



The Arlington Community Services Board
1725 N. George Mason Drive
Arlington, VA 22205
(703) 228-4871 FAX: (703) 228-5234



James Mack
ACCSB Chair

Anita Friedman
Interim Executive
Director

July 16, 2014
DHS Stambaugh Building Auditorium
2100 Washington Blvd
Arlington, Virginia
7:00 pm – Full Board Meeting

Present: James Mack, Anne Hermann, Judith Deane, Barbara Jones, Wayne Bert, Joanne Del Toro, Linda Kelleher

Excused: David Gardner, Carol Skelly, Shauna Alonge, David Kidwell, Ann Wroth, Lee Long, Erica Jackson, Brian Berke, Scott Brannon

Staff: Anita Friedman, Farah Shakour, Kelly Mauller, Joanna Barnes, Tom Wallace, Alan Orenstein

Public Comment(s)

There were no public comments.

Chair Mack welcomed new CSB member Joanne Del Toro to the full board. He noted that Ms. Del Toro will serve on the Child and Family committee. Ms. Del Toro thanked Mr. Mack.

Approval of the June 18, 2014 ACCSB Meeting Minutes

A quorum was not reached in order to approve the June 18th CSB Full Board meeting minutes. Chair Mack stated that the Full Board will review and approve the minutes at the September 17, 2014 CSB Full Board meeting.

Staff Recognition

Kevin Thorne, Developmental Disability Specialist with the Aging and Disability Division of the Department of Human Services, was nominated to receive the July 16, 2014 staff recognition award. Steve Garcia, Intellectual and Developmental Disabilities (IDD) Supervisor of the Aging and Disability Division, spoke about Mr. Thorne. Mr. Garcia stated that Mr. Thorne has an extensive background in geriatric social work and provides support to the residents with Intellectual and Developmental Disabilities (ID/IDD) at the Mary Marshall Assisted Living Residence (MMALR). He added that Mr. Thorne has excellent clinical skills. Mr. Garcia stated that Community Residences (CR) has given Mr. Thorne accolades for his teamwork and responsiveness. Mr. Garcia noted that Mr. Thorne recently accepted the position of Senior Adult Mental Health Therapist within the Aging and Disability Division. Mr. Thorne thanked the CSB for their support and advocacy. Anne Hermann also thanked Mr. Thorne for all of his work. Chair Mack conferred the award.

Presentation: Department of Human Services Consolidation Plan Progress Report and Overview

Patricia Durham, DHS Quality and Administration Division Chief, presented an overview and progress report for the Department of Human Services (DHS) consolidation plan to centralize most DHS programs to the Sequoia Plaza Complex (*Refer to Handout*). She stated that the DHS consolidation lease will be brought before the County Board for approval on July 24th. She noted that the Lease Agreement is for fifteen years with three fifteen year renewals.

She stated that all DHS programs and services will be relocated to the Sequoia Plaza Complex including the services provided at the following locations:

- The Drewry Center
- The George Mason Center
- The Edison Building
- Clarendon House
- Public Health Service providers from Fenwick House
- Substance Abuse and Mental Health treatment teams currently located at the Sequoia Plaza Complex I

Ms. Durham stated that co-location is key in delivering coordinated services to CSB clients. She noted that 45% of all DHS clients currently receiving services live in the surrounding area of the Sequoia Plaza Complex (*Refer to Handout*). Ms. Durham stated that once the consolidation of services is complete, 95% of all DHS services will be provided in one location. She noted that there are three non-stop bus lines that service the Sequoia Plaza and allow for easy access to services. She provided a comparison of the cost savings to relocate as opposed to maintaining older buildings with outdated systems.

Ms. Durham reported on the percentage of clients located in other facilities that currently receive services at the Sequoia Plaza Complex:

- Clarendon House - 88%
- Edison Complex - 72%
- Fenwick Center - 43%

Ms. Durham distributed an aerial view of the three building locations at the Sequoia Plaza Complex:

- Sequoia Plaza I, 2100 Washington Boulevard
- Sequoia Plaza II, 2110 Washington Boulevard
- Sequoia Plaza III, 2120 Washington Boulevard

She stated that the Behavioral Healthcare Division (BHD) will relocate to Sequoia Plaza III. She noted that the complex provides adequate parking and that staff and client visitor parking have two separate entrances and exits. Ms. Durham provided an overview of which BHD services will occupy each level of the Sequoia Plaza III building.

Ms. Durham stated that once the County Board approves the lease on July 24th, additional floor plan designs will be sent out for bids from construction contractors. She noted that construction will begin in January 2015 and that all staff will be relocated in the fall of 2015.

