



The Arlington Community Services Board
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James Mack
Chairperson

Cynthia Kemp
Executive Director

December 19, 2012
Department of Human Services – Sequoia Building
2100 Washington Boulevard
Arlington, Virginia
7:00 p.m.

Members Present: James Mack, Linda Kelleher, Brian DeAtley, Barbara Jones, Anne Hermann, Judith Deane, Jenette O’Keefe, Brian Berke, David Kidwell, Shauna Alonge, Cynthia Fagnoni,

Members Excused: Keith Whyte, Naomi Verdugo, Scott Brannon, Moira Saucedo

Staff Present: Cynthia Kemp, Farah Shakour, Kelly Mauller, Joanna Barnes, Heather Stowe

Chair Mack introduced and welcomed visitor Anthony Woodson, the Chair of the Loudoun County CSB. A new resident to Arlington County was also in attendance and welcomed.

Chair Mack opened the meeting with a discussion on the impact of inadequately treated mental illness, citing the shooting incident at Sandy Hook Elementary School in Connecticut. He stated the main issue, outside of the gun issue, appeared to be the result of untreated or inadequately treated mental illness. He stated the CSB should always keep in mind how its services address the needs of the community and he raised the following questions:

1. Is the CSB adequately addressing the issue of mental illness in Arlington County?
2. Are family members in Arlington County aware of services the CSB has to offer?
3. Does the CSB respond in a timely and adequate manner?
5. Does the CSB need more resources?
5. In a time of reductions, should the CSB advocate more vigorously to preserve core services?

The Members engaged in discussion of these questions and generally agreed that services in Arlington are adequate to serve the basic mental health needs of its citizens, though there are continued resource needs in some places particularly in the areas of young adult mental health and children’s mental health.

Public Comment (s):

There were no public comments.

Approval of the November 14, 2012 Minutes:

ACCSB Chair Mack called for the review and approval of the minutes for the November 14, 2012. The Members reviewed the minutes. Chair Mack called for a motion to approve the minutes. Ms. Jones motioned to approve the minutes, Ms. Fagnoni seconded the motion and the minutes were approved with one correction.

Staff Recognition

Christine Johnson, Administrative Staff on the PACT (Program for Assertive Community Treatment) Team, in the Behavioral Healthcare Division (BHD) of the Department of Human Services (DHS) was nominated to receive the December staff recognition award. Ms. Johnson was nominated by her colleague on the PACT team, Cathi Stallings, for her work. Ms. Stallings wrote in part, “I would wholeheartedly like to nominate Christine Johnson for a CSB Staff Recognition Award for ALL that she does to keep the PACT Team running as smoothly as possible. Her amazing efficiency, thoroughness, and pleasantness to clients, staff and all others on a minute-to-minute basis with nonstop phones ringing is nothing short of phenomenal. She's always doing three or four things at a time, but her attention to detail is consistently without error.” Though Ms. Johnson was unable to attend the meeting, she will receive her award and pin.

Discussion: FY14 County Budget and Essential Community Service Levels:

Chair Mack opened a discussion on the FY14 Budget and Essential Service Levels. He stated the County is experiencing significant financial difficulties at this point and the FY14 budget will be challenging. He reported that the CSB Executive Committee spent some time discussing the possibility of a shorter list of the CSB FY 14 budget priorities that would be presented to the County Board after the County Manager’s proposed budget is released. Chair Mack noted that tax assessments have not increased as needed and the expenditures of the County cannot be met unless the County raises taxes and/or reductions are made. Chair Mack turned the discussion over to Ms. Kemp who provided the members with a diagram (*Refer to Handout*) of the base critical services that any good human services agency must have in order to run effectively. The categories of the diagram were as follows:

Essential Basic Services / Programs:

- Emergency Services
- Nursing/Psychiatry
- Case Management
- Residential Services
- Out-patient Services

Important Community Integration Services / Programs:

- Employment
- Day Programming
- Consumer Directed Programs

Ms. Alonge asked if the diagram represents all of the services provided and if the services are broken down by dollar amount. Ms. Kemp responded that the chart does list all services and that the majority of these services fall under the basic essential services category. Ms. Kemp stated that reductions would only be made to basic essential services if there was an area that was being under-utilized. Ms. Fagnoni stated there are still gaps in areas such as 24-7 Emergency Crisis Stabilization and high case management case loads in the mental health areas.

