

**Intellectual Disability Committee of the Arlington County Community Services Board**

**Meeting on April 1, 2015**

**Room C, Lower Level, DHS Building, Sequoia Complex, 2100 Washington Boulevard, Arlington, Virginia  
6:30 to 8:00 p.m.**

The meeting began at 6:35 p.m., facilitated by CSB member and committee co-chair Barbara Jones.

**Introductions** – Barbara Jones and Carol Skelly, CSB members and committee co-chairs; committee members and guests Chuck Adkins-Blanch, Moira Saucedo, Cherie Takemoto, Nancy Tishman, Alex Yellin, and Kevin Youman; provider staff representatives Michelle Lange of Linden Resources and Carrie Cortez of Volunteers of America; Lucy Beadnell of The Arc of Northern Virginia; County staff members April Rosenthal of the Therapeutic Recreation Office, Mental Health Manager Eileen Keane – and representing IDD Services – Jennifer McKinney Acheson, Deborah Bumbaugh, Steve Garcia, Denise Gomez, and Joanna Wise Barnes

**Agenda Items**

**Approval of March Minutes** – Committee members reviewed the draft minutes of the March 11, 2015 meeting. Carol Skelly requested the addition of the fourth bullet from the bottom on the last page. Joanna Wise Barnes indicated she would make that edit and that the final minutes with attachments would be emailed to the ID committee's distribution list.

**The Arc of Northern Virginia** – Lucy Beadnell

Lucy reviewed the hand-out (attached) titled The Arc of Northern Virginia's April 2015 Legislative Update. There was discussion around three points. Lucy will share information in the future when it is available about Virginia's ABLE Act. Joanna will call the Arlington Police Department to see if they plan to implement the Smart911 system as Fairfax is considering, and share information with committee members in May. And an injunction was issued on March 10, 2015 by the US District Court in New Mexico against the NEW MEXICO HUMAN SERVICES DEPARTMENT, et al., related to its use of Supports Intensity Scale (SIS) scores in determining services.

After the meeting Lucy sent the following information to be included in the minutes: "Here is information on the upcoming "out of the box" workshop called Envisioning the Future <http://www.thearcofnova.org/events/workshops/>. Here is the link to the upcoming First Fridays sessions on housing and legal authority- <http://www.thearcofnova.org/firstfridays/>."

**IDDs Program Reviews** – See attached hand-out titled *CSB Program Review*.

**IDD Mental Health Services in ADSD** – Eileen Keane, Mental Health Manager (see page 4)

Discussion points: Services are home-based if needed, and are provided in consultation with other team members. The part-time psychologist is a male, but a female therapist is available as

needed. A Spanish-speaking therapist is available too. We have a new part-time contract psychiatrist and feedback about his work has been positive. All CSB psychiatrists were recently reminded that Michael Sherer, M.D. is available for consultation anytime. He is the State's expert in psychiatric services for individuals with ID or DD who also have mental illness. A question was asked about the ages of individuals served; Eileen provided that information for the minutes: 11 individuals between ages 18 and 29, 12 each between the ages of 30-39, 40-49, and 50 or over. A question was asked about the budget. Funding for the part-time psychologist, a permanent position, is in the Senior Adult Mental Health budget. Funding for the part-time contract psychiatrist is in the IDDS budget.

**Support Coordination – Steve Garcia (see page 1)**

Discussion points: Questions were asked about the difference between active and monitored individuals. Joanna explained that we are required to monitor individuals in training centers and intermediate care facilities but that we are prohibited from providing active case management. The requirement is only an annual contact, although we typically have more contacts. But the number of hours of service annually for those monitored is significantly lower than for those in active status. Training center residents may be converted to active 60 days prior to discharge. Most children are also monitored until they begin transitioning to adult services, unless they have a specific need for active services or if they have an ID Waiver slot, in which case active is required. A question was asked about caseload sizes and Steve responded that they are lower because the vacancy rate is lower.

**Family Support – Steve Garcia (see pages 1 and 2)**

Discussion points: A question was asked about the budget. Joanna responded that it's been several years since we ran low on funds. In the past several years, if funding was low, we were able to move additional funds to family support from other program areas.