Ms. Deane asked what the County's intentions are for the disposition of the buildings and land at the Edison Complex once the services are relocated and if the CSB will be able to be involved in any decisions regarding the disposition of the land. Ms. Durham responded that the County has not yet made a decision about the disposition of the buildings and land but that there has been discussion that the disposition will become a community process. She noted that the process may become part of an initiative called Public Land for Public Good. Ms. Friedman will inquire about whether the community can be involved in the process.

Mr. Mack asked if the George Mason Center (GMC) will be completely vacated. Ms. Durham responded that the Head Start Day Care tenant has a lease with GMC through 2018 with options to renew. She noted that the employment center on the first floor will remain as well.

Ms. Jones asked if the space for Clarendon House clients is being designed to include an outdoor setting. Ms. Durham responded that currently there is an accessible green area with benches and a walkway available.

Ms. Kelleher asked how the relocation will be staged. Ms. Durham responded that the relocation will be phased in over several months.

Ms. Barnes asked how the County will notify the community about the relocation. Ms. Durham responded that advertising will be distributed through posters, mailings and utilization of a case manager integration process to prepare clients for the relocation transition.

Chair Mack thanked Ms. Durham for the presentation.

Mr. Mack reported that he sent a letter (*included in member packet*) to the County Board, expressing the CSB's support of the consolidation of DHS programs at the Sequoia Plaza Complex.

Action Item: Review and Approve the General Assembly Legislative and Budget Priorities Document

A quorum was not reached in order to approve the CSB's FY15 Recommendations to the General Assembly. The recommendations are due to CSB Legislative Liaison, Patricia Carroll, on July 18th. The seven members present at the meeting voted to approve the recommendations. Ms. Shakour will email the recommendations to the absent full board members for the additional votes required to fully approve the recommendations. Ms. Shakour gave an overview of the CSB's final FY15 Recommendations to the General Assembly (*Refer to Handout*). She noted that the Virginia Association of Community Services Board (VACSB) has endorsed several of Arlington's CSB recommendations. The members discussed the VACSB endorsements.

The CSB's recommendations are as follows:

- Community Placement of Individuals with Intellectual and Developmental Disabilities (IDD)
- Housing Services and Supports for People with Serious Mental Illness
- Substance Abuse Peer Model Recovery Program
- Community-based Services for Older Adults
- Discharge Assistance Plan (DAP) funding to provide an intensive residential treatment facility in the community for individuals being discharged from the state psychiatric hospitals, especially for those on the Extraordinary Barriers List (EBL)
- Expand Services for Youth, Including Juvenile Offenders

Children and Youth Policy Requests

- Treatment for Children in Psychiatric and Detention Facilities
- Sealing/Expunging Juvenile Court Records

Status Update: FY 15 State Performance Contract

Ms. Friedman, ACCSB Interim Executive Director, provided an update about the State Performance Contract. She reported that the Contract is in the process of being finalized by the Department of Human Services (DHS) Finance and Management Bureau (FMB). The Contract must be approved and signed by the CSB Chair in September. Ms. Friedman noted that the full board does not meet in August and asked the members how they would like DHS to proceed in acquiring approval from the CSB prior to September. Mr. Mack suggested that the Executive Committee invite the full board members to the August 11th Executive Committee meeting to review the Contract. Ms. Shakour will email a summary of the Contract to the full board for review prior to the August 11th Executive Committee meeting.

ACCSB Executive Director's Report

- ✓ Ms. Friedman directed the members to the program reviews (*Included in Member Packet*). The Program Reviews provide descriptions of CSB programs, including purpose, staffing and budget.
- ✓ Ms. Friedman reported that CSB programs were at 92% as of June 30, 2014 (*Refer to Handout*). She will present a final financial report for FY14 at the September 17th full board meeting.
- ✓ Dr. Alan Orenstein, Mental Health Bureau Chief, presented an update on the transition plan for the Mental Health group homes. He stated that Arlington County's vendor for the Mental Health group homes is

Community Residences (CR). CR provides recovery-oriented support services to individuals with Serious Mental Illness (SMI). CR operates four Mental Health group homes in Arlington with a total of 29 beds.

Dr. Orenstein stated that two of the group homes are Assisted Living Facilities (ALF) with the same level of care as the Mary Marshall Assisted Living Residence (MMALR) but are smaller. The Roosevelt Group Home is a 24/7 hours of care, standard facility, with six beds, for individuals with Serious Mental Illness (SMI). The Vaughn Ball Group Home is a slighter smaller home with six beds and 16/7 hours of care. He stated that what prompted the current transition plan was a change in Mental Health Support Services (MHSS) emergency regulations. He noted that a portion of the incoming revenue for CR was utilized for providing support services to assist individuals with everyday living skills. He stated that those Emergency Regulations impeded CR from billing for support services that CR provides to their own group home residences. He further stated that the change in regulations raised a concern about a high revenue deficit in FY15 and a concern about the affordability of the group homes and maintaining quality services.

