



The Arlington Community Services Board
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James Mack
ACCSB Chair

Beth Tschopp
Executive Director

November 19, 2014
DHS Stambaugh Building Auditorium
2100 Washington Blvd.
Arlington, Virginia
7:00 pm - Full Board Meeting

Present: James Mack, Anne Hermann, Barbara Jones, Wayne Bert, David Gardner, Erica Jackson, Joanne Del Toro, Carol Skelly, Linda Kelleher, Brian Berke, Scott Brannon, Ann Wroth, Asha Patton-Smith

Excused: David Kidwell, Shauna Alonge, Judy Deane, Lee Long, Keith Whyte

Staff: Beth Tschopp, Anita Friedman, Farah Shakour, Kelly Mauller, Joe Bullock, Alan Orenstein, Heather Stowe

The regularly scheduled Arlington County Community Services Board (CSB) meeting was preceded by the CSB's Annual Legislative Delegation Forum. The legislators in attendance were Senator Janet Howell (32nd Senate District); Matthew Weinstein, representative for Delegate Richard Sullivan (48th House District); Arlene Spinelli, representative for Senator Barbara Favola (31st Senate District); Muriel LaMois, representative for Delegate Robert Krupicka. The purpose of the Forum was to discuss the needs of the Arlington CSB and to promote open dialogue with the members of the General Assembly representing Arlington. State budget issues and priorities related to mental health, intellectual disabilities and substance abuse were discussed, specifically:

- Intellectual and Developmental Disabilities (IDD) Services - Presented by Ms. Skelly.
- Substance Abuse Services: Presented by Mr. Mack
- Child and Family Services: Presented by Mr. Mack
- Housing Services: Presented by Ms. Hermann
- Discharge Assistance Planning (DAP): Presented by Ms. Hermann

Senator Howell recommended that the members prioritize their requests for Housing Services for people with Serious Mental Illness and DAP funding. Ms. Hermann responded that the CSB members will further discuss the two priorities and report back to the Senator. Ms. Shakour asked for the deadline to respond. Senator Howell responded that a response would be needed prior to the start of the January 14, 2015 General Assembly Session.

Mr. Weinstein stated that he would be pleased to schedule a meeting between Delegate Sullivan and the board members to discuss advocacy concerns prior to the January 14, 2015 General Assembly Session.

Ms. Kelleher asked the legislators how the Virginia Housing Development Authority (VHDA) could assist with providing funding for housing. She noted that the structure of the Department of Justice (DOJ)

Settlement Agreement no longer allows VHDA to assist with funding for congregate housing. Senator Howell responded that she is not aware of any discussions surrounding the VHDA.

Senator Howell spoke about a new jail diversion program that was implemented in San Antonio, Texas. She explained that when police officers pick up an intoxicated individual, the individual is taken to a public sobering facility instead of jail. She noted that the facility is supervised and offers counseling services.

Mr. Gardner asked Senator Howell if the funding for the facility is provided by private funding and if the funding is on-going. Senator Howell responded that funding for the facility is provided with private funds and that the funding is on-going.

Chair Mack closed out the discussion and thanked the legislators and their representatives for attending the meeting.

Public Comment(s)

There were no public comments.

Chair Mack introduced and welcomed Beth Tschopp, the newly hired Behavioral Healthcare Division (BHD) Chief/Arlington County Community Services Board (CSB) Executive Director. Ms. Tschopp stated that she is very pleased to be a part of the CSB.

Chair Mack introduced and welcomed new CSB Member, Dr. Asha Patton-Smith. Ms. Patton-Smith is a pediatric psychiatrist who is also on the Child and Family Committee.

Approval of the October 15, 2014 ACCSB Meeting Minutes

Chair Mack called for a motion to approve the October 15, 2014 ACCSB Full Board meeting minutes. Mr. Brannon motioned to approve the minutes, Ms. Jackson seconded the motion, and the minutes were approved with no corrections.

Staff Recognition

Corporal John Bamford and Recruit Officer Steven Yanda, Arlington County Police Department, were nominated to receive the November 19, 2014 CSB Staff Recognition Award. Ms. Hermann spoke on behalf of Ms. Deane who submitted the nomination but was unable to attend the meeting. Ms. Hermann stated that the CSB would like to award Officer Yanda and Corporal Bamford for ensuring that a mentally ill individual in the community was provided treatment in lieu of being incarcerated. She further stated that the award is an expression of the CSB's appreciation to all individuals, in particular, Officer Yanda and Corporal Bamford that work together in the community to divert people with mental illness from jail. A member of the community thanked the officers for utilizing their interpersonal skills and intuition to handle this case. Chair Mack thanked the officers and conferred the award.

Presentation: Performance Measurement - Permanent Supportive Housing

Ms. Friedman, Deputy Director, Department of Human Services (DHS), presented about the FY 2014 Permanent Supportive Housing (PSH) Performance Measurement Plan (*Refer to Handouts*). Ms. Friedman stated that DHS uses Performance Measurement Plans to answer several core questions:

- How much did we do? - a process measure of the quantity of the effort put forth
- How well did we do? - a process measure of the quality of the effort
- Is anyone better off? - an outcome measure that tracks whether the efforts resulted in change

Ms. Friedman stated that the purpose of the PSH program is to house and support low-income adults with disabilities in permanent, affordable apartments. Key elements of the program include:

- It is an evidence-based model that provides affordable housing integrated in the community
- Leases are in clients' names
- Clients have an active case with a DHS Case Manager or are youth exiting foster care
- Services are flexible, voluntary and not a condition of the lease
- Staff assists with money management, medication management and the development of daily living skills

Ms. Friedman went on to discuss program funding and client fees.

