

INTELLECTUAL DISABILITY COMMITTEE OF THE ARLINGTON COUNTY COMMUNITY SERVICES BOARD

Meeting Minutes for May 7, 2014

DHS Building, Sequoia Complex, 2100 Washington Blvd, Room C, Arlington VA

Call to Order – The meeting was called to order by committee co-chair Barbara Jones at 6:35 p.m.

Introductions – Committee co-chair and CSB member Barbara Jones; committee members and guests Chuck Adkins-Blanch, Ann M. Kelly, Carol Skelly, Nancy Tishman, Alex Yellin, and Casey Youman; provider staff members Anne Rule of Community Residences, Michelle Lange of Linden Resources, and Brenda Richardson and Lauren Goldschmidt of ServiceSource; Lucy Beadnell of The Arc of Northern Virginia; Becky Suttell of Arlington County’s Therapeutic Recreation Office; Eileen Keane of Arlington’s Aging and Disability Services Division/IDD Mental Health Services; and IDDS staff members Deborah Bumbaugh, Don Conley, Steve Garcia, and Joanna Wise Barnes

Agenda Items

- **The Arc of Northern Virginia – Lucy Beadnell** – See hand-outs titled The Arc of Northern Virginia’s May 2014 Legislative Update and **What Does a Home in the Community Look Like?**
- **Approval of April Minutes** – Minutes of the committee’s April 2, 2014 were reviewed and approved as written. They will now be submitted to the full CSB at its May 21, 2014 meeting.

Staff Reports:

- **Therapeutic Recreation Office – Becky Suttell** passed around pictures which were on display at Central Library during March to honor individuals who have a developmental disability. She also reported that there were no class cancellations this session. This spring there will be no campfire because a key staff person will be on leave, but hope to start campfires and other events next fall.
- **IDDS Program Reviews** – See hand-out titled **CSB Program Review**.
 - **IDD Mental Health Services (page 4 of hand-out) – Eileen Keane**
 - Evidence-based practices are techniques that have been validated, or in lay terms are “tried and true.”
 - The age range of those served is 21 to 75.
 - Diagnoses include depression, anxiety, psychoses, and mood disorders.
 - Some of those served live with relatives; others live in group homes.
 - One was referred to the REACH program; the psychologist collaborates with REACH staff on services to that individual.
 - There have been no emergency admissions to Northern Virginia Training Center or to Northern Virginia Mental Health Institute since the REACH program began.
 - **Support Coordination and Family Support (page 1 of hand-out) – Steve Garcia**
 - Referrals come from Arlington’s Parent-Infant Education (PIE) program as well as from Arlington Public Schools (APS).

- More referrals are made on the basis of a developmental disability than because of an intellectual disability.
 - Two support coordinators serve special education students.
 - Support coordinators assisting students see them in schools as well as in their homes, attend some IEP meetings, and assist with referrals for EDCD Waiver pre-screenings.
 - Family support reimbursements are capped at \$1,000 per request, but exceptions may be and are made if the need is justified. Reimbursements are made for a variety of items, including sensory stimulation and communication devices.
 - In response to a number of questions about the Parent-Infant Education program, the committee decided to invite the PIE coordinator to make a presentation in the near future.
- **Supported Employment and Habilitation Services (page 2 of hand-out) – Don Conley**
 - Average hourly wages listed in the hand-out are from fiscal year 2013.
 - See also a separate hand-out titled **Habilitation/Employment Program Options**.
 - Two activities added to the Community Integration Center program this year – yoga and Home Depot workshops – have been enjoyed and successful.
 - Of the ten June 2014 special education graduates slated to enter IDD Services, five have chosen which program they want to participate in. Five others are still deliberating.
 - *Employment First* is already being implemented in Virginia and in Arlington, whereby individuals are offered employment as the first option, with sheltered employment and habilitation programs if available if individuals and families do not choose competitive employment.
 - There has been discussion about restricting or abolishing Section 14-C of the Fair Labor Standards Act, which authorizes employers to pay less than minimum wage or the prevailing wage, based on productivity, under a special certificate. For individuals with low productivity the pay can be well below the minimum wage. The decision about whether to continue to allow providers to pay individuals less than minimum wage will be made at the federal level. This is under the purview of the Department of Labor.
 - Fifteen Arlington individuals are already in competitive employment. Persons in competitive employment may qualify for IDDS specialized transportation services if they cannot use public transportation.
 - In March 2014, two individuals were seeking employment through job development. By April, that number had increased to nine. Currently eleven persons are in job development status.
 - **Transportation (page 3 of hand-out) – Don Conley**
 - Of the ten June 2014 special education graduates transitioning into IDD Services, five will likely receive travel training and use public transportation. Travel training will be available for those that need it.
 - Travel training is provided by some of the IDDS vocational vendors, as well as by the Endependence Center.

