

ARLINGTON COUNTY COMMUNITY SERVICES BOARD
Mental Health Committee

April 24, 2013

Approved

Committee Members Present: Anne Hermann (Co-Chair), Judy Deane (Co-chair), Tom Quinn, Richard Smith, Brian Berke, Cindy Fagnoni,

Committee Members Absent: Kathy Donovan, James Bradshaw, Caroline Bragdon, Scott Brannon, Susan Lowry, Sam Howlett, John Blount, Betsy Greer

Staff Present: Alan Orenstein, PhD,

Others: Jim Mack, CSB Board Chair; Lisa Goodwin, Recovery Program Solutions of Virginia President; Lori Piper, Program Director; Jerome Hughes, Regional Director; Peter DeHaven, Lead Recovery Facilitator; Bruce Richardson, Program Assistant; and Kateena Foster, Program Assistant Volunteer

Call to Order: The meeting was called to order at 4:00 p.m. at the new recovery center

Approval of Minutes: The Committee approved the March minutes without correction.

Presentation: The staff of the new recovery center gave an overview of their philosophy, roles and planned programming and provided a tour of the facility. Ms. Goodwin explained that the center is as yet un-named and had a "soft opening" the beginning of April; the grand opening is scheduled for 5/1/13. The peer-run recovery center is conceived of as a safe, stigma free place for those experiencing mental illness, substance abuse and homelessness. It is open Monday through Thursday 10 am to 3 pm. The goal is to help people overcome challenges, in a welcoming and supportive environment that emphasizes recovery with some drop-in services. The center provides peer support, daily breakfasts and lunch, classes and groups, access to computers, and a place to relax and socialize. Staff distributed the May calendar indicating scheduled activities: peer support groups, lunch, writing group, arts/games, and computer training. Each staff person described their role. Ms. Piper noted that despite their not yet widely advertising, people have been coming to the center. Staff then provided a tour of the facility, which includes reception, multipurpose room, computer room, meeting room office and small kitchen.

MH Director's Report: Dr. Orenstein reported that he informed Ms. Kemp of the Committee's approval of the interagency agreements. On request, he provided background regarding the planned ending of the peer internship project and the use of funds to enhance the PRS contract with a part-time peer employment specialist working primarily with the Clarendon House. Dr. Orenstein reported the current EBL list with 5 clients, essentially the same as last month. He also noted that the second PACT advisory group meeting was scheduled for 5/8/13. Finally, he listed the County's modifications to the proposed Manager's budget impacting the adult MH programs and gave the status of each: 1 FTE non-SMI therapist, .5 FTE youth case manager, 1 FTE Emergency Services therapist, \$74,000 for group home nursing, and \$116,000 restored and continued funds for vocational/educational services.

Chairs' Report: Ms. Herman noted that at the next meeting the Committee will start to consider the FY15, and she suggested we start with the priorities for FY14 that were originally drafted. Ms. Deane described a brief conversation with County Board Member Garvey at the recovery roll-out event held today, which led to some discussion of providing brief consumer presentations to the Board by way of advocating for peer services. Mr. Berke

noted that the police were participating in a prescription drug take-back event to provide the opportunity for people to dispose of expired medication at three fire stations this coming Saturday.

Announcements: None

Adjournment: The meeting adjourned at 6:00 pm