



The Arlington Community Services Board
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James Mack
ACCSB Chair

Cynthia Kemp
Executive Director

October 16, 2013
DHS Stambaugh Building Auditorium
2100 Washington Blvd
Arlington, Virginia
7:00 pm - Full Board Meeting

Attendance: James Mack, Barbara Jones, Brian DeAtley, Keith Whyte, Scott Brannon, Lee Long, Judith Deane, Jenette O'Keefe, David Kidwell, Anne Hermann, Linda Kelleher, Shauna Alonge

Members Excused: Ann Wroth, Brian Berke, Moira Saucedo

Staff: Cynthia Kemp, Farah Shakour, Alan Orenstein, Suzanne Lane, Thomas Wallace

Chair Mack welcomed new CSB member Lee Long to the CSB and stated that she has a wealth of experience and will be an asset to the board.

Public Comments:

Brian DeAtley stated that he and Intellectual and Developmental Disabilities (IDD) Committee member Carol Skelly attended the Virginia Department of Behavioral Health and Developmental Services (DBHDS) Public Meeting on Intellectual Disabilities last week. Mr. DeAtley stated that the meeting was very well attended. He stated that the overall message was that the state wants public comment on how to best move forward with the waiver rate and structure changes and the downsizing of the state training centers in order to improve community integration of people with IDD. He noted that in attendance were advocates hired by the State to organize the hearing and members of the Human Resources Study Group, an organization that assists states with implementing changes to waiver rates.

Audience member Sam Howlett introduced himself and stated that he is very pleased with the services provided by the Behavioral Healthcare Division. He recommended that the CSB advocate for obtaining the highest quality psychiatrists and psychologist available since they make a tremendous difference in people's lives and recovery.

Staff Recognition:

Kim Ho, Administrative Assistant in the Child and Family Services Division, was recognized for the monthly CSB Staff Recognition Award. Thomas Wallace, Bureau Chief of the Children's Behavioral Healthcare Bureau of the Child and Family Services Division (CFSB) nominated and introduced Ms. Ho. He stated that Ms. Ho spends much of her time working with the Children's Behavioral Healthcare Bureau and is instrumental in guiding families through the financial assessments and intake process. She also processes Medicaid authorizations and performs the important task of getting information entered into the Electronic Health Record System. Ms. Ho thanked the CSB and Mr. Wallace. Chair Mack conferred the award.

Approval of the September 18, 2013 ACCSB Meeting Minutes:

ACCSB Chair Mack called for the review and approval of the minutes for the September 18, 2013 CSB full board meeting. The Members reviewed the minutes. Chair Mack called for a motion to approve the minutes. Mr. Brannon motioned to approve the minutes, Ms. Jones seconded the motion and the minutes were approved with one correction.

Presentation: Overview of the Juvenile Justice Court Liaison Services (Refer to Handout):

Chair Mack introduced Fredy Martinez, Juvenile Court Liaison to provide an overview of the Juvenile Court Services. Ms. Kemp reminded the members that this is a position that the CSB advocated for receiving funding from the County Board two years ago. Mr. Martinez stated that the program began on September 26, 2011 on the 6th floor of the County courthouse. Mr. Martinez highlighted several stories of interventions with clients that the Court Liaison has served, including children involved with Child Protective Services and those involved in gangs. He stated that he represents the mental health and substance abuse concerns of clients on the truancy committee of Child Protective Services.

Mr. Martinez provided some demographic and statistical information about the Court Liaison services.

- He served 207 males and 139 females in the last two years.
- Most of the clients are Latino and African American, followed by Caucasians. There are not many Asians in services.
- 45% of the children eligible for diversion remained in diversion status 60 days after their initial contact with the Court Liaison.

Mr. Martinez went on to say that the treatment team includes Intake Supervisors, Probation Officers and Therapists. Mr. Wallace stated that some children do need to be court-involved; however, the Court Liaison attempts to divert those who would be more appropriately served with mental health services.

Earl Conklin, the Director of Court Services at the Juvenile and Domestic Relations Court, stated that Mr. Martinez is fully integrated into and involved with the court staff. He noted that because of the Court Liaison services, children's mental health needs and linkages to mental health services occur much earlier than they would have otherwise.

Ms. Jones asked if it is standard procedure to screen every court-involved juvenile for mental health issues. Mr. Conklin replied that it is not standard procedure. He stated that many of the youth who are served by the Court Liaison do not get assigned a Probation Officer, because they present with less serious charges such as drug use or shoplifting and all attempts are made to divert them from the court system. Family and home-based counseling are also offered when more thorough mental health assessments are needed.

