

ARLINGTON COUNTY COMMUNITY SERVICES BOARD
Mental Health Committee

March 27, 2013

Approved 4/24/13

Committee Members Present: Anne Hermann (Co-Chair), Judy Deane (Co-chair), Tom Quinn, Richard Smith, Susan Lowry, Brian Berke, Sam Howlett, Cindy Fagnoni, John Blount, Betsy Greer

Committee Members Absent: Kathy Donovan, James Bradshaw, Caroline Bragdon, Scott Brannon

Staff Present: Alan Orenstein, PhD,

Public Observers: Laney Stenquist, Marian Hull, Laura Hull Cofield

Call to Order: The meeting was called to order at 6:00 p.m.

Approval of Minutes: The Committee approved the February minutes without correction.

Presentation: There was no presentation scheduled.

MH Director's Report: Dr. Orenstein noted that the PACT Advisory Committee met 3/13 with seven members, including 3 MH Committee members, 1 parent, 3 staff and one client. Ms. Deane noted that the MH Committee co-chairs will be attending temporarily, as the group gets organized. She thought the meeting went well and there was some discussion of how the group can advocate for PACT. The next meeting is scheduled for 5/8/13.

Dr. Orenstein reviewed the current EBL list. There were 6 clients listed last month and 5 this month. He summarized the reasons for their continued hospitalization.

Dr. Orenstein presented the draft annual updates for the three interagency agreements overseen by the Committee: Arlington County General District Court, Virginia Department for Aging and Rehabilitative Services (VDARS), and the Agency on Aging. Dr. Orenstein described that the only substantive change was in the DRS name change. He noted that he had not yet received a signed copy of the agreements from VDARS and the Courts. Upon motion, the Committee accepted the revised agreements, pending signature and assuming no significant change from the draft. Action: Dr. Orenstein will submit the approved agreements to Ms. Kemp.

Chairs' Report: Ms. Hermann reported on the presentations at the Budget Hearings before the County Board. There were 12-15 speakers for CSB priorities. These priorities (in order) are: case managers for MH, SA and ID; continued funding for supported employment and education with 1.85 FTE contracted staff; 1 FTE for the crisis intervention center; nursing services for the group homes; and residential services for SA. Ms. Deane suggested that a possible visit to the new CR crisis stabilization program (CARE) be considered. Action: Dr. Orenstein will confirm with Alice Straker, CR Clinical Director, that CARE will open as a regional crisis bed resource and facilitate the co-chair's scheduling a visit.

Announcements: None

Adjournment: The meeting adjourned at 6:30 pm for a joint meeting with the Child and Family Committee.

Notes of Joint Meeting:

Jose Campos, Job Avenue Program Manager, gave an overview of employment and education services provided to young adults. Currently, there are 6.2 FTE employment staff, including 4.2 FTEs of embedded PRS contract staff, supported with a combination of ongoing and one-time funds. One (1) FTE is devoted to supported employment for young adults and .7 FTEs to supported education. Mr. Campos provided some background as to the needs of young adults. He then distributed and briefly described the *Supported Education Schedule of Classes, Spring 2013*. He also reviewed the core principles of Supported Employment as an evidence-based practice (such as serving all who are interested, full integration with mental health services, etc.). Finally, he distributed and described utilization data. So far this in FY 2013, 38 young adults have been referred, 13 are employed and 7 are involved in the supported education service.

Robin Joseph, Independent Living Skills Coordinator, and Sandy Clark, Team A Program Manager (which includes the young adult mental health services) presented the new independent living skills program. This service was developed with the new Coordinator position, beginning July 2012. Called *EDGE* ("Empowerment through Determination, Growth and Experience"), the purpose of the program is to help young adults take control of their lives and get involved in the community. The Coordinator provides or organizes a wide range of community-based skill learning opportunities. She uses self-study workbooks, arranges a variety of workshops, disseminates information and encourages involvement with a wide range of community resources. Ms. Joseph, being a member of the Youth Transition Team, described her work with young adults including engagement activities, workshops, skill training and recreational activities. Some examples noted were Conversational Spanish classes, Cooking classes, Travel Training exercise with Metro, and a Writing competition.