

**Arlington County Community Services Board  
Executive Committee Meeting  
October 6, 2014  
Drewry Center – Rm. 107  
6:00 p.m.**

**Present:** James Mack, Anne Hermann, Judith Deane, Shauna Alonge, Barbara Jones, Carol Skelly

**Staff:** Anita Friedman, Farah Shakour, Kelly Mauller

The October 6, 2014 Arlington County Community Services Board (ACCSB) Executive Committee meeting was convened by the ACCSB Executive Committee Chair James Mack at 6:00 p.m. The meeting was held at the Drewry Center, 1725 N. George Mason Drive, Arlington, Virginia.

**Approval of the September 8, 2014 Executive Committee Minutes**

Chair Mack called for a motion to approve the September 8, 2014 ACCSB Executive Committee meeting minutes. Ms. Jones motioned to approve the minutes, Ms. Hermann seconded the motion, and the minutes were approved with no corrections.

**CSB Preliminary FY 16 Local Committee Budget Priorities**

Ms. Friedman presented a brief overview of the draft CSB FY16 Preliminary Local Budget Priorities submitted by the standing committees. The members discussed the priorities, noting that priorities may change as circumstances and funding change.

The CSB FY16 preliminary local budget priorities are as follows:

**Mental Health (MH) Committee**

- Psychiatric Services Provider – (\$122,027) population served: adults and older adults with mental illness
- Crisis Intervention Center (CIC) – (\$171,488) population served: adults with mental illness
- Crisis Intervention Team (CIT) Coordinator – (\$75,000) population served: adults with mental illness
- Mental Health Peer Supports – (\$228,000) population served: adults with mental illness

**Substance Abuse (SA) Committee**

- Peer Recovery/Recovery Support Staff – (\$57,000) population served: adults with substance abuse disorders
- Arlington Jail Addictions, Corrections and Treatment (ACT) Unit Case Management – (\$85,744) population served: adults with substance abuse disorders
- Drug Court Substance Abuse Counselor – (\$85,744) population served: adults with substance abuse disorders
- Mental Health Therapists in the Jail (Substance Abuse Committee special support) – (\$85,744) population served: adults with substance abuse disorders

**Child and Youth (CY) Committee**

- Bilingual Behavior Intervention Services (BIS) Provider – (\$85,000) population served: caregivers and teachers of children with behavioral challenges ranging in age from 3 to 10
- Parent Support Specialist – (\$85,000) population served: caregivers and teachers of children with behavioral challenges (youth 11 to 18 years old)

## Intellectual and Developmental Disabilities (IDD) Committee

- No requests at this time

## CSB FY 14 Annual Report Review

Ms. Shakour distributed a draft of the CSB FY14 Annual Report. She noted that the theme for this year's report is "Changing Times, Changing Lives". The committee members reviewed and discussed the draft annual report. Ms. Shakour will incorporate the committee members' suggested changes into the report and email it to the full board for review prior to the October 15<sup>th</sup> full board meeting.

## CSB Annual Retreat Planning

Chair Mack announced that the Annual CSB Retreat will be held Saturday October 25, 2014 from 9:00 a.m. to 2:30 p.m. in the George Mason Center (GMC) Auditorium located at 1801 N. George Mason Drive (*Refer to Handout*). The committee members discussed the agenda items and speakers.

The retreat agenda items are as follows:

- Housing panel:
  - Cynthia Stevens, Arlington County Department of Human Services (DHS) Housing Assistance Bureau Chief
  - Maureen Markham, Principal Planner, Arlington County Housing Division
  - Representative from Non-Profit Residential Provider
  - Representative from Housing Development
- Department of Behavioral Health and Developmental Services (DBHDS) update on current statewide initiatives, vision of the new commissioner and the impact on CSBs
- Lunchtime speaker - Mary Hynes, Arlington County Board – County Board priorities for FY16 and beyond

Special Committee Updates:

- Virginia Hospital Center (VHC) and commitment hearings – Leslie Weisman, Client Services Entry, Bureau Chief will present
- Adult Drug Court – Mr. Mack will present
- Juvenile Court Liaison – Ms. Alonge will present
- Young Adults – Ms. Deane will present
- PACT Advisory Council – Ms. Deane and Ms. Hermann will present

Initiatives for the upcoming year:

- Mental Health Group Homes
- Mental Health First Aid
- Older Adult Mental Health Services
- Autism services

## CSB Annual Legislative Delegation Forum

Chair Mack announced that the Legislative Delegation Forum will be held for one hour prior to the November 19, 2014 CSB Full Board meeting from 6:00 to 7:00 at the Stambaugh Building located at 2100 Washington Boulevard in the Lower Level Auditorium. Chair Mack noted that Mr. Richard "Rip" Sullivan was elected to fill Mr. Brink's seat in a special election that was held on August 19<sup>th</sup>.

