

**Arlington County Community Services Board
Executive Committee Meeting
May 6, 2013
2100 N. Washington Blvd - Sequoia Conference Room A**

DRAFT

Present: James Mack, Judy Deane, Moira Saucedo, Naomi Verdugo, Anne Hermann, Jenette O'Keefe, Carol Skelly, Barbara Jones

Staff: Cindy Kemp, Farah Shakour, Kelly Mauller, Grace Guerrero

The May 6, 2013 Arlington County Community Services Board (ACCSB) Executive Committee meeting was convened by the ACCSB Executive Committee Chair James Mack at 6:00 p.m. The meeting was held at the Department of Human Services Sequoia Building, Conference Room A, 2100 Washington Boulevard, Arlington, Virginia.

Approval of the April 8, 2013 Executive Committee Minutes

Chair Mack called for a motion to approve the April 8, 2013 ACCSB Executive Committee minutes. Ms. Deane motioned to approve the minutes, Ms. Hermann seconded the motion, and the minutes were approved with one correction.

Court Evaluations and the Restoration to Competency Process

Ms. Kemp distributed a recommendation (*Refer to Handout*) to the committee for CSB staff to request that the County approve and authorize the Department of Human Services (DHS) to seek reimbursement from the State for Competency Restoration services. At the request of the Executive Committee for further clarification of the recommendation, Ms. Kemp introduced Ms. Grace Guerrero, Jail Forensic Team Supervisor and licensed clinical psychologist in the Behavioral Healthcare Division (BHD). The members introduced themselves to Ms. Guerrero and stated the CSB subcommittee they are a part of. Ms. Guerrero stated that only licensed psychiatrists and licensed clinical psychologists can perform the court evaluations. Ms. Kemp noted that the State pays for the evaluations. Ms. Guerrero gave an overview of the Court Evaluations and the Restoration to Competency process. She explained that Code 19.2-169.1 raises the question of a person's competency to stand trial or plead; evaluation and determination of competency and Code 19.2-169.2 refers to the disposition when the defendant is found incompetent. Ms. Guerrero stated that the restoration to competency process would occur at the location the court places a person. She stated that 90% of the requests for restoration to competency come from the attorney.

Ms. Deane asked what it means to be competent to stand trial. Ms. Guerrero responded that some of the determining factors of competency would be if a person is actively psychotic, the person may not know where they are or know their name, the person could be under special monitoring in a cell. She stated that the meaning of competent is someone who can understand the four domains that are considered to determine a person's competency to stand trial; understanding of the legal charges, appreciation of the legal process as it applies to the particular case, ability to communicate with counsel and the ability to make decisions on their own behalf.

Ms. Skelly asked about the screening process for a person who has been arrested that has an intellectual disability rather than a mental health issue. Ms. Guerrero responded that a person's level of cognitive functioning will determine whether the person understands the competency process. She noted that there is information available that in part states that "past a certain degree of intellectual functioning there is no possibility a person would be able to be restored to competency". Chair Mack thanked Ms. Guerrero for clarifying the competency restoration process.

Ms. Kemp requested the Executive Committee approve bringing the recommendation to authorize the Department of Human Services (DHS) to seek reimbursement from the State for Competency Restoration services to the full board on the 15th of May. The members approved the recommendation with one addition to the language. Ms. Kemp stated that she will bring the recommendation before the full board at the May 15, 2013 Full Board meeting as an action item.

Letter to the County Board regarding the FY14 New Budget Allocations

Ms. Kemp distributed a letter of thanks (*Refer to Handout*) to the members from the CSB to County Chair, Walter Tejada and the County Board Members. Chair Mack stated that the letter was sent to express the CSB's appreciation for the County Board taking the time to meet with the CSB regarding their FY14 Budget Priorities and approving the CSB's request in its totality.

State General Assembly Legislative Issues

Ms. Kemp distributed a draft of the CSB's FY14 Recommendations to the Virginia General Assembly (*Refer to Handout*). She noted that the CSB is beginning the FY14 budget recommendations process earlier than in past years in an effort to be better prepared.

Ms. Kemp stated that the Executive Committee members agreed to keep the following items in the FY14 recommendations at the April 8, 2013 Executive Committee meeting. The members discussed and proposed changes for the FY14 recommendations.