**Supported Employment and Habilitation Programs – Denise Gomez (see page 2)**

Discussion points: A question was asked about whether providers in addition to Linden Resources might be considering creating retirement-style day support programs. Carrie Cortez responded that VOA might. A follow-up question asked whether such a program would be billable under ID Waiver and Carrie responded in the affirmative. Denise will convey statistics about the decrease in sheltered employment and results of increased emphasis on job development. Joanna will report those to the committee in May. Barbara Jones described ServiceSource's success in creating a Keep it Green enclave wherein individuals disassemble computers to be recycled. Responding to questions, Denise described some of the facility upgrades being considered for the Community Integration Center at the Woodmont Center. These would be in lighting, restroom, and in the changing room.

**Transportation – Jennifer McKinney Acheson (see page 2 and 3)**

Discussion points: A question was asked about the cost of transportation services to programs outside of Arlington, compared to transportation costs to sites within the County. Jennifer and Joanna responded that the difference is probably less than one would expect it to be. Two parents reported historical (but not recent) experiences with van drivers beeping horns to announce their morning arrivals, awakening neighbors. One parent reported that vans sometimes come for morning pick-ups even when the daily ride has been cancelled. Communication between the dispatcher and drivers may not be adequate. A question was asked about whether an individual with a job might qualify for IDDS specialized transportation, if public transportation is unavailable. Jennifer explained that taxis are sometimes used in these instances, depending on the circumstances.

#### **Residential Programs – Jennifer McKinney Acheson (see page 3)**

Discussion points: Questions were asked about the Request for Proposals (RFP) to develop two new group homes for persons leaving training centers, using State funds. Joanna and Jennifer responded that the RFP closed on March 31, 2015 and that an evaluation committee will select providers to develop and operate the homes, with an announcement about the providers possible within a month. Other questions were asked but staff declined to answer with specifics, due to the confidential nature of RFPs and the procurement process. A committee member who had read the RFP and a provider who attended the pre-bid conference added comments about the RFP and the conference. A concern was expressed that the County budget book on-line indicates that the residential budget shows no increase between Fiscal Years 2015 and 2016. CSB member Barbara Jones who met with County Board Member Jay Fisette suggested that Joanna might explain to him the reasons for limiting the number of residents for the two new group homes.

#### **Staff Updates**

**Therapeutic Recreation Office** – April Rosenthal attended and indicated that she will be representing TRO at ID committee meetings. She has replaced Becky Suttell as the TR unit manager. Some of the following information was provided in the meeting. The rest was shared later for inclusion in the minutes.

**TR Office Transitions:** We are transitioning into new roles and filling vacancies.

- New TR unit Manager April Rosenthal, MS, CTRS

#### **2 vacancies:**

- New Hire: Nicole Woodward;, CTRS, starts April 20
- Vacant Hire: In interviewing process currently hope to have someone in this position by end of May

#### **Program openings**

**Registration** for all these classes/programs can be found here <https://registration.arlingtonva.us> unless otherwise noted below

- **Adventure Quest: Ages 12 -21**
  - Session 2 4/10 filled (6 spots open)
  - Session 3 5/10 filled (5 spots open)
  - Session 4 5/10 filled (5 spots open)
  - Session 5 6/10 filled (4 spots open)
  - Session 6 7/10 filled (3 spots open)
  - Session 7 6/10 filled (4 spots open)
  - Session 8 5/10 filled (5 spots open)
- **Camp Discovery: Ages 6-11**
  - Session 2 6/10 filled (4 spots open)
  - Session 3 5/10 filled (5 spots open)
  - Session 4 6/10 filled (4 spots open)
  - Session 5 6/10 filled (4 spots open)
  - Session 6 5/10 filled (5 spots open)
  - Session 7 7/10 filled (3 spots open)
  - Session 8 7/10 filled (3 spots open)
- **iCan Bike Camp: 11 /40 filled (29 spots open) Ages 8 and up.**
  - More about camp can be found here <http://parks.arlingtonva.us/therapeutic-recreation/therapeutic-recreation-ican-bike-camp/ican-bike-camp-camp/>