Discussion: Governor's State Budget:

Ms. Kemp distributed a Crosswalk document representing the Arlington CSB FY13 Budget Recommendations and the Governor's Proposed Budget Amendments (*Refer to Handout*). Ms. Kemp noted that the Governor released his proposed budget this past Monday and there are no CSB reductions. Ms. Kemp has spoken with representatives from the House of Delegates and the Senate of Virginia regarding submitting a budget amendment to fund the restoration of the 19 beds at Northern Virginia Mental Health Institute (NVMHI) that are slated to be lost as of June 30, 2013. She noted that they will need the support of other Northern Virginia legislators in order for the budget amendment to be successful.

Ms. Kemp directed the Members to the Bed Capacity Study in their packets on the Northern Virginia Mental Health Institute (NVMHI) that was completed by the Department of Behavioral Health and Developmental Services (DBHDS). She noted that the two most important points in the study are that Arlington has the fewest beds per capita than any other region in Virginia and that current beds are being fully maximized.

Mr. Atkins also noted that no bill was introduced to expand Medicaid. Ms. Kemp reported that the CSB will also seek patrons to sponsor budget amendments for the closing of the Northern Virginia Training Centers.

ACCSB Executive Director's Report:

ACCSB Executive Director Cynthia Kemp reported the following:

- Ms. Kemp reported on the group homes. She stated there was one non-medical incident that fell into the "other" category.
- Ms. Kemp gave an overview of the financial report. CSB programs should be at 25% and they are at 22%. Ms. Kemp noted that the staff is conducting multiple meetings to address revenue maximization and that billing was suspended temporarily for one program. Staff will be reviewing another CSB's process around billing and how they maximize revenue.
- Ms. Kemp reported on the Office of the Inspector General (OIG) inquiries regarding the funding for individuals on the Extraordinary Boundaries List (EBL). Ms. Kemp explained these are individuals who are as stable as possible and ready to transition into the community but who are unable to do so, because they do not have the funding for proper community supports. The Office of the Inspector General has continued to request a reporting of how Discharge Assistance Planning (DAP) funds are utilized to transition people into the community. The OIG is also in the process of conducting audits of 20 of the 40 CSBs. The Behavioral Healthcare Division (BHD) has responded to all inquiries and Ms. Kemp reported that she is confident all funds are accounted for and have been properly utilized towards this end.
- Ms. Kemp directed the Members to the Outline for Successful CSB Local and State Budget Advocacy Document in their packets. She noted an addition in November, under State Budget Advocacy as follows: "Ensure CSB legislative priorities are sent to County Board for requesting inclusion in County's Legislative packet".
- Ms. Kemp provided an update on the Department of Justice (DOJ) Settlement Agreement. She noted that the Intellectual Disabilities Regional Business Plan detailing the region's need to integrate individuals being discharged from Training Centers into the community was in the Member packet in October. This plan was sent to Commissioner Stewart in the Department of Behavioral Health and Developmental Services (DBHDS). Commissioner Stewart responded in a letter to the CSB that he would like to work with the CSBs, but that there are no funds available to support the request. Ms. Kemp presented a draft letter (*Refer to Handout*) from the Prince William County CSB in collaboration

with the Fairfax- Falls Church CSB and the Arlington County CSB which outlines the problems with the training center closure date and the lack of funds needed to transition clients successfully into the community.

- Ms. Kemp directed members to an article in their packets from the Washington Post's Opinion Section written by Delegate Patrick Hope, a former Arlington CSB member and board Chair, entitled "It's Time to Accept Obamacare, Virginia", that supports Medicaid expansion in Virginia.
- Ms. Kemp announced an upcoming Family and Support Network Orientation to the Behavioral Healthcare Division Services that will be held February 4th 2013 in the Sequoia Building's lower level conference room (2100 Washington Boulevard. Arlington, VA).
- Ms. Kemp reminded the members the Clarendon House Holiday Party will be held on December 21st 2012 from 6:00 p.m. to 8:00 p.m. at the Clarendon House program.
- Ms. Kemp gave an update on the Peer Empowerment Center (PEC). She stated that the contract for the Peer Empowerment Center will be terminated as of December 21st, 2012. Ms. Kemp stated that she is confident that this is the best decision for clients and Arlington County. She noted that Arlington County is working very closely with clients and case managers to ensure a smooth transition into other comparable programs and services.
- Ms. Kemp announced that the ACT Unit in the jail will be receiving a HIDTA award for outstanding treatment services at the January 8th HIDTA Annual Breakfast Awards ceremony. There is a flyer in the Member packets.
- Ms. Kemp referred the Members to a letter from Mary Hynes the Chair of the Arlington County Board to the Governor of Virginia. The letter is responding to the Department of Justice Settlement Agreement and urges the state not to place the financial burden of the closure of the training center on the localities.