Mr. Whyte asked what the CHINS (Child in Need of Supervision) program entails. Mr. Conklin stated that these services are aimed at children who run away from home or are truant from school and need supervision from the court. A CHINS service is not criminal in nature since the youth are minors with less serious offenses. Mr. Conklin stated that diversion from the Juvenile Justice Detention system is the goal.

Approval of the Final ACCSB Annual Report:

Ms. Shakour distributed copies of the FY13 ACCSB Annual Report. She noted that the report has been vetted through the Executive Committee and Full Board several times and that she is taking final suggestions or changes now. The report must be printed prior to the November Legislative Delegation

Forum. The members reviewed the report and made several minor suggestions. Ms. Shakour stated that she will incorporate the suggestions and send the document to print by Friday morning.

ACCSB FY15 Proposed Budget Priorities (Refer to Handout):

Chair Mack distributed the ACCSB Committee FY15 Preliminary Local Budget Priorities document that details the budget priorities developed by each CSB standing committee. He noted that the overall CSB budget priorities list must be narrowed down; as the expectation is that the County will be asking for budget reductions. Mr. DeAtley stated that he doubts that funds will be given for consultant services in times of budgetary constraints. Mr. DeAtley suggested including the cost savings estimates for each of the priorities that go forward to the County Board. Ms. Kemp noted that in some instances the requests may actually cost more but have beneficial social impacts that justify the expenditure. Ms. Kemp stated that cost savings estimates should be indicated wherever possible. Ms. Deane suggested calculating an average cost per person for CSB services, hospitalization, jail detention and medications. Ms. Jones stated that with IDD, the number of individuals aging out of the system and who will then enter CSB services is not known until late in the school year, because parents make the decisions about where their children will go later in the school year. Chair Mack stated that the CSB members will continue to revise these priorities over the next few months.

Ms. Deane asked about the changes in service providers and the decrease in reimbursement rates for Mental Health Support Services. Ms. Kemp explained that with the changes to Medicaid, private providers can now provide Mental Health Support Services (MHSS). Previously, these services were only to be provided by CSBs. On July 1, 2014, the reimbursement rates will change, affecting CSB vendors who bill Medicaid for their services. The CSB itself will not be affected much, as many services are provided with local dollars. Ms. Kemp suggested keeping this issue pertaining to the rates in mind when considering budget priorities, as this will impact CSB vendors.

Mr. Whyte asked why there were two #1 priorities under the MH Committee requests. Ms. Deane explained that the Executive Committee was attempting to package similar items, in this case, criminal justice-related items. Chair Mack added that the current document is organized by committee priorities, but that the CSB will use these as a basis for developing overall priorities.

Ms. Jones stated that the IDD request for a consultant to examine employment issues is related to the Department of Justice (DOJ) Settlement criteria for community placement for individuals leaving the state Training Centers. She stated that the goal is to place individuals from Arlington into employment in Arlington. Currently, most of the IDD employment vendors place people with IDD into employment in other parts of Virginia, sometimes far away from home or requiring long commutes on buses.

Chair Mack asked members to forward any further comments to Ms. Shakour and noted that the Executive Committee will edit the document again at the November 4, 2013 Executive Committee meeting.

Final CSB Annual Retreat Agenda:

Chair Mack reviewed the CSB Annual Retreat agenda with the members. He noted that Mr. Whyte and Mr. DeAtley will speak about employment possibilities for CSB clients. Mr. DeAtley will focus on opportunities for people with IDD who do not prefer sheltered employment or group employment settings and the payment and funding structures for employment. Mary Ann Bergeron, Executive Director of the Virginia Association of CSBs (VACSB), will discuss effective CSB operations. Mary Hynes, CSB County Board Liaison, will speak about the budget outlook and other topics of interest. The CSB special committee chairpersons will then update the CSB on the work of last year's special committees. The members will close out by determining which initiatives they would like to pursue for the upcoming

year. Chair Mack noted that all the CSB members, particularly the new members, will benefit greatly from the retreat and should plan to attend.

ACCSB Executive Director's Report:

