Retreat Agenda**

Chair Mack announced that the Annual CSB Retreat will be held Saturday October 25, 2014 from 9:00 a.m. to 2:30 p.m. in the George Mason Center (GMC) Auditorium located at 1801 N. George Mason Drive (*Included in Member Packet*). The committee discussed the agenda items and speakers.

The retreat agenda items are as follows:

- Housing panel:
  - Cynthia Stevens, DHS Housing Assistance Bureau Chief
  - Maureen Markham, Principal Planner, Arlington County Housing Division
  - Rock Schuler, Director of Asset Management, Community Residences (tentative)
  - Mary Jayne Panek, Project Manager, Community Residences
- Department of Behavioral Health and Developmental Services (DBHDS) update on current statewide initiatives, vision of the new commissioner and the impact on CSBs (tentative)
- Lunchtime speaker Mary Hynes, Arlington County Board – County Board priorities for FY16 and beyond

Special Committee Updates:

- Virginia Hospital Center (VHC) and commitment hearings – Leslie Weisman, Client Services Entry, Bureau Chief will present
- Virginia Hospital relations update – Ms. Deane will present
- Adult Drug Court – Mr. Mack will present
- Juvenile Court Liaison – Ms. Alonge will present
- Young Adults – Ms. Deane will present
- PACT Advisory Council – Ms. Deane and Ms. Hermann will present

Initiatives for the upcoming year:

- Mental Health Group Homes
- Mental Health First Aid
- Older Adult Mental Health Services
- Autism services

### **Discussion: CSB Annual State Legislative Delegation Forum**

Chair Mack announced that the Legislative Delegation Forum will be held for one hour prior to the November 19, 2014 CSB Full Board meeting from 6:00 to 7:00 at the Stambaugh Building located at 2100 Washington Boulevard in the Lower Level Auditorium.

Senator Howell, Delegate Hope, Delegate Lopez, Delegate Sullivan and Delegate Krupicka's Aide, Muriel LaMois, have accepted the invitation to attend the meeting. Staff liaisons will need to arrive by 6:00 p.m. or wait until the full board meeting begins at 7:00 p.m. Each speaker will have five minutes to present on their topic.

The committee agreed to the following topics and presenters:

- Intellectual and Developmental Disabilities (IDD) Services: Ms. Skelly and Ms. Jones will present
- Substance Abuse Services: Mr. Mack will present
- Child and Family Services: Ms. Alonge will present
- Housing: Ms. Deane will present
- Discharge Assistance Planning (DAP): Ms. Hermann will present

### **ACCSB Executive Director's Report**

- Ms. Friedman directed the members to the standing committee meeting schedules for FY 15 (*Included in Member Packets*).
- Ms. Friedman announced that Tom Wallace is transitioning from the Child and Family Services Division to the Operations Support Team. She stated that Mr. Wallace will assume responsibility for the CSB State Performance Contract, Human Rights, Incident Reporting and Performance Measure Plans. She noted that Mr. Wallace will also Chair the CSB Operations and Regulatory Committee.
- Ms. Friedman announced that Dr. Justine Larson, Medical Director, Behavioral Healthcare Division is resigning as of December 12<sup>th</sup>. An announcement has been sent out to fill the position.
- Ms. Shakour presented a report on the group homes for July, August and September (*Refer to Handout*). She stated that three major incidents were reported during these months. She noted that the number of group home beds increased from 143 last year, to 149 this year because Ivy House and Buchanan House transferred models from permanent supportive housing to transitional housing. One major incident occurred in both August and September.
- Ms. Barnes reported on the death that occurred in July in the ID group home. She stated that the Medical Examiner reported that the death occurred from natural causes and that a death certificate has not yet been issued.

### **ACCSB Chair's Report**

- Chair Mack reported out about the BHD Division Chief/CSB Executive Director position. He stated that a potential candidate has been interviewed and that a recommendation was made to schedule an appointment for the candidate to meet with the County Manager. He noted that as a result of the meeting between the candidate and the County Manager, an offer of employment has been made.
- Chair Mack reminded the members that Senator Favola is engaged in an effort to propose legislation for Mandatory Outpatient Treatment (MOT). He stated that Ms. Favola held a meeting with representatives from the regional CSBs to discuss the proposed legislation and that she has decided to move forward with her proposal. He noted that 70% of MOT candidates come out of residential facilities. The committee discussed the proposed legislation.

### **Mary Marshall Report**

Ms. Hermann reported out about the Mary Marshall Assisted Living Residence (MMALR).

- The census remains at 51
- There have been a few staffing adjustments due to individuals that are on medical leave
- A presentation was given by a coordinator of the Celebrating Caregivers (Ceca) Foundation. The Ceca Foundation's program centers on a peer-to-peer recognition program and award process that creates employee engagement and learning.
- A date for an Open House has not yet been scheduled
- The cost of residency at MMALR is approximately \$5,108.00 per resident per month. The funding for residency is a combination of private and public funds; State auxiliary grants, HUD, County taxes, Social Security checks, etc.

### **Informational Items**

- Ms. Hermann announced that a Legislative Forum for the Commission on Aging in Arlington and Alexandria will be held on Friday November 7<sup>th</sup> from 10:00 a.m. to 11:30 a.m. at the Fairlington Community Center. The focus of the forum will be around aging issues.
- Ms. Hermann announced that the Beacon 54+ Expo at Ballston Commons will be held on Sunday October 26<sup>th</sup> from 12:00 p.m. to 4:00 p.m. The event is partially sponsored by Arlington County and the Virginia Hospital Center.
- Ms. Deane announced that the Young Adults Adhoc Committee has been reactivated. Ms. Alonge will Co-chair the committee. The committee will focus on transitioning issues. The committee will meet at the Silver Diner for a strategy discussion.
- Ms. Alonge asked how many individuals are on the Extraordinary Boundaries List (EBL). Ms. Shakour responded that a total of ten individuals were on the EBL list in August and that two of the individuals are in Arlington. Ms. Alonge requested that the total number of individuals on the EBL become a regular agenda item and state how long the individual has been on the list and why the individual remains on the list.

### **Adjournment**

The Arlington County Community Services Full Board meeting was adjourned by Chair Jim Mack at 9:30 p.m.

Respectfully submitted by Kelly Mauller