ACCSB Chair's Report:

ACCSB Chair James Mack reported the following:

- Chair Mack opened the discussion on the County's legislative priorities and Ms. Kemp distributed a final copy (that was in draft form) of the Arlington County 2013 General Assembly Legislative Priorities document. Chair Mack stated that the CSB members were very successful in advocating for several key areas to be included in the County's official legislative packet, including issues related to the DOJ settlement and the closing of the training centers, post acute care for adults with serious mental health issues and crisis stabilization programming for children. He thanked Ms. Verdugo for attending the County Board meeting as a representative of the Community Services Board.
- Chair Mack reported on the possibility of obtaining a Human Services Bond in Arlington. He stated Susanne Eisner, the Director of the Department of Human Services, has offered the CSB a meeting with the Deputy County Manager and the head of the Management and Finance Department to discuss the possibility of a human services bond. There was discussion about whether the CSB wanted to have this meeting and if they were ready to discuss possibilities. Chair Mack stated that these bonds typically fund brick and mortar projects. This type of bond potentially could be used for housing renovations for residents leaving the training center. It was also suggested that the George Mason Center, Drewry Center and the Emergency Services facility at 1810 Edison could be renovated into mixed use facilities for clients to include housing and possibly employment services. It was agreed that the CSB needed to

have more discussion before attending a meeting with County officials. Chair Mack stated that more discussion will follow.

- Chair Mack requested the holiday gift cards purchased for the residents at the Mary Marshall Assisted Living Residence (MMALR) be given to Ms. Shakour, who will pass them on to Kurt Larrick, DHS employee, for distribution to the residents. He thanked all the members who contributed.
- Chair Mack reminded the members that the Public Hearing with State Legislator's will be held on the morning of January 4th at the Hylton Performing Arts Center of George Mason University, Prince William Campus. The Arlington State Delegation Public Hearing hosted by the Arlington County Board will occur later on the same day in the evening. A request was made for a list of talking points for the hearings. Ms. Kemp will provide these talking points to the members. Anyone wishing to attend but unable to do so may email their testimony. .
- Chair Mack informed the Members that the County has undertaken a long term housing study. Ms. Kelleher has volunteered to be the CSB's representative on this task as she has many years of experience in this field. Staff will provide Ms. Kelleher with necessary information. Ms. Kelleher noted that the housing goals and targets that were adopted will drive the County's housing budget. She will report her findings to the CSB on a regular basis.
- Chair Mack announced the presentation to the CSB by Rhonda Williams from the Alexandria CSB will need to be rescheduled. She will give a presentation on substance abuse among older adults. In January, Cindy Stevens from Arlington DHS Housing Assistance Bureau will present on housing options in the County including Housing Grants and Permanent Supported Housing. In February, Andrew Sperling of NAMI will present on mental health parity issues.

Report Out on ACCSB Retreat Initiatives

- **Mary Marshall Report**

Ms. Hermann thanked everyone for participating in contributing gift cards for the Mary Marshall Assisted Living Facility (MMALF) residents. Ms. Hermann attended an advisory meeting with the Director of Resident Services, Devina Alston and the Life Enrichment Director, Katrina Holmes. The facility is still looking for a Director of Clinical Services. An update is not available, at this time, of the candidates. A possible solution to obtain candidates would be for Volunteers of America (VOA) to hold job fairs for this position. It was reported that Ms. Alston also talked about the need for volunteers to conduct activities with the residents, and she will send a list electronically stating the needs. Ms. Hermann reported the residents have recently been on many outings as well as participating in facility activities. The facility is also becoming involved in a national computer game competition, via television, which is designed to be a cognitive exercise for residents. The current census in the facility is 45 residents. Ms. Hermann will update the CSB members as more information is made available.

The Arlington Community Services Board meeting was adjourned at 8:35 p.m.

Respectfully submitted by Kelly Mauller