

**Arlington County Community Services Board
Executive Committee Meeting
January 12, 2015
Drewry Center - Rm. 107
6:00 p.m.**

Present: James Mack, Anne Hermann, Barbara Jones, Shauna Alonge

Absent: Judy Deane, Carol Skelly

Staff: Beth Tschopp, Farah Shakour, Kelly Mauller

The January 12, 2015 Arlington County Community Services Board (ACCSB) Executive Committee meeting was convened by the ACCSB Executive Committee Chair James Mack at 6:00 p.m. The meeting was held at the Drewry Center, 1725 N. George Mason Drive, Arlington, Virginia.

Approval of the December 8, 2014 Executive Committee Minutes

Chair Mack called for a motion to approve the December 8, 2014 ACCSB Executive Committee meeting minutes. Ms. Alonge motioned to approve the minutes, Ms. Hermann seconded the motion, and the minutes were approved with one correction.

Review of January 7, 2015 State Budget Hearing

Chair Mack reported out on the Regional Hearings on the State Budget that were held on January 7, 2015. The purpose of the hearings was for the state legislators to receive comments on the Governor's proposed amendments to the 2014-2016 biennial State Budget. He noted that several of Arlington's legislators attended portions of the hearings.

Discussion on Prioritizing Local Budget Requests

Chair Mack opened a discussion about prioritizing the CSBs FY16 local budget requests (*Refer to Handout*).

He noted several points for the members to consider when prioritizing:

- Programs/services that will terminate unless funding is received
- Programs/services that will be reduced without additional funding
- Programs/services that will not be expanded without additional funding
- Services that are new
- Services that will continue at current level without additional funding

The members discussed the priorities.

The CSB FY16 preliminary local budget priorities are as follows:

Mental Health (MH) Committee

- Psychiatric Services Provider - (\$122,027) Fund additional hours for the part-time merit position psychiatry staff to better integrate psychiatric services into the behavioral health teams and improve access to and the continuity of psychiatric services - Will continue at current level without funding
- Crisis Intervention Center (CIC) - (\$171,488) Fund 2.0 FTE Mental Health Therapist positions to provide 24/7 coverage in Emergency Services - Will not expand without funding

- Crisis Intervention Team (CIT) Coordinator – (\$75,000) Fund 1.0 FTE CIT Coordinator position. The funding for this position expired in FY14 and was funded with one-time local dollars in FY15 – will terminate unless funding is received
- Mental Health Peer Supports –The request was for \$228,000 to provide a total of 4.0 contract positions to provide peer specialist services to each of the following mental health programs: Client Services Entry, PACT, Clarendon House and young adult mental health services – This is a new service
- Mental Health Therapists in the Jail (Substance Abuse Committee special support) – (\$85,744) Fund 1.0 FTE jail therapist position to provide services to inmates located in the jail’s general population, preparing for re-entry into the community – Will not expand without funding

Substance Abuse (SA) Committee

- Peer Recovery/Recovery Support Staff – (\$57,000) Fund the addition of 1.0 contract peer-based Recovery Coach in substance abuse services to give greater focus to working with consumers pre-treatment, during treatment and after primary treatment – Will terminate without funding
- Arlington Jail Addictions, Corrections and Treatment (ACT) Unit Case Management – (\$85,744) Fund a designated 1.0 FTE case manager position who will be responsible for providing assessment, individual and group therapy and education services to a caseload of incarcerated substance-dependent men and women, many of whom have co-existing mental disorders - Will not continue without funding
- Drug Court Substance Abuse Counselor – The Arlington County Circuit Court is including the request to fund a 1.0 FTE Substance Abuse Counselor to cover Arlington consumers who violate their probation and qualify or are admitted to the Arlington Drug Court Program as part of the opportunity to remain in the community in their local budget requests. The CSB will endorse the Circuit Court’s request and remove the request for funding from its priorities. The original request from the CSB was \$85,744 – Will not expand without funding