- IDDS transportation is limited to transporting individuals to and from their day programs or jobs. Persons in habilitation and vocational programs (including competitive employment) may qualify for IDDS specialized transportation services if they cannot use public transportation.
 - **Residential Services (page 3 of hand-out) – Joanna Wise Barnes for Jennifer Acheson**
 - Joanna said that she would include more details in the minutes. See the IDDS website information at <http://aging-disability.arlingtonva.us/residential-services-faq/>
- **IDDS Updates – Joanna Wise Barnes**
 - Joanna attended the recent VACSB conference and Developmental Services Council meeting. One of the sessions included presentations about employment initiatives by representatives from Virginia’s Department of Behavioral Health and Developmental Services and Department of Aging and Rehabilitative Services, and by ID Committee Co-Chair Brian DeAtley and his co-worker from SourceAmerica Institute for Economic Empowerment.
 - IDDS has two support coordination vacancies. Recruitment is underway.
 - IDDS has not facilitated a training center discharge since the last ID committee meeting. One is pending in June or July.
 - In response to the ID committee’s questions about the school to adult services transition, Joanna shared information about an upcoming May 10, 2014 Transition to Employment workshop by The Arc of Northern Virginia, and also shared attached hand-outs from Arlington Public Schools:
 - *Transition in Arlington Public Schools*
 - *Relationship of Assessment to Student Outcomes*
 - Two residential providers continue their interest in developing new group homes in Arlington. IDDS staff talked to them again this month, as well as to staff representatives from the County’s Community Planning and Housing Department. This led to committee members’ comments about County versus State responsibility for funding expansion of residential services.

Vendor Reports

- **Linden Resources – Michelle Lange** shared information about their Life Enrichment Awards Program (LEAP), see hand-out. This includes an application whereby youth ages 14 to 26 in transition can apply for grant awards.
- **ServiceSource – Lauren Goldschmidt** attended The Arc of Northern Virginia’s event in April, *Leveraging Community Resource Partners: Bridging the Gap between Business and Providers*. See Lauren’s notes from that meeting, attached, titled Business Leadership Network Meeting. Lauren also spoke about a new Pathways grant; ServiceSource is piloting this program with one participant from the Employment Center.

New Business

- Lucy Beadnell of The Arc of Northern Virginia offered to invite Kathy May to speak to the committee about Medicaid expansion.
- Committee member Ann Kelly described two programs in New York – Skylark Studio which offers art programs for persons with developmental disabilities and an opportunity to earn money, and The Arc of Yates Print Shop.
- Committee co-chair Barbara Jones added information about an Austin, Texas Arc program focused on the arts.
- Jones asked committee members whether they would like to learn more about other Community Services Board (CSB) committees such as Mental Health, Substance Abuse, and Children and Youth.
- Jones explained that soon it will be time to schedule topics and agenda items for the ID committee’s July 1, 2014 through June 30, 2015 meetings. Examples of topics that the committee might explore include Crisis Intervention Team (CIT) training for law enforcement, which includes techniques for approaching individuals with disabilities. Another topic might be Virginia’s REACH program – mobile crisis teams and a therapeutic inpatient respite program for adults with developmental disabilities.

Adjournment

The meeting was adjourned by 8:30 p.m.

Approval of May Minutes

These minutes were approved as reviewed by the ID Committee at its June 4, 2014 meeting. The minutes will be submitted to the full Community Services Board at its June 18, 2014 meeting.