

ARLINGTON COUNTY COMMUNITY SERVICES BOARD
Mental Health Committee

December 4, 2013

Approved 1/29/14

Committee Members Present: Anne Hermann (Co-Chair), Judy Deane (Co-chair), Richard Smith, Brian Berke, John Blount, Debra Byrd, Lee Long, Ann Wroth, Tom Quinn

Committee Members Absent: Sam Howlett, Betsy Greer, Caroline Bragdon, Scott Brannon, Susan Lowry

Staff Present: Alan Orenstein, PhD, Leslie Weismann, Marilyn Pasley, Julie Coldren

Others Present: Jim Mack

Call to Order: The meeting was called to order at 5:00 p.m. at the 1812 Edison Building

Approval of Minutes: The Committee approved the October minutes with amendment.

MH Director's Report: Dr. Orenstein noted that as a follow-up from the last meeting, visits to the Emergency Service (this evening) and to the Jail Mental Health program (January 22) were both scheduled. He noted that he will be getting back to the Committee with indication of what they need to bring by way of identification for the jail visit. After a brief discussion, the Committee agreed to postpone the tentative joint meeting with the SA Committee, due to the number of programs the Committee wanted to visit. With these modifications, there remains one meeting date, 4/23/13, without a scheduled presentation.

It was noted, also, that there is a planned visit to the RPC shelter in February. Action: Dr. Orenstein will follow-up with Ms. Weisman to plan that visit to include an overview of the RPC shelter, presentation of Client Service entry (CSE) Homeless Outreach Services, and an invitation to Kathy Sibert.

Dr. Orenstein briefed the Committee about planning now underway to establish a financial infrastructure and modify the intake/admission process primarily in response to increasing managed care demands and complexity. Since the planning is not yet finalized, DR. Orenstein could not specify the changes, but since they would be significant, he wanted to alert the Committee that planning was underway.

Chairs' Report: None (The Chairs waived their time to allow more time for the presentations.)

Announcements: None

Emergency Services Presentation: Ms. Weisman gave an overview of the CSE entry programs, as context for the presentation on Emergency Services. She and Ms. Pasley, ES Supervisor, then took the Committee on a tour of the facility, and in response to a question from Ms. Byrd, pointing out in particular how the client enters ES and is then assessed. Ms. Weismann described that since adding security in September to allow for police drop off, the average duration of police wait times has decreased notably. This was followed by an extensive description of the Crisis Intervention Team (CIT) police training by Ms. Coldren, the CIT Trainer. More specifically, she described the weeklong training schedule provided three times yearly. Topics include: Clinical States, Medications, special populations, NVMHI, Clarendon House visit, various stakeholder perspectives, listening techniques, etc. Ms. Wiseman, with added comments from Mr. Berke described the plan for and progress of the

CIT police training and how helpful it has been. In response to a question, Ms. Weisman also described how helpful the addition of an ES worker has been. This was of particular interest to the Committee, because the request for funds for the position had been advocated for by the Committee and ultimately by the CSB to the County Board.

Adjournment: The meeting adjourned at 7:00 pm