



The Arlington Community Services Board
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James Mack
ACCSB Chair

Beth Tschopp
Executive Director

December 17, 2014
DHS Stambaugh Building Auditorium
2100 Washington Blvd.
Arlington, Virginia
7:00 pm - Full Board Meeting

DRAFT

Present: James Mack, Anne Hermann, Barbara Jones, Wayne Bert, David Gardner, Erica Jackson, Joanne Del Toro, Carol Skelly, Linda Kelleher, Brian Berke, Asha Patton-Smith, Judy Deane, Ann Wroth

Excused: Scott Brannon, David Kidwell, Lee Long Keith Whyte, Shauna Alonge

Staff: Beth Tschopp, Anita Friedman, Farah Shakour, Kelly Mauller

Public Comment(s)

There were no public comments.

Approval of the November 19, 2014 ACCSB Meeting Minutes

Chair Mack called for a motion to approve the November 19, 2014 ACCSB Full Board meeting minutes. Ms. Jones motioned to approve the minutes, Mr. Bert seconded the motion, and the minutes were approved with one correction.

Staff Recognition

Mark Doering, Behavioral Healthcare Division Program of Assertive Community Treatment (PACT) Assistant Manager/Former Therapist on Mental Health Team C was nominated to receive the December 17, 2014 CSB staff recognition award. Alexis Speight, Mental Health Therapist and Supervisor Team C nominated Mr. Doering and stated that he is dedicated and motivated in his efforts to assist clients. As an example of Mr. Doering's efforts, she stated that in one month's time he was able to ensure that three of his clients that were in jeopardy of losing their housing remained housed. Mr. Doering thanked the CSB and Ms. Speight and commented that he appreciates the support he has received from his peers. Chair Mack thanked Mr. Doering and conferred the award.

Discussion on Prioritizing Budget Requests

➤ **Discuss Principles of Prioritizing Budget Requests**

Chair Mack opened a discussion on the CSB FY 16 Preliminary Local Budget Requests. Mr. Mack strongly suggested that the board members make concise decisions when prioritizing their requests to the County Board.

➤ **FY16 Preliminary Local Budget Priorities**

The members discussed their local budget priorities. The total of the current requests is \$1,080,747 for 8.7 Full Time Employees (FTEs) and 5.0 Contract Staff.

The CSB FY16 preliminary local budget priorities are as follows:

Mental Health (MH) Committee

- Psychiatric Services Provider - (\$122,027) Fund additional hours for the part-time merit position psychiatry staff to better integrate psychiatric services into the behavioral health teams and improve access to and the continuity of psychiatric services
- Crisis Intervention Center (CIC) - (\$171,488) Fund 2.0 FTE Mental Health Therapist positions to provide 24/7 coverage in Emergency Services
- Crisis Intervention Team (CIT) Coordinator - (\$75,000) Replace funding for the grant-funded Crisis Intervention Team (CIT) coordinator position that expired in FY14 and was funded with one-time dollars in FY15
- Mental Health Peer Supports - (\$228,000) to provide a total of 4.0 contract positions to provide peer specialist services to each of the following Mental Health Services: Client Services Entry (1.0), PACT (1.0), Clarendon House (1.0) and Young Adult Mental Health Services (1.0)
- Mental Health Therapists in the Jail (Substance Abuse Committee special support) - (\$85,744) Fund 1.0 FTE jail therapist position to provide services to inmates located in the jail's general population, preparing for re-entry into the community

Substance Abuse (SA) Committee

- Peer Recovery/Recovery Support Staff - (\$57,000) Fund the addition of 1.0 contract peer-based Recovery Coach in substance abuse services to give greater focus to working with consumers pre-treatment, during treatment and after primary treatment
- Arlington Jail Addictions, Corrections and Treatment (ACT) Unit Case Management - (\$85,744) Fund a designated 1.0 FTE case manager position who will be responsible for providing assessment, individual and group therapy and education services to a caseload of incarcerated substance-dependent men and women, many of whom have co-existing mental disorders
- Drug Court Substance Abuse Counselor - The Arlington County Circuit Court is including the request to fund a 1.0 FTE Substance Abuse Counselor to cover Arlington consumers who violate their probation and qualify or are admitted to the Arlington Drug Court Program as part of the opportunity to remain in the community in their local budget requests. Pending inclusion of this item in the Circuit Court's budget, the CSB will endorse the item and remove the request for funding from its priorities. The original request from the CSB was \$85,744

Child and Youth (CY) Committee

- Bilingual Behavior Intervention Services (BIS) Provider - (\$85,000) Fund 1.0 Bilingual Behavioral Intervention Services (BIS) to work with parents/guardians of children/youth who present with behavior issues that could indicate, or lead to, mental health problems
- Parent Support Specialist - (\$85,000) Fund 1.0 Parent Support Specialist to work with parents/guardians of children/youth who present with behavior issues that could indicate, or lead to, mental health problems

Intellectual and Developmental Disabilities (IDD) Committee

- No requests at this time

Ms. Friedman stated that there may be other funding resources available for some of the CSB's requests. If other funding can be secured, the peer positions may be eliminated from the CSB's requests. The CSB members will be notified as more information on this becomes available.