- Group Home Report – Ms. Kemp reported that in August and September, the number of incidents dropped significantly, primarily in IDD services. She is investigating the decrease with the IDD vendors and has not seen any problems with reporting. There were no major incidents. Ms. Kemp has broken out medical and psychiatric hospitalizations from the major incidents category on the report this year. There was one medical and one psychiatric hospitalization requiring an overnight stay so far this year.
 - Ms. Jones asked if the CSB members could be informed of who has died from the IDD group homes, because last year someone passed away who was very involved in the Special Olympics and people in the IDD community wanted to send their condolences. Ms. Kemp will investigate how and if this can be done without violating individuals' confidentiality and privacy.
- Ms. Kemp reported on revenue for July and August 2013. She stated that the revenue should be at 16% and is currently at 21% due to back-billing for the last fiscal year. The CSB did not meet its revenue target last year so there is a Department-wide revenue process investigative effort to determine the causes and solutions.
- Ms. Kemp reported that next week, the CSB is being audited by the Department of Behavioral Health and Developmental Services (DBHDS) to examine Human Resources, Financial and Program Operational Services, including policies and procedures and client records. Ms. Kemp is expecting some citations, as is common with an audit. Ms. Kemp noted that recommendations are not actual citations for violating a regulation but are suggestions for improvement.
- Ms. Kemp stated that the Recovery Month event went very well and was attended by 120 people. The keynote speaker was Keith Earley, who spoke about his son's experience in the Mental Health and Criminal Justice systems. Leslie Weisman, Bureau Chief of Client Services Entry spoke on jail diversion efforts and crisis intervention. Judge Louise DiMatteo provided an update on the new Drug Court in Arlington. Michelle Hawkins, a person with lived experience and counselor at Offender Aid and Restoration (OAR), gave a poignant account of her involvement in the mental health, substance abuse and criminal justice systems.
- Ms. Kemp noted that a new meeting calendar is in the packets and that the November Executive Committee meeting has been moved to November 4th to avoid conflicting with the Veteran's Day holiday.
- Ms. Kemp stated that work on the Housing Report will resume after the audit.
- Ms. Kemp announced that the next Family Orientation is scheduled for November 12th. She asked the members to distribute the flyer to families and other interested parties. Ms. Alonge asked if the flyer will be translated into other languages. Ms. Kemp stated that it will be translated into Spanish. Ms. Kemp stated that if interpreter services for the event are needed, people must inform her well ahead of time so that the appropriate services can be arranged. Ms. Deane suggested sending the flyer to the schools, libraries and other sites.
- Ms. Kemp distributed Financial Disclosure Forms to the members. Ms. Shakour will send the members an electronic copy as well. The forms are due to the County Board by January 15, 2014 and must be completed for each member to retain voting rights.

- Ms. Kemp noted that the Committee Agendas are in the packets, outlining the committees' plans for the year. Ms. O'Keefe stated that the substance abuse agenda will be further revised.

ACCSB Chair's Report:

- Chair Mack reviewed a letter drafted by Carol Skelly outlining the needs of Northern Virginia CSBs for bridge funding to compensate for services to people returning to local communities from the state IDD Training Centers. Chair Mack is soliciting support from other Northern Virginia CSBs to sign on to the letter. Ms. Kemp stated that the Alexandria CSB has decided not to sign on to the letter, because they believe that all the CSBs in the state must speak with one voice in order to provide a clear and unified message to the state legislators. Ms. Kemp stated that she is still reaching out to the other Executive Directors in the region about their willingness to sign onto the letter. Ms. Jones stated that if the CSB does not build the capacity now to serve the eight people leaving the Training Centers, there will be no future capacity as new people come into the system. She noted that people with extreme medical and behavioral needs cannot be served adequately in typical group home settings. The deadline for people to be discharged from the Training Centers is March 2015. Ms. Kemp noted that the DBHDS Commissioner has stated that people will not be forced out of the Training Centers, however, the available Training Center spaces may be very far away from their families. Ms. Jones noted that Northern Virginia Training Center is a reasonable distance from Arlington; however it is slated for closure.
- Chair Mack announced that the CSB's State Legislative Delegation Forum will occur on November 20, 2013 at 6:00 p.m., just prior to the full board meeting, in the Stambaugh Building Auditorium.
- Chair Mack stated that CSB members Barbara Jones, Linda Kelleher and James Mack's terms on the CSB will expire soon and that all have agreed to serve another term. Ms. Kemp will inform the County Board that they have agreed and will express the CSB's recommendation for their reappointment.
- Chair Mack announced that a new member, Erica Jackson, is expected to be appointed to the CSB at the October 22, 2013 County Board meeting. She has a background in mental health.

Report Out on ACCSB Retreat Initiatives:

- Ms. Hermann reported out on the Mary Marshall Assisted Living Residence (MMALR). She stated that there are 48 people in the Mary Marshall Residence, with two potential residents in cue, leaving two remaining vacancies. She stated that the new Director of Nursing spoke to the Advisory Committee to introduce herself. Ms. Alonge asked if there is a waiting list. Ms. Kemp noted that the report in the packet indicates the number of viable candidates. Ms. Jones noted that the number of IDD admissions is low, because some people are eligible but not ready to move from their current living situation to MMALR. Ms. Shakour will resend the MMALR wish list to the members electronically per Ms. Hermann's request.

Informational Items:

None

Adjournment

The Arlington Community Services Board meeting was adjourned at 8:45 p.m.

Respectfully submitted by Farah Shakour