- Regional Crisis Intervention and Stabilization for older adults, including \$100,000 for Regional Older Adult Facilities and Mental Health Support Team (RAFT). Ms. Kemp clarified that the funds will be on-going. Ms. Kemp stated that the CSB will have a placeholder section on the children's crisis stabilization needs until hearing back from the State on the proposal. She noted that, if funded, the item will be dropped, if not, the CSB will continue to advocate for funding.
- Support for community placement of people leaving the State training centers. Ms. Saucedo read an email she received regarding the closing date of the Virginia Training Center that in part stated, "the Arlington CSB opposes the closure of the Northern Virginia Training Center as currently scheduled on July 1, 2015 as long as there are residents whose request for placement in their local communities cannot be honored due to lack of appropriate housing and services". The members agreed to change the title of this recommendation to state "Allocate Additional Resources to Arlington and Support Community Placement Consistent with the Department of Justice (DOJ) Settlement Agreement".
- Merging the ID and DD waivers. Ms. Skelly suggested changing the title of the recommendation to state "Change the ID and DD Waivers Structure to Provide Appropriate Support". Ms. Saucedo read an email she received that in part stated "MR/ID waiver reimbursement rates must be adequate to support individuals with intensive behavioral, personal care and physical needs. They must also be made flexible enough to support individuals in both congregate and non-congregate residential settings, including consumer-directed services. They must address current deficiencies in vocational and day support, transportation, medical, behavioral and recreational services".
- Peer Model Recovery Program for youth and adults with substance abuse issues. Ms. Kemp stated that over the past few years, there were two demonstration project RFPs requested by the State. She noted that Arlington applied for the grant funding twice as part of a regional approach and was rejected twice. She noted however, that one time State funds became available and she spoke to other CSB Executive Directors regarding the initiation of a regional pilot program. She stated that the one-time funding was approved to cover a two year period of time and, as a result, each jurisdiction has a part-time peer recovery specialist. She stated that this funding ends on July 1, 2014. She also noted that the preliminary outcomes being seen are very good.

- Expansion of Medicaid under the Affordable Care Act. It was noted that, to date, the Commonwealth of Virginia has not chosen to implement Medicaid expansion.
- Expanded Triage/Assessment/Treatment and Referral Centers. Ms. Kemp stated that Leslie Weisman, Bureau Chief, Client Services Entry, Emergency Services is preparing a proposal to the State to apply for funding from the “Drop-Off Center Funding” for 24/7 security at the Edison Building and Virginia Hospital Center Emergency Department. She stated that staff are hopeful that this will get funded. She noted that if funding is not awarded, the CSB will consider advocating again for funding.
- Expansion of critical core service of Intensive Case Management
- Housing services and supports for seriously mentally ill adults
- Discharge Assistance Plan (DAP)
- Study on Children’s Psychiatric, Juvenile Detention or Juvenile Justice facilities
- Multi-Systemic Therapy expansion
- Seal/expunge children’s juvenile court records

Ms. Kemp reported that she attended a Virginia Community Services Board (VACSB) conference last week. She stated that she had a discussion with the Regional CSB Executive Directors about the Arlington CSB’s proposed FY14 recommendations. She added that these discussions resulted in preliminary items at the regional level. Ms. Kemp distributed (*Refer to Handout*) a draft list of items from the VACSB that reflect some of the Arlington CSB’s recommendations.

- Substance Abuse Peer Recovery Projects
- Single ID/DD waiver plus funding for housing for DD. It was suggested to focus on bricks and mortar and enhanced waivers.
- Housing
- Older adults/Court Service Unit (CSU)
- Youth intensive in-home plus Multi-Systemic Therapy (MST) expansion, System of Care (SOC) grant plus Department of Behavioral Health and Developmental Services (DBHDS) capacity grants
- DAP funds, particularly for residential

Ms. Shakour will implement the changes and a revised draft of the FY14 Recommendations will be presented to the CSB Full Board at the May 15, 2013 meeting. Ms. Kemp stated that Will Frank, VACSB Public Policy Manager, has requested that CSB’s have preliminary recommendations to the VACSB by May 31, 2013.

June CSB Awards

Ms. Kemp distributed a list of the nominees for the June 2013 CSB Annual Awards ceremony (*Refer to Handout*) and gave a brief overview about why each person was nominated and who nominated them. The members agreed on the nominees who will receive an award and which award they will receive.