The committee agreed to the following topics and presenters:

- Intellectual and Developmental Disabilities (IDD) Services: Ms. Skelly and Ms. Jones
- Substance Abuse Services: Mr. Mack
- Child and Family Services: Ms. Alonge
- Housing: Ms. Deane
- Discharge Assistance Planning (DAP): Ms. Hermann

#### **FY 14 Permanent Supportive Housing Tables**

Ms. Shakour distributed the FY14 Permanent Supportive Housing (PSH) tables. Mr. Mack stated that there was a total of 338 CSB clients being served in all Arlington housing types, as of June 30, 2014.

The types of PSH housing included in the tables for individuals with Mental Health (MH) issues include:

- Group Homes
- Transitional Housing
- Intensive Residential Housing
- Permanent Supportive Housing

The types of PSH housing included in the tables for individuals with Intellectual Disabilities (ID) include:

- Intensive Care Facilities (ICF)
- Group Homes
- Supervised Apartments
- Permanent Supportive Housing - adults
- Permanent Supportive Housing – child (with family)
- Children under 18

The types of PSH housing included in the tables for individuals with Substance Abuse (SA) issues include:

- Transitional Living Facilities
- Permanent Supportive Housing

The Mary Marshall Assisted Living Residence provides supportive housing services for individuals with Mental Health (MH) issues and Intellectual and Developmental Disabilities (IDD).

The committee reviewed and discussed the PSH tables. The committee members agreed to discontinue including the comparative data from the previous year.

#### **Brief Updates/Information**

- Update on the Hiring of New ACCSB Executive Director  
Ms. Friedman reported that the Department of Human Services (DHS) Director is still in the process of conducting preliminary interviews for the vacant Behavioral Healthcare Division (BHD) Chief/Community Services Board (CSB) Executive Director position. She stated that a potential candidate is scheduled for an in-person interview on October 7<sup>th</sup>.
- CSB Public Hearing on Budget Update  
Chair Mack reported out about the Department of Human Services/Community Services Board (DHS/CSB) Public Forum on the budget that was held on September 29<sup>th</sup> in the George Mason Center (GMC) auditorium located at 1801 N. George Mason Drive. He stated that four speakers presented; two individuals presented on behalf of young adults, one individual presented on

behalf of the Mental Health aspect of the Arlington County Head-Start Program. Betsy Greer, National Alliance on Mental Illness (NAMI), presented in writing on behalf of peers.

- National Recovery Month Program  
Chair Mack reported out about the National Recovery Month event held September 24<sup>th</sup> at Bus Boys and Poets in Arlington's Shirlington Village. He stated that the event was very successful and well attended. The theme this year was Speak Up, Reach Out. Lizabeth Schuch, BHD Recovery Manager, coordinated the event.
- Brief Review: CSB 2015 Meeting Dates  
Ms. Shakour distributed the CSB 2015 Executive Committee and Full Board meeting schedule. She asked the committee members to review the schedule and to email any revisions to her.

#### **Upcoming Items for CSB Full Board Meeting on October 15, 2014**

- ✓ Ms. Friedman stated that the CSB Final FY 16 Preliminary Local Committee Budget Priorities will be brought before the full board members for review and approval.
- ✓ Ms. Friedman stated that the CSB FY 14 Annual Report will be brought before the full board members for review and approval.
- ✓ Ms. Friedman stated that the Arlington County FY14 Permanent Supportive Housing (PSH) Tables will be brought before the full board members for review and discussion.
- ✓ An update will be provided about the CSB Annual Retreat planning.
- ✓ An update will be provided about the CSB Annual Legislative Delegation Forum.
- ✓ Ms. Friedman announced that Jose Silva, Job Avenue, Mental Health Services, Behavioral Healthcare Division, will receive the September 17, 2014 staff recognition award.
- ✓ There will be a Group Home Report presented if necessary.
- ✓ There will be a monthly Financial Report presented if necessary.
- ✓ Chair Mack will ask the members if they would like any updates from the CSB Ad Hoc Initiative Committees.
- ✓ Ms. Hermann will report out on the Mary Marshall Assisted Living Residence (MMALR).

The Arlington County Community Services Board Executive Committee meeting was adjourned by Chair Mack at 8:20 p.m.

Respectfully submitted by Kelly Mauller.