Ms. Del Torro asked that if a request is funded by an alternative source, is the request funded based on the County Manager's budget. Mr. Mack responded that if any of the CSB's requests are included in the County Manager's budget that the CSB would remove that request from their document.

➤ State Budget Follow Up Items from Legislative Delegation Forum

Mr. Mack presented a brief overview of the topics of discussion from the Legislative Delegation Forum held in November.

Prioritizing DAP and SMI Housing

Ms. Hermann reported out about the meeting held December 15th with CSB staff liaisons and CSB members regarding Senator Howell's request to the CSB to prioritize their request for either Discharge Assistance Planning (DAP) or Housing for individuals with Serious Mental Illness (SMI). Ms. Hermann noted that support from the Virginia Association of Community Services Board (VACSB) and the Regional Management Group (RMG) played a role in the decision. She stated that housing for individuals with SMI has the support of both the VACSB and RMG and that DAP does not have the support of RMG or VACSB. She noted that in addition to the CSBs request for housing services having the support of both the VACSB and RMG, more individuals would be served by advocating for housing services. Pursuant to Senator Howell's request that the CSB prioritize, Mr. Mack called for a motion to vote. The members unanimously agreed that Housing Services for individuals with SMI should have the most emphasis. However, the Arlington County CSB will continue to advocate for both services.

IDD Rate Differential Issue

Ms. Kelleher opened a discussion about housing for individuals with Intellectual and Developmental Disabilities (IDD). She distributed three documents:

1. Overview of the need for affordable housing for individuals with IDD: To support the expansion of community residential opportunities for individuals with IDD in high cost, underserved areas by enacting a resolution to a) express the sense of the General Assembly that residential facilities covered by Section 15.2-2291 of the Code of Virginia should be considered housing for purposes of public financing and b) encourage all state agencies to maximize utilization of public funding streams for the acquisition, construction and/or rehabilitation of housing for this purpose.

Section 15.2-2291 of the Code of Virginia states that zoning ordinances must treat group homes or residential facilities licensed by the Department of Behavioral Health and Developmental Services (DBHDS) in which eight or fewer individuals with mental illness, intellectual disability or developmental disabilities reside with one or more staff as they would a residential occupancy by a single family. This interpretation of use and occupancy supports the notion that these residential settings are housing that is protected under the Fair Housing Act Amendments of 1988, rather than a commercial, industrial or other use.

2. Letter to Governor McAuliffe on behalf of the Fairfax County Board of Supervisors: The letter expresses a concern about the difficulty in securing appropriate placement for individuals with IDD who require highly intensive residential services in a Medicaid Waiver Group Home or Intermediate Care Facility (ICF). The restructuring of the Department of Justice (DOJ) settlement no longer allows the Virginia Housing Development Authority (VHDA) to provide funding for individuals in Medicaid Waiver Group Homes or ICFs. The letter states Section 15.2-2291 of the Code of Virginia which affirms that these programs are residential, not medical, in nature.

3. Response Letter to the Fairfax County Board of Supervisors, from the Office of Governor McAuliffe: The letter states in part that the Commonwealth of Virginia's preferred housing option for individuals with an intellectual or developmental disability is community-based housing. The letter continues, stating, The Commonwealth's position relating to group homes and ICF-IDDs aligns with the Olmstead decision, the spirit and intent of the DOJ Settlement Agreement and the Centers for Medicare (CMS) Final Rule for integrated Home and Community Based Settings.

The members discussed several options for the next steps to move forward. The members concluded that Ms. Skelly will draft a letter to Governor McAuliffe, after January 1, 2015, stating that the Arlington County CSB disagrees with the Commonwealth's response to the Fairfax County Board of Supervisors. The members agreed that Mr. Mack will sign the letter to Governor McAuliffe.

Ms. Skelly reported out about the Arlington County CSBs letter to Governor McAuliffe regarding a Waiver Rate differential for individuals with an Intellectual and Developmental Disability (IDD) residing in northern Virginia. She noted that the letter was submitted by the State deadline for public comment, which was extended from Friday December 12th to Monday December 15th. Ms. Skelly stated that all five of the Northern Virginia Region II CSBs signed on to Arlington's letter. The letter states in part that "the Department of Behavioral Health and Developmental Services (DBHDS) has proposed new waiver reimbursement rates for approval by the federal government next year, but the proposals approximate the current locality differential of 15 percent, which has been in effect since FY 2008. An increase to an average of at least 30 percent is necessary to resolve regional disparities and achieve a successful transition to community-based services under the Department of Justice (DOJ) settlement agreement." She noted that the General Assembly members representing Arlington County would support the CSB's request.

ACCSB Executive Director's Report

- ✓ Ms. Tschopp reported that CSB programs are meeting their financial target for this point in the year at 34% (*Refer to Handout*).
- ✓ Ms. Tschopp reported out about the meeting between the Director of the Virginia Hospital Center (VHC) and Dr. Justine Larson, BHD Medical Director. She stated that due to VHC's service restraints and the inability to relocate units and wards, they are not in a position to provide additional space for CSB clients.
- ✓ Ms. Shakour presented a report on the group homes for November (*Refer to Handout*). She stated that 19 incidents were reported in November. She noted that there was one major behavioral incident of an individual becoming physically abusive and who was subsequently admitted to the ACCESS Program for additional treatment.

