

ARLINGTON COUNTY COMMUNITY SERVICES BOARD

Mental Health Committee

October 3, 2012

Approved 10/24/12

Members Present: Anne Hermann (Co-Chair), Judy Deane (Co-chair), John Blount, Susan Lowry, Tom Quinn, Cindy Fagnoni, Caroline Bragdon, James Bradshaw, Scott Brannon, Richard Smith

Members Absent: Sam Howlett, Betsy Greer, Kathy Donovan, Brian Berke

Staff Present: Alan Orenstein, PhD, Eileen Keane (SAMH Manager), Ruth Reagan (RAFT Manager)

Call to Order: The meeting was called to order at 6:00 p.m.

Approval of Minutes: The Committee approved the June minutes without correction.

Presentation: Ms. Keane presented an overview of the Senior Adult Mental Health Program, which is located in the Aging and Disabilities Services Division. The multidisciplinary team serves individuals 60 and over with a serious mental health disorder. A person serving clients with ID and a mental health disorder that is not serious also reports to Ms. Keane. Staff includes a program manager, clinical aide, 3 full time and 2 part-time MH Therapists, a part time nurse and 3 part time contract psychiatrists. The major function of the program is to provide intensive, community-based support. Services include: screening, treatment planning, medication management, therapy, case management, psychoeducation, and consultation and collaboration with other agencies. The program currently serves 160 clients.

Ms. Reagan, who reports to Ms. Keane and is the Regional Older Adult Facilities Mental Health Support Team (RAFT) program manager, described the program. RAFT is a federal and state grant-funded regional program administered by Arlington. RAFT provides intensive treatment to adults 65 and older able to be discharged or diverted from state psychiatric institutions to local long-term care in Northern Virginia with RAFT involvement. In addition to the program manager, staff include a nurse, part-time contract psychiatrist and 3 MH Therapists. The program has cooperative agreements with facilities to admit and treat their clients. Both Ms. Keane and Ms. Reagan responded to a number of questions from Committee members.

MH Director's Report: Dr. Orenstein noted that he updated the CR nurse priority cost information in the FY 14 draft priorities. He also briefed the Committee on the upcoming MIAW event. The 1/11/12 event is an Employment Forum. Employed clients and employers will describe the benefits of work for people with MH disabilities. Also invited are potential employers, so as to help increase work opportunities for clients. Dr. Orenstein also briefed the Committee about the Clarendon House program development planning process that has been underway. He suggested that the program manager be invited to a Committee meeting to hear the details of the plan. Dr. Orenstein distributed the call screening data for the 3rd quarter FY 12. He described the change in admission criteria, as background for 51 non-SMI applicants being referred elsewhere. After a question about the definition of "serious mental illness", Dr. Orenstein indicated he would distribute the revised criteria. Otherwise there were not questions or comments about the data. Action: Dr. Orenstein will distribute the updated BHD admission criteria. Dr. Orenstein distributed the draft Committee schedule requesting suggestions, in order to complete the schedule. Topics suggested included the CH program development plan and recovery and the PEC. Action: Dr. Orenstein will update the schedule incorporating suggestions and continue discussion with the chairs to prepare a draft for the next Committee meeting.

Chair's Report: Ms. Deane noted that the first family orientation was held 9/11/12. While it was very informative, there were not a lot of families present. She suggested these could be better advertised in the future to include current and prospective families.

Adjournment: The business meeting adjourned at 8:00 pm.