#### Classes Youth-Adult

- Music Therapy: Ages 2-5 6/8 filled (2 open)
- Fun & Fitness: Dance (April) Ages 13+ 3/15 filled (12 open)
- Fun & Fitness: Wellness Day (May 4 hour event) Ages 13+ 3/15 filled (12 open)
- Dance Aerobics: Ages 13+ 8/10 filled (2 open)
- Tot Splash (Wednesday Evenings): Ages 3-6 5/6 filled (1 open)
- Parent/Tot Adapted Gymnastics: Ages 3-5 7/10 filled (3 open)
- Adapted Aqua Fitness: Ages 13+ 6/8 filled (2 open)
- TR Play Group Ages 6-12 Contact Jessica Tischler at 703-537-3031 or [jessicatischler@jccnv.org](mailto:jessicatischler@jccnv.org) for more information or to register

**Adult Social Clubs-** \$45 membership fee to join. Trip fees are additional. Call 703-228-4740 to join or register is already a member

- **Adults Going Places- ages 18-29**
  - April Meeting: Wellness specialty visitor 4/3, 6:30 – 8:30pm Walter Reed Center - unlimited
  - Trip 1: GW University Baseball Game 4/11, 12:30 – 3:00pm Tucker Field @ Barcroft Park – 14 spot available
  - May Meeting: Topic TBD 5/1 – 6:30 -8:30 pm Walter Reed Center - unlimited
- **Young Adults Going Places- ages 30 and up**
  - Trip: National Arboretum 4/11, 11:00 – 2:15pm, 4 spots available
  - Meeting: Art Specialty visitor 4/17, 6:30 – 8:30pm Langston Community Center – 15 spots available

## **Other Programs**

**Family Fun Night-** Drop in Program. \$1.50 a person. Offered every third Friday of the month November – May. Ages 4-18

- Art Specialty Visitor 4/17, 7 :00 -8:30pm Langston community Center –unlimited openings

**IDDS** – Joanna Wise Barnes related the sad news about the recent death of an individual with an intellectual disability. The death was not unexpected, resulting from the return of a previous medical condition. The family chose to care for the individual in their family home near the end, with hospice support.

Deborah Bumbaugh reported that the one support coordination vacancy is posted and will close on April 2, 2015. Joanna advised that her own position (Bureau Chief) is posted and will also close April 2, 2015. If no hire is made from the applications received, a recruiting firm will be engaged to help fill the bureau chief's position.

## **New Business**

Michelle Lange of Linden Resources reported that her organization has LEAP grants available. Michelle will provide information and applications to Joanna and these will be sent to the committee's email distribution list as well as to support coordinators for interested individuals.

Committee co-chair Carol Skelly submitted the following list of questions on April 2, 2015, to be answered by IDDS staff members as they have the resources to research them:

## **Follow-up questions from FY 16 county budget document and ID/DD program reviews**

(Submitted by Carol Skelly, April 2, 2015)

1. What is the approximate breakdown of county net tax support (approx. \$7.3 million) among the three categories of support coordination, employment/habilitation, and residential?
2. What are average support coordination caseloads and how are they changing in FY 15 from FY 14?
3. What is the average transportation cost per person for vocational/day support placements in Arlington compared to placements outside of Arlington?
4. The projected increase in the FY 16 county budget for the total number served is 48, but active cases are projected to rise only 2. Are the additional inactive cases mostly children? How do you determine which children receive active case management?
5. Have there been any known ID cases in the criminal justice system (arrests, incarceration) thus far in FY 2015 and, if so, what services were provided?
6. The FY 2016 numbers for residential services are projected to rise by 8, presumably for the training center discharges, but there appears to be no associated increase in expenditures on the county side. What is the projected FY 2016 average cost of county support per person in current Arlington ID waiver homes? What is the projected average cost (annualized) for the 8 persons being discharged from the training center into the two new ID waiver homes?

7. How many “graduates” are currently projected to be added in FY 2016?
8. What are the projects requested for year-end funds to upgrade to county-owned ID facilities and the associated dollar amounts? Would staff please provide a status update once the county either approves or disapproves these projects?
9. How many Arlington ID individuals currently need guardians and what resources are available to meet this need?

#### **Approval of April Minutes**

At its May 6, 2015 meeting ID committee members reviewed these minutes of the April 1, 2015 meeting. The minutes were approved as read. They will now be submitted to the full Community Services Board at its May 20, 2015 meeting.