- Subsidies consist of 83% local funds and 17% federal funds
- The average monthly subsidy per client was \$981 (federal) and \$905 (local) in FY14
- PSH development phases are secured, contracted, designated and leased units
- Partners in PSH include The Department of Community Planning and Housing Development (CPHD), landlords and developers, Arlington Thrive and support services contractors

The members thanked Ms. Friedman for her presentation.

ACCSB Executive Director's Report

- ✓ Ms. Tschopp reported that CSB programs should be at 25% of the yearly target and they are at 24% (*Refer to Handout*). She stated that the decrease is due to September revenue payments not being received until November.
- ✓ Ms. Shakour presented a report on the group homes for October (*Refer to Handout*). She stated that 11 incidents were reported in October. She noted that the information reported is provided by County Contract Managers and group home staff.

Ms. Kelleher asked for an update on the transition of individuals from Permanent Supportive Housing (PSH) to Transitional Housing. Dr. Alan Orenstein, Mental Health Bureau Chief, responded that the proposed plan has been terminated. The individuals in PSH will remain in their current residence and will be funded by housing grants.

- ✓ Ms. Shakour reported out about the Extraordinary Barriers List (EBL). She gave a brief overview of the criteria for an individual to be placed on the EBL. She stated that nine individuals in Arlington were on the EBL in October and gave a summary of the challenges faced by the individuals for being removed from the EBL.
- ✓ Ms. Shakour explained that an ICRT is an Intensive Community Residential Treatment Facility that offers 24/7 support to Arlington's most at risk clients and that an ICRT+ provides additional supports above the 24/7 support.

ACCSB Chair's Report

- ✓ Chair Mack asked the members for comments about tonight's Legislative Delegation Forum. Ms. Hermann stated that she will send an email to the members asking who would like to attend a discussion to address Senator Howell's request to prioritize between Housing Services and DAP. Ms. Hermann suggested reporting out about the discussion and outcome of the meeting at the December 17th CSB Full Board meeting.
- ✓ Chair Mack brought the members' attention to the CSB 2015 meeting schedule. Ms. Mauller will email the meeting schedule to the members.

- ✓ Chair Mack brought the members' attention to the CSB FY16 Preliminary Local Budget Priorities (*Included in Member Packet*). Mr. Mack asked the members to present ideas to him of how to decrease the amount of funding being requested. Mr. Mack announced that the County Manager has scheduled a meeting with County Commission chairs on November 20th at 6:30 p.m. in the County Board Office, 2100 Clarendon Boulevard, to discuss the County's FY16 budget. Mr. Mack stated that he will be attending the meeting and asked if any of the members would like to join him.
- ✓ Chair Mack thanked Ms. Hermann for attending the Arlington County Drug Court Board Session with Virginia General Assembly representatives and County Board members. Ms. Hermann noted that Ms. Deane attended as well. She stated that Senator Ebbin and Delegate Hope presented the opening remarks. She noted that specific questions directed toward Arlington County's CSB pertained to how many individuals will transition from the Training Center into Arlington and concerns about DAP.
- ✓ Chair Mack announced that the Friends of Clarendon House are holding their annual holiday party on December 11th from 12:00 p.m. to 3:00 p.m. at Spider Kelly's located at 3181 Wilson Boulevard in Arlington.

Report Out on ACCSB Retreat Initiatives

Chair Mack brought forward a discussion about the Annual CSB Retreat that was held Saturday October 25, 2014 in the George Mason Center (GMC) Auditorium located at 1801 N. George Mason Drive. The members discussed the retreat.

Mary Marshall Report

Ms. Hermann reported out about the Mary Marshall Assisted Living Residence (MMALR).

- An Open House will be held on December 18th from 3:00 p.m. to 5:00 p.m.
- Secret Santa gift cards may be donated in \$10 and \$20 denominations. It is preferred that the cards are for use at Target, CVS, Walmart or K-Mart. Ms. Hermann stated that she can collect the gift cards at the CSB December 8th Executive Committee meeting and/or the CSB December 17th Full Board meeting. Ms. Shakour will provide receipts for the donations
- The census remains at 51
- Discussions are on-going to repair the sidewalk in the immediate vicinity of the residence
- 15 residents have expressed an interest in receiving dental work. 3 residents have received dentures.

Informational Items

- Dr. Orenstein announced that the Young Adults Committee has been reactivated and will meet December 17th at 9:00 a.m. at the Sequoia Building in room 400.
- Ms. Hermann announced that a Group Home Committee meeting will be held on November 20th at 4:00 p.m. at the Sequoia Building in room A. She asked that the members email suggested topics of discussion to her or Ms. Deane.
- Ms. Hermann reported that at the last MMALR Advisory Council meeting, a member of the Council spoke about a community organization; a neighboring church that inquired about Mental Health First Aide. Joe stated that a discussion about Mental Health First Aide is an agenda item for the December Substance Abuse Standing Committee meeting.

Adjournment

The Arlington County Community Services Full Board meeting was adjourned by Chair Jim Mack at 8:25 p.m.

Respectfully submitted by Kelly Mauller