

ARLINGTON COMMUNITY SERVICES BOARD

SUBSTANCE ABUSE COMMITTEE MINUTES

May 18, 2015

Members Present: Jim Mack, Keith Whyte, Pattie Aaron, Shauna Alonge, Len Fischer

Members Absent: Craig Dabney, Wes Sanchez, Jenette O'Keefe, Charlie Baughman, Lonnie Ford, Shaun Buckner

BHD Staff: Joe Bullock, Nancie Connolly

I. DEMETER PROGRAM SITE VISIT- Ms. Kelly Rankin, Director of Clinical Operations, welcomed committee members and thanked everyone for visiting her program. Ms. Rankin provided the committee with an overview of the treatment philosophy generally for Phoenix and specifically for the Demeter Program. Phoenix is a nonprofit treatment provider offering individualized, holistic drug and alcohol addiction treatment services to teens, adults, and families, as well as unique programming for mothers with young children. Demeter House is a residential component of treatment for single women, pregnant women and mothers with moderate to severe drug and alcohol addiction. The Demeter House program is designed not only to break the cycle of drug and alcohol addiction, but also to empower women to re-enter the community as responsible citizens. The program is staffed with addiction counselors, as well as medical and psychiatric staff. Staff use a cognitive-behavioral, 12-step approach, including medication management and medication-assisted treatment, to address a wide range of substance abuse and mental health problems.

For Arlington CSB clients, the large majority will receive up to four months of treatment although some can stay longer if the need is indicated. Ms. Rankin stated that the Phoenix program is nationally-accredited and helps clients break the cycle of drug and alcohol addiction. Ms. Rankin completed the visit by introducing the committee to staff members as well as a tour of the facility. Lastly, the committee was able to meet an Arlington CSB consumer in the program and interact with them regarding their experiences in the treatment program.

NOTE: The next SA Committee meeting will be held on **June 15, 2015 at 7:00 pm** and will be meeting at the new Sequoia 3 Building, 2120 Washington Blvd, 4th floor. More details and directions to come.