

ARLINGTON COMMUNITY SERVICES BOARD

SUBSTANCE ABUSE COMMITTEE MINUTES

September 23, 2013

Members Present: Jim Mack, Craig Dabney, Wes Sanchez

Members Absent: Bharati Patel, Shaun Buckner, Jenette O'Keefe, Keith Whyte, Charlie Baughman

BHD Staff: Joe Bullock

I. SA RECOVERY MONTH DEBRIEFING- Dr. Bullock informed the committee that the Behavioral Healthcare Division will be sponsoring an event on September 25th in honor of National Recovery Month. The event, "Stories of Success in our Community: Arlington's Innovative Partnerships within the Mental Health, Substance Abuse and Criminal Justice Systems" is free to the community and will take place at the Arlington County Central Library Auditorium at 7pm. Dr. Bullock further stated that for the first time, Substance Abuse Recovery Month has been combined with Mental Health Recovery Month into one recovery month celebration. Keynote speakers include Mr. Pete Early, former Washington Post reported and the Honorable Louise DiMatteo from the Arlington Circuit Court Drug Court program.

Dr. Bullock also informed the committee that October is National Substance Abuse Prevention Month. In recognition of this special month, CSB staff has organized five key events in honor of this celebration. Dr. Bullock disseminated a flyer outlining a wide variety of activities that will take place throughout the month of October 2013. Dr. Bullock also stated that the committee is welcome to attend any of the events covered to show their support.

II. SA COMMITTEE FY 14 WORKPLAN- Dr. Bullock led a discussion focused on developing the FY 2014 committee work plan. Dr. Bullock informed the committee about recommended options for site visits, possible topics for presentation to the committee that could be added to the work plan and indicated that there were at least four additional slots needing a topic. Dr. Bullock informed the committee that the Demeter program for women has not been recently visited by the committee. Dr. Bullock suggested that the committee refer to a list of presentation topics included on the handout for possible opportunities if the committee was interested in learning more about any of these options. The committee decided to consider all options over the next couple of weeks and work to finalize the FY 14 committee work plan at the October 2013 committee meeting.

III. SA COMMITTEE CHAIR REPORT: Mr. Jim Mack provided the committee with an update on the FY 15 budget priorities submitted by the committee to the larger CSB. Mr. Mack reported that three key SA initiatives are highlighted: 1 FTE Peer Recovery Specialist to provide specialized peer recovery support services to SA consumers; restoration of the ACT Unit jail-based program FTE that was reduced in FY 09; and 1.0 FTE SA Counselor position to serve Arlington consumers who violate their probation and qualify or are admitted to the Arlington Drug Court program. Mr. Mack also stated that the committee recommendation for 1 FTE MH Jail Case Manager was successfully advocated for inclusion

on the MH Committee priority list. Mr. Mack stated that a tight budget is projected for the FY 15 budget year.

IV. SA DIRECTOR REPORT: Dr. Bullock provided the committee with the progress of the Arlington Drug Court program. Currently, there are seven consumers enrolled in the program and the projected first year capacity is ten consumers. The program staff also attended the annual national drug court training as a team during the month of August 2013 which promotes further refinement of drug court skill building and program evaluation. Dr. Bullock provided a reminder of the process for recommending new members to join the SA Committee. Dr. Bullock stated that he typically makes a request from his staff during early fall months and anyone interested can contact him directly.

NOTE: The next SA Committee meeting will be held on **October 28, 2013 at 7:00 pm** in the George Mason Center Conference Room next to Drewry Building- room 232.