Child and Youth (CY) Committee

- Bilingual Behavior Intervention Services (BIS) Provider – (\$85,000) Fund 1.0 Bilingual Behavioral Intervention Services (BIS) to work with parents/guardians of children/youth who present with behavior issues that could indicate, or lead to, mental health problems (age range of 3 to 13 years of age) – This is a new service in an existing program that will not expand without funding
- Parent Support Specialist – (\$85,000) Fund 1.0 Parent Support Specialist to work with parents/guardians of children/youth who present with behavior issues that could indicate, or lead to, mental health problems (age range of 14 to 18 years of age) – This is a new service

Intellectual and Developmental Disabilities (IDD) Committee

- No requests at this time

CSB FY 2016 Local Budget Requests

- Chair Mack directed the members to the FY16 Budget Guidance procedures (*Refer to Handout*) that provide direction to the County Manager from the County Board on the parameters for preparing the FY16 budget. The guideline states in part that “the County Manager is directed to present a balanced budget that assumes no increase in tax rates and no new program expansion beyond those previously approved by the Board.”
- Ms. Shakour noted that in FY 2015, only the CIT Coordinator position was funded with one-time funds. No other requests were funded.

- Ms. Shakour asked the members when they would like to meet with the County Board members to discuss their budget priorities and recommended that the meetings be scheduled after the County Board's Work Session in March. Ms. Shakour will contact the County Board Office to confirm the availability of the County Board members.
- Ms. Shakour announced that the County Manager will release her budget, at a date to be determined, in February.
- Ms. Shakour asked the members who they would like to present each item. Chair Mack noted that in the past, Executive Committee members, members of the full board and consumers have presented. The members discussed several possible presenters that are not members of the CSB full board.

Brief Updates/Information

➤ **Mental Health First Aid**

Chair Mack announced that there are still available slots in the January and February Mental Health First Aid training sessions. The trainings were requested by the CSB and are delivered by DHS staff. Mental Health First Aid is training provided to the lay person on how to support an individual who is having a mental health crisis. The training is scheduled on January 9th and 16th from 9:00 a.m. to 1:00 p.m. at the Sequoia Complex, Room 138, 2100 Washington Boulevard and February 19th and 26th from 9:00 a.m. to 1:00 p.m. at the George Mason Center (GMC), Room 214, 1801 N. George Mason Drive. Anyone wishing to attend the training sessions must attend both training dates within the same month. A minimum of 5 and a maximum of 20 individuals are required to hold the training sessions. Chair Mack announced that six individuals have enrolled in the January sessions and four individuals have enrolled in the February sessions. The training will be provided by BHD staff. The deadline to register for the training is January 19th at 5:00 p.m.

Chair Mack noted that he, Ms. Hermann and Mr. Bert attended the first training session on January 9th. Ms. Hermann added that the training was beneficial.

Upcoming Items for CSB Full Board Meeting on January 21, 2015

- ✓ The Program of Assertive Community Treatment (PACT) Team was nominated to receive the January 21, 2015 CSB staff recognition award.
- ✓ Ms. Eileen Keane and Ms. Ruth Brown, Arlington County Department of Human Services (DHS), Aging and Disability Services (ADS) staff, will present about the Regional Older Adult Facilities Mental Health Support System (RAFT) Program. The RAFT Program is for individuals who need assisted living or nursing home level care and are ready to be discharged from a state psychiatric hospital or are at risk of going to a state psychiatric hospital. RAFT is funded by a grant from the state of Virginia and a Federal Block Grant and is administered by Arlington County.
- ✓ A Group Home Report will be provided if necessary.
- ✓ A Monthly Financial Report will be provided if necessary.
- ✓ Chair Mack will ask the full board members if they would like an update from any of the CSB Ad Hoc Initiative Committees.

- ✓ Ms. Hermann will report out about the Mary Marshall Assisted Living Residence (MMALR).
- ✓ Ms. Shakour will provide an update about the number of individuals on the Extraordinary Boundaries List (EBL).

The Arlington County Community Services Board Executive Committee meeting was adjourned by Chair Mack at 7:30 p.m.

Respectfully submitted by Kelly Mauller.