

**ARLINGTON COUNTY COMMUNITY SERVICES BOARD**

**Mental Health Committee**

March 26, 2014

APPROVED 4/30/14

**Committee Members Present:** Judy Deane (Co-chair), Anne Hermann (Co-Chair), Lee Long, Scott Brannon, Debra Byrd, John Blount, Richard Smith, Tom Quinn

**Committee Members Absent:** Sam Howlett, Caroline Bragdon, Susan Lowry, Betsy Greer, Ann Wroth, Brian Berke,

**Staff Present:** Alan Orenstein, Rebecca Wright, Sarah Shrum

**Others Present:** Eileen Corbet (VOA), Richard Wakefield, Kevin O'Brian

**Call to Order:** Ms Hermann called the meeting to order at 6:05 p.m.

**Approval of Minutes:** The Committee approved the February 26 minutes with amendment.

**Presentation:** Ms. Wright provided an overview of the changes in the Clarendon House program and its conversion from a modified clubhouse to a psychosocial rehabilitation program emphasizing psychoeducational groups and classes. She described the client needs survey completed; the generation of a listing of need-determined classes; contracting the food and maintenance services; staff training and consultation from GMU on curriculum development and teaching methods; the staff's development of curriculum; the hiring of a curriculum and educational specialist; initiation of the 10-week classes in October; and the positive client evaluations. They are now obtaining enrollments for the 3<sup>rd</sup> semester. Ms. Wright also provided an overview of the space planning for Clarendon House when all Behavioral Healthcare Division services move to the Sequoia 3 building in about a year or two.

Ms. Shrum provided an overview of the continuum of contracted residential programs. She described that she is the project officer overseeing the four contracts provided by two vendors. She detailed the group home contract with CR including 2 group homes and 2 ALFs totaling 29 beds. She described the Mental Health Skill-building Services (MHSS) contract with Fellowship serving about 65 people; the transitional contract with CR includes two homes for homeless people (4 beds each) and the deployment of a MHSS worker for young adults; and finally the ACCESS 6-bed crisis stabilization program provided by Fellowship. She also described the Permanent Supported Housing partnership with DHS's housing bureau which provides subsidies for about 150 MH clients and until recently included the two townhouses for young adults. Some of the Committee member's questions related to the duration of the contracts, how she monitored the contracts, client safety in housing, and aspects of the RFP process. In response to a question about the intensity of these services, Ms Shrum noted the following from the most to the least intensive:

- ACCESS Crisis Stabilization

- Intensive Community Residential Treatment (ICRT) group home
- CR Group Homes (13<sup>th</sup> and Fillmore St. ALFs, Roosevelt , and Vaughn Ball)
- Intensive Supportive Living Services (ISLS) providing MH skill-building services
- Ivy/Buchanan Townhomes
- Carlin Springs Transitional homes

**MH Director's Report:** Dr. Orenstein presented the three updated interagency agreements with the Arlington County General District Court, Virginia Department for Aging and Rehabilitative Services (VDARS), and Agency on Aging. He noted that the only changes from last year were the effective dates of the one-year agreements beginning July 2014, except for the VDARS agreement, which was extended three years. It was moved and accepted that the agreements be approved. Action: Dr. Orenstein will forward the approved agreement to Ms. Kemp.

Dr. Orenstein also provided a brief update on space planning, in particular noting the location of Sequoia 3, the status of the floor plan development, and the approximate timing of the move. Finally, he gave a brief status report on the initiation of the new managed care and intake procedures, which were postponed to May 1.

**Chairs' Report:** Ms. Hermann asked Mr. Quinn to describe the recent Board advocacy activities. He noted that CSB members met with the Board Thursday to advocate for FY 15 priorities. Some CSB members also attended the Board Budget Hearing 3/25/15. The County Budget is expected to be made public in April.

**Announcements:** None

**Adjournment:** The meeting adjourned at 8:00 pm