Mr. Gardner asked how medication errors are reported to the Behavioral Healthcare Division (BHD) and if the medication is administered electronically or on paper. Ms. Shakour responded that the information reported is provided by County contracted managers and mandated reporters for the group homes and is administered on a Medical Administration Record (MAR) form.

- ✓ Ms. Shakour reported out about the Extraordinary Barriers List (EBL). She stated that 9 individuals in Arlington are currently on the EBL, the same as last month.

Ms. Shakour explained that an ICRT is an Intensive Community Residential Treatment Facility that offers 24/7 support to Arlington's most at risk clients and that an ICRT+ provides additional supports above the 24/7 support.

- ✓ Ms. Tschopp announced that Dr. John Palmieri, M.D. has been hired as the new Medical Director for the Community Services Board's programs. Dr. Palmieri is currently a Community Psychiatrist in Massachusetts. Ms. Tschopp stated that Dr. Palmieri will begin on May 26, 2015 and that she and Ms. Friedman will act as interim administrators.
- ✓ Ms. Shakour announced that Dr. Joe Bullock, Substance Abuse Bureau Chief has made arrangements for the CSB full board members to attend Mental Health First Aide training. Mental Health First Aide is training provided to the lay person on how to support an individual who is having a mental health crisis. She distributed a registration sheet to the members. The training is scheduled on January 9th and 16th from 9:00 a.m. to 1:00 p.m. at the Sequoia Complex, Room 138, 2100 Washington Boulevard and February 19th and 26th from 9:00 a.m. to 1:00 p.m. at the George Mason Center (GMC), Room 214, 1801 N. George Mason Drive. Anyone wishing to attend the training sessions must attend both training dates within the same month. A minimum of 5 and a maximum of 20 individuals are required to hold the training sessions. The training will be provided by BHD staff. Ms. Shakour will email a sign-up reminder to the members. The deadline to register for the February training is January 19th at 5:00 p.m.

ACCSB Chair's Report

- ✓ Chair Mack announced that the Financial Disclosure and Real Estate Disclosure forms, as required by the County Board, were due on December 15th. Ms. Mauller provided copies of the forms for members that had not yet submitted them.
- ✓ Chair Mack announced that the Regional Hearings on the State Budget are scheduled for Wednesday, January 7, 2015. The purpose of the hearings is to receive comments on the Governor's proposed amendments to the 2014-2016 biennial state budget. Persons wishing to speak may register at each hearing site no earlier than one hour prior to the start of the hearing. Speakers will be taken in the order of registration. Each person may register only one speaker at a time. Speakers are asked to limit their comments to three minutes or less.

The hearings will be held at the following times and locations:

Wednesday, January 7, 2015 at 10:00 a.m.

- Prince William County - George Mason University, Manassas Campus, Hylton Performing Arts Center, Gregory Family Theater
- Abingdon - Southwest Virginia Higher Education Center

Wednesday, January 7, 2015 at 12:00 noon

- Williamsburg - College of William and Mary, School of Education, Professional Development Center
- Martinsville - New College Institute, Building on Baldwin
- Central Virginia - City of Richmond, General Assembly Building, House Room D

The members discussed and agreed which CSB member will present at the hearing:

- Intellectual and Developmental Disabilities - Ms. Jones
- Substance Abuse - Mr. Mack
- Expansion of Children's Services - Mr. Mack will contact Ms. Alonge about presenting
- Housing Services - Ms. Hermann
- Discharge Assistance Planning (DAP) - Ms. Hermann

- ✓ Chair Mack announced that a luncheon for PACT staff will be held on January 12th from 12:00 p.m. to 1:30 p.m. at the George Mason Center (GMC) located at 1801 N. George Mason Drive. He noted that County Board member and CSB staff liaison, Mary Hynes, will present a proclamation from the County.

Report Out on ACCSB Retreat Initiatives

- Ms. Hermann reported out about the Mary Marshall Assisted Living Residence (MMALR).
 - She thanked the members for participating in the Secret Santa Program to donate gift cards for the Mary Marshall residents.
 - The Residence is at a full census of 52
 - An Open House will be held on December 18th from 3:00 p.m. to 5:00 p.m. The Residence is located on 5th Street in Arlington
- A presentation was held about the Fenwick Foundation, founded by Tom Fonseca. Mr. Fonseca is a former CSB board member. For more information, contact Ms. Hermann.
- Ms. Hermann announced that a Group Home Committee organizational meeting is being held on February 3rd at 2:00p.m. at the Sequoia Building in room C. She asked that the members email suggested topics of discussion to her or Ms. Deane.

Adjournment

The Arlington County Community Services Full Board meeting was adjourned by Chair Jim Mack at 7:50 p.m.

Respectfully submitted by Kelly Mauller