- Ram Gopalan, Audrey Moss Award
- Diana Manganelli, Dr. Georgopoulos Award
- Ann Courembis, Lifetime Achievement Award
- Mindy Burgin, Liz Stratton, Patrick Gallagher, Alesia Montana, Peggy Morris, Lora Todaro, Karen Book Rambo, Team Award for Exemplary Documentation
- Dana Mertz, Community Partner Award
- Becky Suttell, Community Partner Award
- ANHSI, Community Partner Award
- Nakia Dawkins, Exemplary Admin Award
- Anabel Majano, Exemplary Admin Award
- Erin Azar, Exemplary Clinician Award

- Shelli Wargo, Exemplary Clinician Award
- Shaquana Banks, Exemplary Clinician Award

Vacant CSB Membership Slots

Chair Mack asked the members for suggestions of qualified candidates to fill the three vacant CSB Full Board Membership slots. Ms. Kemp stated that two of the board members will be completing their second term in October 2013. Ms. Verdugo will complete her full nine year term in October 2013. Chair Mack noted that it would be good to have some diversity on the CSB and stressed the importance of filling the vacancies and that the person does not have to be a person receiving CSB services. Chair Mack stated that he and Ms. Kemp have interviewed a potential candidate. The members discussed several viable candidates.

Brief Updates/Information

- Ms. Kemp reported that the MOU has been finalized between all parties for the Arlington Drug Court.
- Ms. Kemp reported that she will present a recommendation to the full board members for staff to request approval to apply for DBHDS funding for a police drop off center at the CSB full board meeting on May 15, 2013.
- Chair Mack stated the necessity of appointing a CSB member as a representative on the Community Development Citizen Advisory Committee (CDCAC). He stated that CSB Liaison, Mary Hynes, feels it is very important to have a CSB member be the representative. He stressed the importance of fulfilling the request. Ms. Kemp suggested that the CSB recruit a person outside of the CSB Board.
- Ms. Kemp announced that the proposal to apply for State funding from the Department of Behavioral Health and Developmental Services (DBHDS) to the Department of Human Services (DHS)/Community Service Board for regional mobile crisis and crisis stabilization services for children has been submitted.
- Chair Mack announced that Senator Barbara Favola will be attending the June 2013 Annual CSB Awards Ceremony and will read a Resolution on our primary care project, ANSHI.

Upcoming Items for CSB Full Board Meeting on May 15, 2013

- Ms. Kemp announced that the CSB Staff Recognition Award will be presented to Eileen Keane, Older Adult Supervisor, Aging and Disability Division.
- Ms. Kemp stated that the CSB Annual Report is being prepared and asked the members to give any suggestions to either her or Ms. Shakour.
- There will be a Group Home Report presented if necessary.
- There will be a Monthly Financial Report presented if necessary.
- Ms. Kemp asked the members if they would like any updates from the CSB Ad Hoc Initiative Committees. Ms. O'Keefe asked about when the next meeting will be set up with the Virginia Hospital Center staff. Ms. Kemp stated she will work to set up the meeting.
- Ms. Hermann stated that Ms. Skelly will attend the next Mary Marshall Assisted Living Residence (MMALR) advisory meeting on her behalf.

- Ms. Kemp stated that the sub-committees should begin to see the annual program reviews in their committees. She noted that the program reviews are a broad overview of the sub-committee's responsibilities.
- Ms. Deane suggested having more discussions about issues with both the group homes and non-group homes. She stated that the Executive Committee Meetings may be an appropriate venue for these discussions. Ms. Kemp stated that she will speak with Mental Health Bureau Chief, Alan Orenstein to follow up.
- Ms O'Keefe reported that Substance Abuse Bureau Chief, Joe Bullock, had a presentation by a peer recovery person at the last substance abuse sub-committee meeting.
- Ms. Hermann requested that Ms. Shakour email information about the Open House for Arlington's Aging and Disability Services Division (ADSD) to the CSB Full Board members. The Open House will occur on Wednesday, May 8, 2013 at the Stambaugh Building (Sequoia) from 1:00 to 4:00 in the 4th floor lobby.

The Arlington County Community Services Board Executive Committee meeting was adjourned by Chair Jim Mack at 9:00 p.m.

Respectfully submitted by Kelly Mauller