Dr. Orenstein stated that the proposed plan for the six clients that reside in the Roosevelt Group Home, if it is clinically appropriate and the individuals are willing, is that the clients be relocated to the Kensington apartment house owned by CR located in the Westover area of Arlington. He noted that the Kensington is a three story building with two, three-bedroom apartments and one two bedroom apartment. He stated that CR would utilize two of the three bedroom apartments to house the six individuals who are appropriately referred from the Roosevelt Group Home. He noted that it would not be appropriate to relocate all of the individuals from the Roosevelt Group Home to their own apartments. He stated that if this type of housing is not appropriate for particular individuals, appropriate housing will be provided.

Dr. Orenstein stated that the Mental Health Team is in the process of discussing the transition with Community Residences, family members and clients. He noted that tours of the Kensington apartment and client and family orientation sessions will be provided prior to the relocation.

Ms. Jones asked if CR has openings in other group homes for individuals in which apartment type housing would not be appropriate. Dr. Orenstein responded that the Mental Health Team is collaborating to find appropriate housing for the two individuals that require 24/7 care.

Ms. Kelleher asked if overnight care will be provided at the Kensington Group Home in the future. Dr. Orenstein responded that staff will be present at the Kensington Group Home to provide 24-hour services over the weekend and flexible hours of service during the weekdays while residents are present.

Ms. Kelleher asked if Dr. Orenstein is familiar with the arrangement that CR has with Buchanan Gardens. Buchanan Gardens is a supported independent living residence. He responded that he is not familiar with the arrangement. She stated that the Arlington Partnership for Affordable Housing (APAH) has a relationship with CR and that APAH has a number of units that are accessible and provide for the needs of several CSB clients. She will research the arrangement between CR and Buchanan Gardens and provide an update at the September 17th full board meeting.

Ms. Deane stated that she and Ms. Hermann have proposed that the Mental Health Committee meet with the CSB and CR to further discuss the transition process.

- ✓ Ms. Friedman distributed an updated CSB Full Board Member Term Roster.
- ✓ Ms. Friedman distributed the recruitment brochure for the BHD Executive Director/CSB Executive Director position. She noted that several applications have been received
- ✓ Ms. Friedman directed the members to an update about current events taking place, relevant to behavioral healthcare, from the Commissioner of DBHDS (*Included in Member Packet*). She announced that Deborah Ferguson has been appointed as the new Commissioner of DBHDS.

- ✓ Ms. Friedman directed the members to the CSB's Charge (*Included in Member Packet*). The Charge is updated by the County Board annually.
- ✓ Ms. Friedman gave an annual report on the group homes for FY14 (*Refer to Handout*). 143 incidents were reported.
- ✓ Ms. Friedman announced that September is National Recovery Month. National Recovery Month is sponsored nationwide by the Substance Abuse and Mental Health Services Administration (SAMSHA). The theme this year is Speak Up, Reach Out. Lizabeth Schuch, BHD Recovery Manager, is coordinating a Speak Up, Reach Out event. The event will be held September 24th at Bus Boys and Poets from 6:30 p.m. to 8:00 p.m. Individuals in recovery will tell their stories in various formats (speaking, video, poetry, etc.).

ACCSB Chair's Report

Chair Mack announced that an individual in the Drug Court Program is graduating from the program on July 17th. He noted that the individual is the programs first graduate. He stated that the graduation will be held at 9:00 a.m. in Room 10C at the courthouse. Mr. Mack stated that the Drug Court proceedings take place every Thursday from 8:30 a.m. to 9:30 a.m. in Room 11B at the Courthouse. The proceedings are presided over by Judge DiMatteo.

Chair Mack announced that Carol Skelly and Joanne Del Toro have been appointed by the County Board as CSB Full Board members with terms beginning July 1st. Ms. Skelly will also co-chair the Intellectual and Developmental Disabilities (IDD) committee. He announced that Keith Whyte has been reappointed by the County Board for a second term to begin on July 1st. He stated that there is currently one vacancy on the full board as of July 1st.

Mary Marshall Report

Ms. Hermann reported out about the Mary Marshall Assisted Living Residence (MMALR).

- MMALR has a full Census of 52 residents; 8 of the 52 residents are individuals with Intellectual and Developmental Disabilities (IDD).
- 5 individuals have received dentures. Humana may possibly be able to assist with dental services.
- A representative from Penrose has been contacted regarding the poor condition of the sidewalk.
- Numerous community activities will be scheduled in the near future:
 - Fannie Mae will host an event
 - MMALR is hosting a '60s theme family event on August 28th
 - Special ceremony to name the community room
 - Capitol One will be sending a representative to provide activities

Mr. Mack asked Ms. Hermann to let the members know when MMALR will be hosting an open house so that new members can attend.

Adjournment

The Arlington County Community Services Full Board meeting was adjourned by Chair Jim Mack at 8:50 p.m.

Respectfully submitted by Kelly Mauller